

The Anti-Stigma Campaign, a three-part campaign, entered its second phase: Be Heard. Be Heard encourages people to share their own mental health journeys in an effort to decrease stigma.

Please visit www.StigmaFreeOttawa.com to learn more and to read stories from community members.

Youth Peer Support provides youth the opportunity to share their voice in their own treatment planning as well as to guide service delivery and policy creation within the organization.

Through feedback provided by youth the YPS:

- Created the Lending Library (scan the QR Code for more information)



- Partnered with Momentum Center to provide summer programs.

The Lead Family Coordinator and Youth Peer Support hosted multiple focus groups consisting of consumers and families. The groups gave feedback on many aspects of CMH such as Family Driven Youth Guided Practice, the CMH initial screening process, and psychiatric services provided by the organization.

In total 11 youth and adults shared their voices to aid in improving consumer and family satisfaction.



Children's Mobile Crisis (CMC) has gotten a revamp in year 3! The hours were changed to 5pm-12am Monday-Friday. CMC is available to all families and youth ages 0-20 living in Ottawa County who are experiencing a mental health crisis.

For assistance during open hours contact us at 616-494-5590. For non-emergency or general questions email cmh.cmc@miottawa.org

OCCSYF efforts are funded by SAMHSA through System of Care dollars. The purpose of the System of Care is to provide resources to improve the mental health outcomes for families and youth, birth through age 20, with serious emotional disturbances.

Community Mental Health of Ottawa County was awarded a 4-year System of Care grant in September 2020. It will run until August 2024.

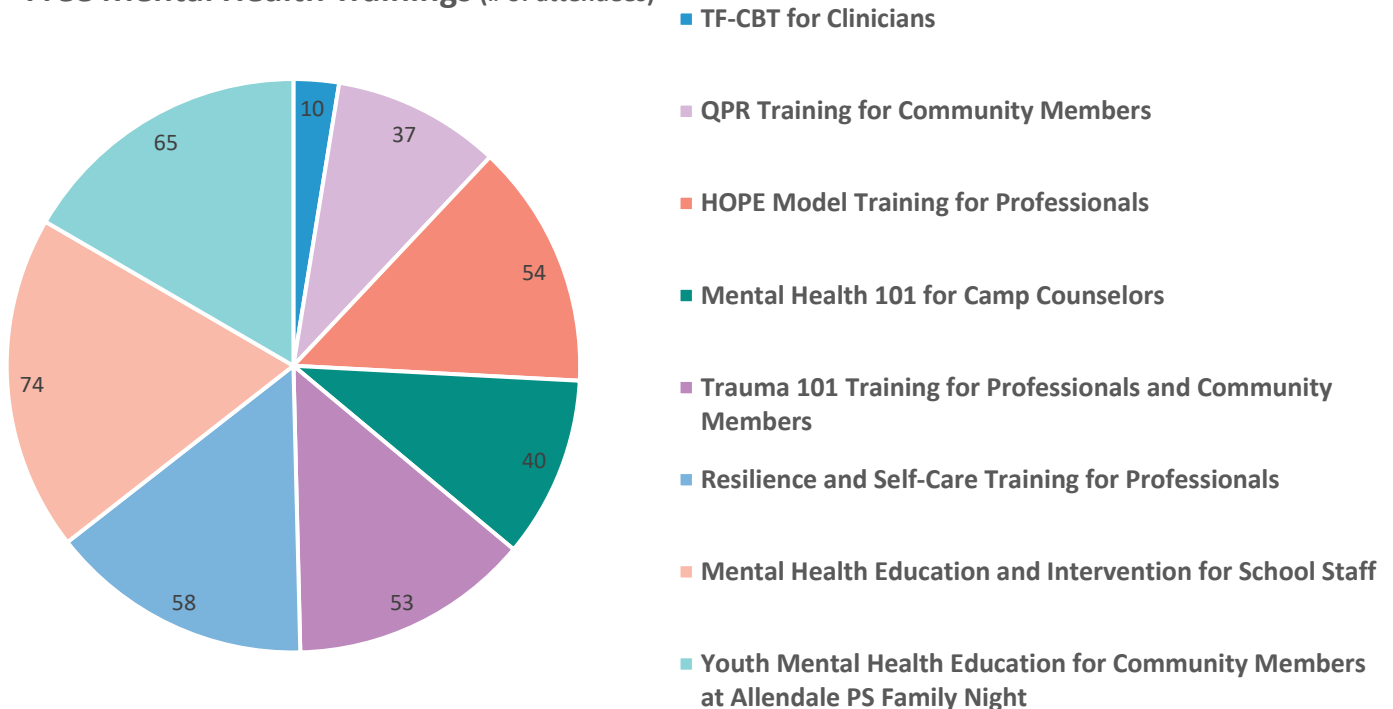


collaborative to strengthen youth & families

Year 3 2022-2023

Mission: The Ottawa County Collaborative to Strengthen Youth and Families (OCCSYF) exists to identify and bridge gaps in services, equip service providers, create community dialogue, and ensure children in Ottawa County have access to the supports and services they need.

Free Mental Health Trainings (# of attendees)



Latino Outreach Services were provided to 49 families in Ottawa County, which included 21 referrals to mental health resources, with 95% follow-up rate. Latino Outreach also collaborated with LAUP to provide classes and community events targeted toward the Latino Community.

To learn more about the Latino Outreach efforts please contact us at: latinooutreach@miottawa.org



In collaboration with Public Health Pathways to Better Health Program the Community Health Worker (CHW) has been able to assist families in connecting to community services and resources to decrease unnecessary hospitalizations and emergency room visits. The CHW also advocates for better health within the community. In year 3, the CHW worked with 30 families, including 62 children, in achieving long-term success through short-term goals.