



Ottawa County Gatekeeper Program Evaluation

August 2005



2005 County Board of Commissioners

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Executive Summary

EXECUTIVE SUMMARY

The Gatekeeper Program was created to provide holistic (spiritual, physical, emotional, and psychological) in-jail and post-jail programs for inmates as well as personalized discharge plans that would increase the likelihood of a successful transition back into the community. The overall goal of the Gatekeeper Program is to enhance life-skills where needed in order to deter future criminal offenses.

The ability to participate in the Gatekeeper Program is based on a pre-established screening process. During the first year, the screening criteria included residency (Ottawa County) and the type of crime (substance abuse, anger/violence, sexual) committed. Additionally, any individuals being screened who displayed signs of serious mental illness were to be evaluated for potential deferment from jail. The program enrollment process and development of discharge plans were also to be guided by personal assessments completed by each program participant.

Six new in-jail and post-jail programs were successfully created in the last year through the Gatekeeper Program. Many of these programs are provided by community based organizations. One program provides cognitive behavioral therapy and is administered by Community Corrections personnel.

Although the creation of programs was extremely successful during the first year, there were several operational problems that affected the overall coordination of screening, assessments, programming, and discharge plans. There were several causes for the coordination problems, all of which are discussed in further detail later in this report.

The operational difficulties experienced in the Gatekeeper Program make it difficult to conduct a thorough and complete evaluation to determine the overall effectiveness of the program. However, the combination of data collected from the programs, participants, and criminal justice database provide adequate information from which to make recommendations for program revisions and improvements regarding program efficiency and effectiveness.

Introduction

INTRODUCTION

In 1999, an APT (Addiction Program Therapy) Program was developed with the intent to provide treatment for Ottawa County jail inmates. It was expected by program providers that the treatment of substance abuse issues would result in a reduction in recidivism rates.

A thorough analysis of the APT Program was conducted in 2003. It was determined the program had exceptionally high treatment costs, low program completion rates, and high recidivism rates. The program was subsequently suspended and a strategic planning process was initiated in an effort to develop a replacement program.

A steering committee (**Attachment A**), comprised of a variety of individuals representing different aspects of the criminal justice system, participated in the strategic planning meetings. The end result was the creation of a program now known as the Gatekeeper Program. The actual implementation of the Gatekeeper Program began soon after hiring a coordinator in March of 2004. The Program is funded primarily through PA 2 (State Conventions), PA 154 (Drunk Driving Jail Reduction and Community Treatment Program - OUIL III Offenses), and PA 511 (Jail and Prison Diversion Funds).

A “systems based model” was developed for the Gatekeeper Program to ensure a structured and systematic implementation of program components. The model includes information regarding goals, organization, workflow, data collection, and evaluation measures. These system components are clearly depicted in tables and diagrams which include a *Strategic Outline, Program and Data Flow Analysis, and an Administrative Organizational Chart*.

Even though the primary measure used to evaluate the effectiveness of the Gatekeeper Program is recidivism¹, the administrative and operational elements of the program, as well as cost effectiveness, are also analyzed in this report. Because of the short period of time² in which the program has been operational and because of coordination problems related to screening, assessments, programming and discharge plans, it is difficult to infer which programming variables, if any, deterred recidivism. Nevertheless, it is still possible to use the program data that is available to make recommendations for future improvements and inferences about overall program efficiency and effectiveness.

¹ Recidivism is defined as any criminal incident that results in a new criminal charge and/or conviction after an individual has been discharged from jail (i.e. completed Gatekeeper Program)

² The evaluation component for this report is for the time period of July 1, 2004 through June 30, 2005

Administrative and Operational Effectiveness

ADMINISTRATIVE AND OPERATIONAL EFFECTIVENESS

An overview of the primary administrative and operational components regarding the Gatekeeper Program is provided in this section.

Inmate Screening

Intended Output

Before entering the Gatekeeper Program, participants were to be screened to determine their eligibility for programming. An initial screening would ensure potential participants were Ottawa County residents. A secondary screening would select inmates who had qualifying infractions (i.e. substance abuse, anger/violence, or sexual related charges). A third screening component would identify those individuals who had been charged with an Operating Under the Influence of Liquor - Third Offense (OUIL III) and those who had been in jail for five or more days. These individuals would receive the first opportunity to participate in programs.

The next screening stage was used to determine whether the length of jail sentences and probation orders would provide adequate time to ensure completion of the in-jail and/or post-jail programs. The last step of the screening process would be to determine if individuals would like to voluntarily participate in the program. If any individuals displayed signs of serious mental illness during the screening process, they were to be evaluated for potential deferral from jail. These inmates would include individuals who were not initially identified by CMH or jail staff when they entered the jail.

Actual Output

Although many program participants were interviewed prior to being placed in programs, these individuals were not always screened to ensure that all of the established program eligibility requirements had been met.

Demographic and background information regarding the program participants is provided in **Tables A1 – A8**. A few of the highlights regarding program participants are as follows:

- 74.9% (302) of the 403 Gatekeeper participants were male, and 25.1% (101) were female
- 63.5% (256) of the 403 Gatekeeper participants were White, 18.6% (75) Hispanic, 12.2% (49) Black, 2.0% (8) Asian, 1.5% (6) Native American, and 2.2% (9) had no data reported
- 53.6% (216) of the 403 Gatekeeper participants were between the ages of 17 and 29, 25.6% (103) 30-39, 16.9% (68) 40-49, and 4% (16) were 50 years of age or older
- 68.2% (275) of the 403 Gatekeeper participants were single, 13.9% (56) married, 15.1% (61) were divorced or separated, and 2.7% (11) had no data reported
- 41.2% (166) of the Gatekeeper participants had less than a 12th grade education, 45.4% (183) completed high school or a GED, and 10.4% (42) had more than a 12th grade education, and 3.0% (12) had no data reported
- 52.1% (210) of the 403 Gatekeeper participants were unemployed, 29.0% (117) worked full-time, 11.2% (45) worked part-time, 3.5% (14) received disability benefits, and 4.2% (17) had no data reported
- 60.8% (245) of the 403 Gatekeeper participants had been charged with a felony, and 39.2% (158) a misdemeanor
- 58.8% (237) of the Gatekeeper participants had received a sentence prior to enrolling in the Gatekeeper Program
- 14.9% (60) of the 403 Gatekeeper participants were OUIL III offenders

Inmate Assessments

Intended Output

Inmates who were serving time in jail for five or more days were to receive a Correctional Offender Management Profiling for Alternative Sanctions (COMPAS) Behavioral Risk Assessment which would be used to develop programming and discharge plans. Additionally, inmates who were charged with an OUIL III offense were to receive a NEEDS Assessment to assist in selecting programs and developing discharge plans. A secondary reason for conducting the NEEDS Assessment on individuals with OUIL III charges is that this assessment is required by the State in order to receive PA 154 Reimbursement Funds for those individuals.

Actual Output

Although COMPAS Assessments were completed for some individuals involved in the in-jail programs, they were not consistently performed on all program participants – namely those serving jail time of five or more days. Therefore, some discharge plans were created without the benefit of information that was to be provided by a standardized assessment tool.

The NEEDS Assessment was completed on individuals with OUIL III offenses. The results of these assessments were forwarded to Probation Officers to assist in their pre-sentence investigations.

Data regarding the inmate assessments are provided in **Tables B1 – B3**. Some of the highlights regarding assessments are as follows:

- 14.9% (60) of the 403 participants received a NEEDS Assessment
- 54.3% (219) of the 403 participants received a COMPAS Assessment
- .2% (1) of the 403 participants received both a NEEDS and a COMPAS Assessment
- 30.5% (123) of the 403 participants did not receive a standardized assessment but may have received an interview assessment

Programming

Intended Output

One of the primary features of the Gatekeeper Program was the development of in-jail and post-jail programming. Two types of programs were to be created under the guidelines of the Gatekeeper Program. The first type of programming would be Community Based Programs provided by volunteers willing to implement and administer holistic programming (spiritual, physical, emotional, and psychological). The second would be a Cognitive Behavioral Therapy (CBT) Program to be administered by Community Corrections personnel.

In addition to formal programming, individualized discharge plans were to be created for program participants. The discharge plans were to provide an inmate with a list of agencies, organizations, and service providers that could be contacted for assistance after leaving jail.

Actual Output

Six new in-jail programs were developed during the first year of the Gatekeeper Program, bringing the total number of in-jail programs to fifteen (see program descriptions in **Attachment B**). Eight of the fifteen programs also provide post-jail components.

Additionally, ten of the fifteen programs are staffed by volunteers from local community organizations or churches. Although these programs provide a valuable service to inmates, none of the Community Based Programs were specifically tailored to address the established goals of the Gatekeeper Program. For instance, Community Based Program providers have, for the most part, made their programming available to any interested inmate who could benefit from it, rather than limiting participation to the pre-defined population being targeted by the Gatekeeper Program.

Although many discharge plans were developed in the last year, in many instances the recipients of these plans had not participated in any of the in-jail or post-jail programs. Additionally, many individuals who did participate in the in-jail or post-jail programs did not receive a discharge plan.

Additional data regarding the Community Based Programs and the Cognitive Behavioral Therapy (CBT) Program are provided in **Tables C1 - C12**. Some of the highlights regarding in-jail and post-jail programs are as follows:

Program Components:

- 7 of the programs for inmates are only conducted in the jail
- 8 of the programs for inmates have both in-jail and post-jail components
- 6 of the 15 programs available to inmates were introduced through the Gatekeeper Program
- 2 of the 15 programs are available exclusively to males, 4 are available exclusively to females, and 9 programs are available to both males and females (in jail programs are not co-ed)
- 4 of the 15 programs provide one-on-one program sessions, while 11 provide group sessions
- 9 of the 15 programs address the substance abuse issues of inmates
- 7 of the 15 programs address the anger/violence issues of inmates
- 6 of the 15 programs address the mental health issues of inmates
- 4 of the 15 programs address the physical health issues of inmates
- 7 of the 15 programs address the spiritual health issues of inmates
- 9 of the 15 programs address relationship issues
- 5 of the 15 programs address employment/financial issues
- 6 of the 15 programs address educational issues
- 3 of the 15 programs address parenting skills issues
- 4 of the 15 programs utilize a comprehensive/holistic approach to address inmate needs
- 16 of the 21 time slots available for in jail programming (weekly) are currently utilized

Program Administration and Participation:

- 47.4% (191) of the 403 individuals in the Gatekeeper Program did not participate in either an in-jail or post-jail program (these individuals may have received only an assessment or discharge plan)
- 25.8% (104) of the 403 Gatekeeper Program participants received an assessment, in-jail or post-jail programming, and a discharge plan
- 8.2% (33) of the 403 Gatekeeper Program participants received only an assessment
- 3.0% (12) of the 403 Gatekeeper Program participants received only in-jail programming
- 13.9% (56) of the 403 Gatekeeper Program participants received only a discharge plan
- 15.1% (61) of the 403 individuals in the Gatekeeper Program participated in the in-jail CBT Program
- 10.4% (42) of the 403 individuals in the Gatekeeper Program participated in the post-jail CBT Program

- 91.8% (56) of the 61 individuals who participated in the in-jail CBT Program did so voluntarily, the remaining 8.2% (5) participated because they were ordered by the court
- 2.4% (1) of the 42 individuals who participated in the post-jail CBT Program did so voluntarily, the remaining 97.6% (41) participated because they were ordered by the court
- 60.7% (37) of the 61 in-jail CBT participants successfully completed the program
- 37.7% (23) of the 61 in-jail CBT participants did not successfully complete the program
- 1.6% (1) of the 61 in-jail CBT participants had not completed the program as of August 1, 2005
- 59.5% (25) of the 42 post-jail CBT participants successfully completed the program
- 31.0% (13) of the 42 post-jail CBT participants did not successfully complete the program
- 9.5% (4) of the 42 post-jail CBT participants had not completed the program as of August 1, 2005
- 36.9% (160) of all referrals recommended in discharge plans were for substance abuse treatment
- 10.6% (46) of all referrals recommended in discharge plans were for mental health treatment
- 10.6% (46) of all referrals recommended in discharge plans were for employment assistance
- 10.1% (44) of all referrals recommended in discharge plans were for counseling/support groups

Data Collection

Intended Output

Two data collection tools were developed for the Gatekeeper Program. The first tool is a Gatekeeper Data Collection Super Form. This form collects data that includes, but is not limited to, the following: Demographics; Sentencing; Screenings & Assessments; Treatment; Programming; Mental Health Diversion; Program Cost; and Recidivism. Additionally, a Self-Evaluation Survey was developed for individuals participating in the CBT Program. This survey collects data from participants regarding the benefits, drawbacks, and overall usefulness of the CBT Program.

Actual Output

Data collection forms were completed for all 403 individuals who participated in the Gatekeeper Program. However, in some instances individuals received assistance but did not complete a form. Additionally, on many forms, data was incomplete or missing. Also, if an individual re-entered the jail for a new offense, no record keeping system was in place to denote which programs or assistance was provided to those individuals during their subsequent periods of jail incarceration. Furthermore, several data fields that should have been listed on the Super Form were erroneously omitted by the Planning and Grants Department.

Self-Evaluation Surveys were completed by some participants in the Cognitive Behavioral Therapy Program. The overall results of these Surveys are included in **Tables D1 – D3**. Some of the highlights regarding the Self-Evaluation Surveys are as follows:

- 60% (21) of the 35 individuals who completed Self-Evaluation Surveys indicated the post-jail CBT Program was “very helpful”, 40% (14) indicated it was “somewhat helpful”, and no one indicated the program was “not helpful”
- 71.4% (25) of the individuals who completed Self-Evaluation Surveys indicated the post-jail CBT Program taught them to re-evaluate their thinking and 37.1% (13) said it taught them how to make healthy changes in their life
- 20% (7) of the individuals who completed Self-Evaluation Surveys indicated the post-jail CBT Program was located “too far away” and 17.1% (6) said they were only participating because they were in legal trouble

- 37.1% (13) of the individuals who completed Self-Evaluation Surveys indicated there were “no drawbacks” to the post-jail CBT Program

Miscellaneous Issues

During the process of implementing the Gatekeeper Program, several extraneous administrative duties were added to the Gatekeeper Coordinator’s responsibilities. Many of these duties had historically been the responsibility of other staff (i.e. corrections, probation, health) and were not related to the goals of the Gatekeeper Program.

One responsibility, not originally designed to be a part of the Gatekeeper Coordinator’s position, is serving as a “resource person” for other departments and agencies. In certain cases, transportation is arranged, reservations for beds at treatment centers are coordinated, miscellaneous assistance is provided to individuals with mental health issues, and other miscellaneous tasks are completed.

Another extraneous duty is responding to Inmate Request Forms. This obligation may include attending to health care needs, obtaining information about insurance, dealing with family issues, and providing other “social service” related assistance.

A third responsibility added to the Gatekeeper Coordinator’s duties is the processing and completion of alternative treatment orders that are conveyed by the courts. This also involves completing paperwork to transfer individuals to treatment centers as well as arranging transportation.

Finally, the Gatekeeper Coordinator has often been asked to serve on special committees and task forces that frequently require significant time commitments.

Outcome-Based Effectiveness and Cost

OUTCOME-BASED EFFECTIVENESS AND COST

The primary measures established for evaluating the Gatekeeper Program's effectiveness and efficiency are the actual reduction in recidivism among program participants and cost effectiveness.

Since the Gatekeeper Program is relatively new, and because the development of in-jail and post-jail programs has been an ongoing process, the recidivism rate for participants, in some cases, is based on less than three months of data. Further, there were sixteen participants still active in the program or in jail when the data for this report was collected. These sixteen individuals will not be measured for recidivism.

Because of the short period of time in which recidivism has been measured, the relatively small number of individuals participating in the program, as well as the administrative and data collection issues that have been identified, it is not possible to utilize inferential statistical analysis to determine which programming or behavioral variables had a relationship to recidivism. However, the descriptive statistics and available recidivism rates do provide a reference point from which to make general inferences about program effectiveness.

Data regarding recidivism and cost are provided in **Tables E1 – E8**. Some of the highlights regarding these two evaluation factors are as follows:

Recidivism

- 96.0% (387) of the 403 Gatekeeper participants had been discharged from jail as of September 6, 2005
- 44 Gatekeeper participants had been discharged for 1-3 months, 102 participants 4-6 months; 82 participants 7-9 months; 97 participants 10-12 months; and 62 participants for 13+ months as of September 6, 2005
- 14.7% (57) of the 387 Gatekeeper participants discharged recidivated
- 6.8% (3) of the 44 Gatekeeper participants that had been discharged for 1-3 months recidivated
- 12.7% (13) of the 102 Gatekeeper participants that had been discharged for 4-6 months recidivated
- 14.6% (12) of the 82 Gatekeeper participants that had been discharged for 7-9 months recidivated
- 18.6% (18) of the 97 Gatekeeper participants that had been discharged for 10-12 months recidivated
- 17.7% (11) of the 62 Gatekeeper participants that had been discharged for 13+ months recidivated

Cost

- Total program cost between March 2004 and March 2005 was \$89,040
- 97.9% (\$87,182) of total program funding was provided by PA 2, PA 154, and PA 511
- 2.1 % (\$1,858) of total program funding was provided by the County
- The total cost for each participant was \$220.94
- The total per person program cost funded by the County was \$4.61

Conclusions and Recommendations

CONCLUSIONS AND RECOMMENDATIONS

The implementation of a new program, such as the Gatekeeper Program, is a difficult task to successfully accomplish. The execution of such a program is even more challenging when it is implemented in a jail environment. Several unique elements of a jail environment are: unpredictability of jail time that will be served prior to bonding out; varying jail sentences for any given charge; unpredictability of discharge dates; and the regulated movement of inmates within the jail. These factors may be indicative of why few, if any, counties offer highly-structured, in-jail treatment programs (see county program comparison in **Table F**).

The execution of the Gatekeeper Program was further complicated because the systems based model that was developed through the strategic planning process was not closely followed. Additionally, oversight for the program was provided primarily by a steering committee. As a result, the amount of direct supervisory input provided to the Gatekeeper Coordinator was limited and often came from more than one individual. Additionally, it has been recognized that the size of the original target population for the program was far too broad in scope. These challenges, combined with the other administrative and operational difficulties outlined in this report, resulted in a program that had lower than expected results.

Despite these challenges, the Gatekeeper Program still has many positive aspects. Although these aspects have not yet been proven to reduce recidivism, they could have a significant impact on that outcome in the future. The positive aspects include: low-cost community-based programming; cognitive behavioral therapy programming; holistic support components; a continuum of care (in-jail/post-jail components and discharge plans); and the enthusiastic support of a collaborative and dedicated steering committee.

Because of the Gatekeeper Program's potential, it is recommended that it be funded for an additional year. During this time, administrative adjustments can be made to correct shortcomings and potentially improve overall outputs and outcomes. Specific administrative and operational adjustments that should be adopted as soon as possible include the following:

Gatekeeper Program

1. Closely adhere to the "systems based model" documents (*Strategic Outline, Program and Data Flow Analysis, and an Administrative Organizational Chart*) provided in **Attachments C1 – C3**.
2. Focus on the following administrative tasks:
 - a. Maintain, and/or expand, the number of Community Based Programs being offered.
 - b. Ensure Community Based Program providers understand the vision and overall strategy of the Gatekeeper Program.
 - c. Ensure Community Based Programs provide holistic support.
 - d. Coordinate the expansion and implementation of Cognitive Behavioral Therapy (CBT) Programs so there are three operational in-jail programs (Phase I) and three operational post-jail programs (Phase I, Phase II, and Phase III).
 - e. Ensure the CBT program model is designed so that the post-jail program stages are a continuation/advancement of the in-jail program stages.
 - f. Develop CBT Programs that are four-week classes (ten sessions) to improve the completion rates of participants who have relatively short jail sentences.
 - g. Continue to screen inmates for OUIL III offenses.
 - h. Conduct NEEDS Assessments on all OUIL III offenders.
 - i. Place OUIL III offenders in a CBT Program.
 - j. Develop a discharge plan for OUIL III offenders utilizing NEEDS Assessment results.

- k. Screen sentenced inmates to determine if those individuals have been in jail four or more times in the past 12 months and check for Ottawa County residency. For the purpose of this report these individuals will be referred to as FourPlus Offenders.
 - l. Conduct COMPAS Assessments on FourPlus Offenders.
 - m. Place FourPlus offenders in a CBT Program.
 - n. Develop a discharge plan for FourPlus offenders utilizing COMPAS Assessment results.
 - o. Ensure that procedures are in place so CBT Program participants are placed in both in-jail and post-jail CBT Programs.
 - p. Ensure that NEEDS and COMPAS Assessment results are shared with judges and pre-sentence investigators.
 - q. Ensure that discharge plans for CBT Program participants are shared with probation officers. Then, voluntary participants can be encouraged to follow through on recommendations and referrals and court ordered participants can be better monitored.
 - r. Develop a systematic method of directing inmates who volunteer for programming into Community Based Programs and ensure that basic eligibility requirements (as outlined and defined in the systems based model) are met.
3. Eliminate all extraneous administrative duties and responsibilities that have been integrated into the Gatekeeper Coordinator workload.
 4. Continually educate and inform jail employees, probation officers, health nurses, Community Mental Health employees, and judges about Gatekeeper Program eligibility requirements, goals, and permissible administrative tasks that can be performed by the Gatekeeper Coordinator.
 5. Begin using the revised Gatekeeper Program Super Form (**Attachment D**) for data collection.
 6. Ensure that a new Gatekeeper Program Super Form is completed for individuals who enter the jail for subsequent offenses after their initial entry into the Gatekeeper Program.
 7. Ensure that data collection forms are thoroughly completed and immediately report (to the Planning and Grants Department) any identifiable additions or corrections that need to be made to the data collection forms.
 8. Ensure that the Post Jail Tracking Form (**Attachment E**) is completed by probation officers on each individual that they are supervising who has a discharge plan prepared by the Gatekeeper Coordinator.
 9. Ensure all Community Based Providers and CBT instructors are completing a Program Attendance/Completion Form (**Attachments F1 –F2**) and that all individuals attending programs are completing a Self-Evaluation Survey (**Attachment G**).
 10. Keep a list of the names, genders, charges, and jail identification numbers of all individuals who meet the eligibility requirements to participate in the CBT Program, but who are unable to participate because of space limitations.

Steering Committee & Managerial Oversight

1. Steering Committee members should ensure that the general goals and mission of the Gatekeeper Program are met.
2. Steering Committee members should assist the Gatekeeper Coordinator in continually educating and informing jail employees, probation officers, health nurses, Community Mental Health employees, and judges about Gatekeeper Program eligibility requirements, mission and goals, and permissible administrative tasks that can be performed by the Gatekeeper Coordinator. Additionally, a formal meeting should be scheduled in early October 2005 with the individuals mentioned above to clearly articulate the administrative changes that will be occurring in the Gatekeeper Program.
3. A formal supervisory position should be established to perform employee evaluations and to ensure that there is direct managerial oversight of the Gatekeeper Coordinator. Since the Gatekeeper Coordinator is a Community Mental Health employee, it is recommended that the Community Mental Health Program Director assume these responsibilities.

In conclusion, there are several administrative and operational issues that need to be corrected in the Gatekeeper Program. However, many worthwhile features have been incorporated into the Gatekeeper Program. For instance, there has been a significant increase in the number and variety of programs that are available for jail inmates. Further, many of the community based organizations are providing their programs as an in-kind service. Also, the new Cognitive Behavioral Therapy Program provides a unique form of programming that is not only challenging, but it encourages participants to learn new ways of thinking. These programs, combined with individualized discharge plans, have the potential to result in improved citizenship skills and lower recidivism rates for jail inmates in Ottawa County.

Appendix

Attachments

Attachment A

Ottawa County Gatekeeper Program Steering Committee

Lieutenant Steve Baar, Jail Administrator
Sheriff's Office

Susan Buist, Program Director
Community Mental Health

Doug Kampuis, Adult Probation/Parole Supervisor
20th Circuit Court

Mark Knudsen, Director
Planning and Grants Department

David Schipper, Director of Probation and Community Corrections
58th District Court

Greg Steigenga, Undersheriff
Sheriff's Office

Attachment B

Program Descriptions¹

Prior to Gatekeeper	A Time To Heal – In-Jail (Laurel von Dobschutz) Participants will evaluate how the wounds of the past affect them today and learn how to move forward. A Time to Heal is an eight week group that is offered a few times a year.
Prior to Gatekeeper	Substance Abuse – In-Jail (Families Victorious) Biblical based material developed specifically for those who struggle with addictions, codependency and other life issues. Families Victorious has support groups located at Calvary Christian Reformed Church and Christ Memorial for those individual's interested in continuing after their release from jail.
Prior to Gatekeeper	Alcoholics Anonymous – In-Jail Alcoholics Anonymous is an open ended group.
Prior to Gatekeeper	Mental Health Therapy – In-Jail Individual therapy, case management and psychiatric services are available to consumers of Ottawa County Community Mental Health on a limited basis.
June 2004	Commitment to Change – In-Jail/Post-Jail (Norm Williams, Community Corrections) Commitment to Change is a cognitive behavioral therapy group designed to challenge thinking errors that lead to irresponsible behaviors. Participants will learn new ways of thinking. Commitment to Change is an 8 week open ended group offered year round.
July 2004	Anger Management, Faith Based – In-Jail (Dr. Martin) – <i>No longer offered to groups.</i> Participants will learn about anger and solutions for dealing with anger from a Biblical perspective. This course is available on an individual basis for inmates who are ineligible for groups based on their housing unit or behavioral issues.
July 2004	Living Consciously – In-Jail (Community Action Agency of Ottawa County) Living Consciously will teach women how to put the mental, emotional, physical and spiritual aspects of their life in balance. A 75 page workbook walks through a process of awareness, teaching principles, and putting into practice the new principles with the goal of building character, improved relationships, feeling more in control of one's life and feeling better. Living Consciously is a 5 week group that is being offered every other month.
Summer 2004	Coping with Confinement – In-Jail (Community Mental Health of Ottawa County) Participants will learn coping skills to deal with the challenges of daily living in confinement. Coping with Confinement is an open entry group that runs year round.
September 2004	Life Strategies – In-Jail (Core City Christian Community Development Association) Topics to include: personality & career assessment, resume development, budget development & financial literacy, job preparation skills such as punctuality and dress. This program is offered to inmates who are residents of the Holland area and has a mentoring component after an inmates' release from jail. Life Strategies is a 6 week course offered year round. After release from jail, individuals are encouraged to follow up in the community for Core City's one week employment academy which upon successful completion leads to employment.
November 2004	Substance Abuse – In-Jail (Terry Burns) Terry Burns of Lakeshore Counseling Services volunteers Tuesday afternoons to provide substance abuse counseling on an individual basis for inmates who are not eligible to attend groups.
May 2005	Freedom for Women – In-Jail (Families Victorious) Topics to include: Captive Women: Incarceration; Trapped Women: Tempted to return to the old life; Hungry & Thirsty Women: satisfied a new way; Forgiven Women: Released from guilt and shame. Freedom for Women will offer resources to address areas of housing, transportation, employment, budgeting, clothing, food & meal planning, physical and mental well-being, personal and relational healing, and emotional support by way of mentoring and small groups. This group is an open entry group offered year round.

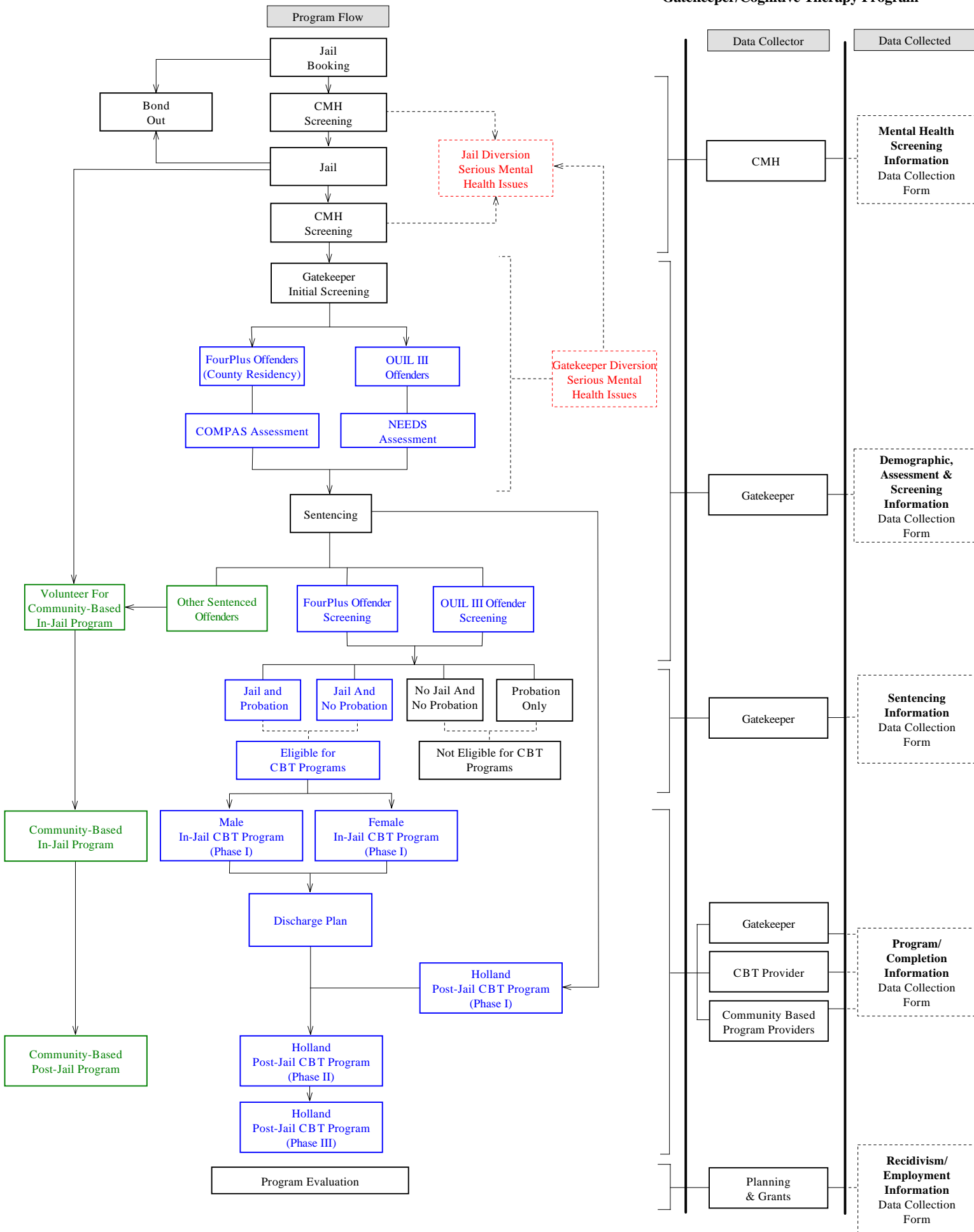
¹ Although there are 15 programs available to inmates, only 11 listed above because Bible Study, Church (Catholic), Church (Protestant), and GED (Education) programming are not under the purview of the Gatekeeper.

Attachment C-1

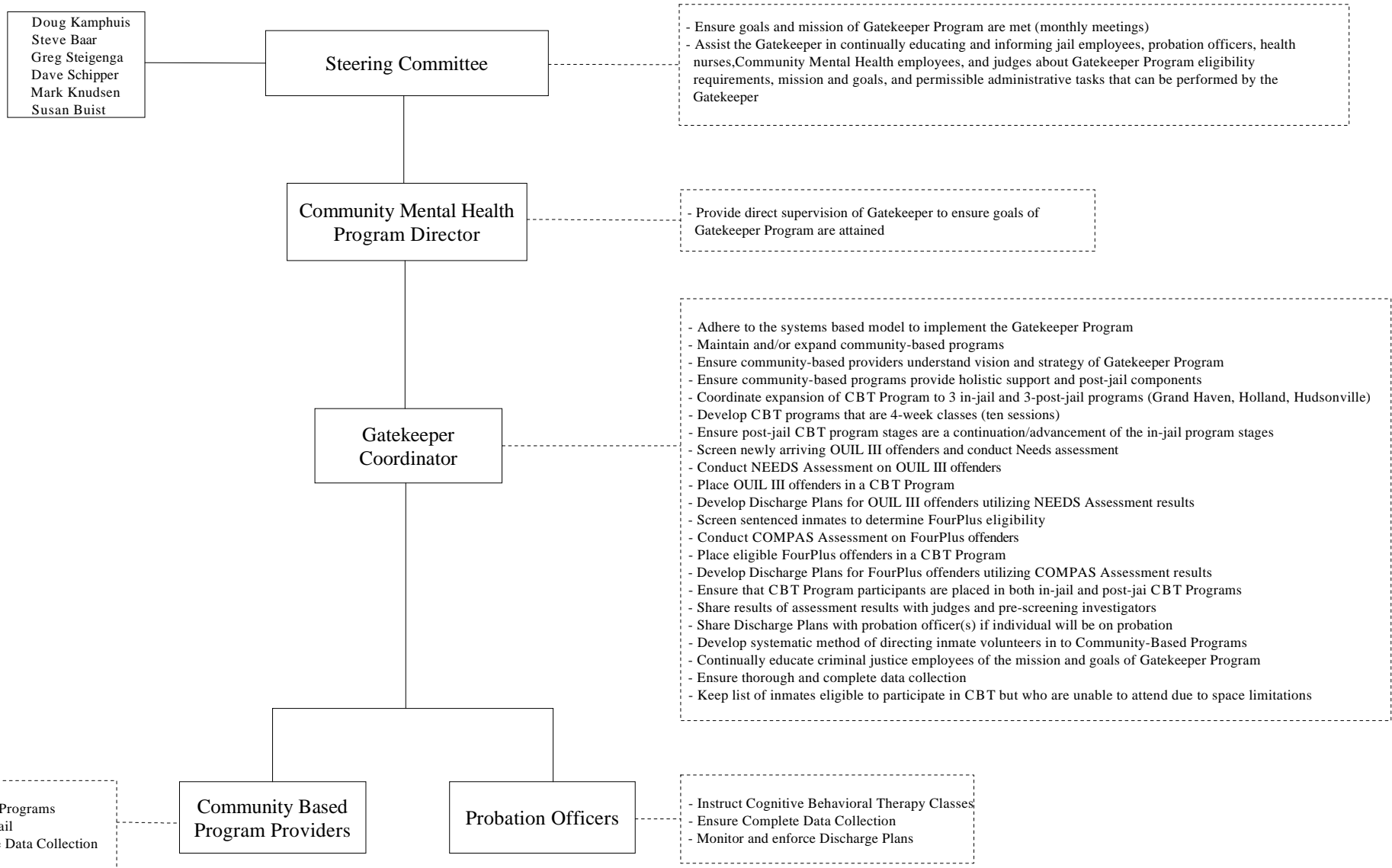
STRATEGIC OUTLINE Gatekeeper/Cognitive Therapy Program

Vision: To provide holistic Community Based and Cognitive Behavioral Therapy programs (in-jail and post-jail) for inmates.

TARGET POPULATION	Individuals With Serious Mental Illness Not Diverted By CMH Staff	OUIL III Offenders	FourPlus Offenders (booked in jail at least four times in 12 months and Ottawa County Resident)	Volunteers Who Can Benefit From Programming
GOALS & OBJECTIVES	<ul style="list-style-type: none"> • Reduce Recidivism • Divert Mentally Ill from Jail • Treat Mental Illness 	<ul style="list-style-type: none"> • Reduce Recidivism • Reduce Substance Abuse • Reduce Jail-Bed Days Used 	<ul style="list-style-type: none"> • Reduce Recidivism • Reduce Jail-Bed Days Used 	<ul style="list-style-type: none"> • Reduce Recidivism • Reduce Jail-Bed Days Used
ACTIONS & PROGRAM COMPONENTS	<ul style="list-style-type: none"> • Referrals to Community Mental Health Programming 	<ul style="list-style-type: none"> • Holistic In-jail and Post-jail Cognitive Behavioral Therapy (CBT) Programming • Discharge Plans 	<ul style="list-style-type: none"> • Holistic In-jail and Post-jail Cognitive Behavioral Therapy (CBT) Programming • Discharge Plans 	<ul style="list-style-type: none"> • Holistic Community Based In-jail and Post-jail Programming
SELF-REPORTED AND OUTPUT BASED MEASURES	<ul style="list-style-type: none"> • Demographics • In-Jail Sanctions (dates, type, number, duration) per individual • Jail Diversions (number) 	<ul style="list-style-type: none"> • Demographics • Programming (hours, dates, attendance, completion, incentives to participate) • Screening (type, number, dates, probation violations, bonds, charges, mental health severity) • Assessments (dates, scores) • Discharge Plans (jail-bed days saved, referral agency, referral services) • Jail Diversions (number) 	<ul style="list-style-type: none"> • Demographics • Programming (hours, dates attendance, completion, incentives to participate) • Screening (type, number, dates, probation violations, bonds, charges, mental health severity) • Assessments (dates, scores) • Discharge Plans (jail-bed days saved, referral agency, referral services) • Jail Diversions (number) 	<ul style="list-style-type: none"> • Demographics • Programming (type, hours, dates, attendance, completion)
OUTCOME BASED MEASURES	<ul style="list-style-type: none"> • Recidivism (type of offense, date, number) • Cost (administrative, overhead, program) 	<ul style="list-style-type: none"> • Recidivism (type of offense, date, number) • Cost (administrative, overhead, program) 	<ul style="list-style-type: none"> • Recidivism (type of offense, date, number) • Cost (administrative, overhead, program) 	<ul style="list-style-type: none"> • Recidivism (type of offense, date, number) • Cost (administrative, overhead, program)



ADMINISTRATIVE ORGANIZATION CHART
Gatekeeper/Cognitive Therapy Program



DEMOGRAPHICS

Name: _____

Jail ID No: _____

DOB: _____

SSN: _____

County of Residence: _____

Gender: Male Female

Ethnicity:
 Caucasian African American Hispanic/Latino
 Asian Native American Other

Marital Status:
 Married Separated Divorced Single

Number of Children: _____

Last Grade Completed: _____ **GED**

Employment:
 Full Time Part Time Unemployed Disability

SCREENING

Most Recent Booking Date: _____

Participant Status:
 OUIL III FourPlus Mental Health

Number of Bookings in Last Year: _____

Mental Health Diversions
 Diverted: Yes No
 If Yes, Diverted To: _____

Date Diverted: _____

Number of Days Diverted: _____

Number of Jail Sanctions: _____

Type of Sanctions: _____

Duration of Sanctions: _____

Date of Sanctions: _____

Bond Information
 Bond-Set: Yes No
 If Yes, Please Provide Date: _____
 Bond-Posted: Yes No
 If Yes, Please Provide Date: _____

Current Charge 1: _____

Date of Charge: _____

Felony Misdemeanor Probation Violation

Current Charge 2: _____

Date of Charge: _____

Felony Misdemeanor Probation Violation

Current Charge 3: _____

Date of Charge: _____

Felony Misdemeanor Probation Violation

ASSESSMENT

Initial Interview (non-standard assessment): Yes No

If Yes, Please Provide Date: _____

OUIL III Assessment: Yes No

If Yes, Please Provide Date: _____

	None	Mild	Moderate	Severe
Inappropriateness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Problem Solving Status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Health Status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Abuse Status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Employment Status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationship Status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physical Health Status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educational Status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Criminal Record Status	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall Needs Summary	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Risk Assessment: Yes No

If Yes, Please Provide Date: _____

	Mild	Moderate	Severe
Violence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Recidivism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Community Non-Compliance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Substance Abuse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Financial Problems/Poverty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vocation/Education Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Criminal Thinking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Socialization Failure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

IN-JAIL COMMUNITY-BASED PROGRAMMING

- AA
- Anger Management
- A Time To Heal
- Coping With Confinement
- Freedom For Women
- Life Strategies
- Living Consciously
- Mental Health Therapy
- Substance Abuse (Non-Religious)
- Substance Abuse (Religious)

IN-JAIL CBT PROGRAMMING

CBT Participation:
 Voluntary Court Order

Incentive(s) to Participate:
 None Reduced Jail-Time Other _____

DISCHARGE PLAN

Discharge Plan Prepared: Yes No

If Yes, Please Provide Date: _____

Date of Sentencing: _____

Number of Days Sentenced to Jail: _____

Discharge Date: _____

Number of Jail Days reduced because of participation in In-Jail CBT Program: _____

Agency Referred to: _____

Service Referred: _____

POST-JAIL CBT PROGRAM

Voluntary Court Order

Probation Type: ISP Regular

Probation Start Date for current charge(s):

Probation Discharge Date for current charge(s):

GATEKEEPER PROGRAM DATA COLLECTION SUPER FORM

ADMINISTRATIVE

OUIL III Assessment (Administrative Time in Minutes): _____

COMPAS Assessment (Administrative Time in Minutes): _____

Face to Face Interviews (Administrative Time in Minutes Per Interviews):

Interview Date Time in Minutes

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Other Administrative Time (Phone Calls, Medical, Letters):

Date Type Time in Minutes

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Attachment E

POST-JAIL TRACKING FORM – DISCHARGE PLAN

Ottawa County Gatekeeper Program
(To Be Completed By Probation Officer)

Attendee Name: _____ Jail I.D. Number: _____

Actions To Be Completed By Participate (Actions Listed By Gatekeeper):

	<u>Completed</u>	<u>Date Completed</u>	<u>If Not Completed, Please List Reason</u>
1. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
2. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
3. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
4. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
5. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
6. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
7. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
8. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
9. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____
10. _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	_____	_____

Upon Program Completion Return Form To:

Sherri Cole
Ottawa County Jail Facility
12130 Fillmore Street
West Olive, MI 49460
(616) 738-4083

DEMOGRAPHIC INFORMATION

Name: _____

Jail ID Number: _____

DOB: _____

County of Residence: _____

Gender: Male Female

Ethnicity:
 Caucasian African American Hispanic/Latino
 Asian Native American Other

Marital Status:
 Married Separated Divorced Single

Number of Children: _____

Last Grade Completed: _____ GED

Employment:
 Full Time Part Time Unemployed Disability

IN-JAIL COMMUNITY-BASED PROGRAMMING

Name of Program: _____

Program Attendance Record:

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

In-Jail Program Completion:

Successful Unsuccessful

If Unsuccessful, please provide reason:

- Released From Jail
- Dropout
- Moved to Maximum Security
- Other: _____

POST-JAIL COMMUNITY-BASED PROGRAMMING

Name of Program: _____

Program Attendance Record:

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Date: _____

Comments: _____

Post-Jail Program Completion:

Successful Unsuccessful

If Unsuccessful, please provide reason:

- Dropout
- Moved out of Area
- Other: _____

POST-PROGRAM REFERRALS

Referral(s) Provided: Yes No

If Yes, Please Provide Date: _____

Agency Referred to: _____

Service Referred: _____

Agency Referred to: _____

Service Referred: _____

Agency Referred to: _____

Service Referred: _____

Agency Referred to: _____

Service Referred: _____

Upon Completion of Form, Please return to:

Ottawa County Gatekeeper Coordinator
12130 Fillmore Street
West Olive, Michigan 49460
(o) 616.738.4083
(f) 616.786.4110

Attachment F-2
Cognitive Behavioral Therapy (CBT) Program
Ottawa County Gatekeeper Program

Attendee Name: _____

Jail I.D. # _____

In-Jail Program

Start Date: _____ End Date: _____

Program Attendance (In-Jail)

Class 1: Yes No

Instructor Name: _____

Comments:

Class 2: Yes No

Instructor Name: _____

Comments:

Class 3: Yes No

Instructor Name: _____

Comments:

Class 4: Yes No

Instructor Name: _____

Comments:

Class 5: Yes No

Instructor Name: _____

Comments:

Class 6: Yes No

Instructor Name: _____

Comments:

Class 7: Yes No

Instructor Name: _____

Comments:

Class 8: Yes No

Instructor Name: _____

Comments:

Class 9: Yes No

Instructor Name: _____

Comments:

Class 10: Yes No

Instructor Name: _____

Comments:

Please List Any Assistance Beyond Program Instruction:

Successful Completion

Unsuccessful Completion

Released from Jail Dropout

Moved to Maximum Security

Other: _____

Post-Jail Program

Start Date: _____ End Date: _____

Program Attendance (In-Jail)

Class 1: Yes No

Instructor Name: _____

Comments:

Class 2: Yes No

Instructor Name: _____

Comments:

Class 3: Yes No

Instructor Name: _____

Comments:

Class 4: Yes No

Instructor Name: _____

Comments:

Class 5: Yes No

Instructor Name: _____

Comments:

Class 6: Yes No

Instructor Name: _____

Comments:

Class 7: Yes No

Instructor Name: _____

Comments:

Class 8: Yes No

Instructor Name: _____

Comments:

Class 9: Yes No

Instructor Name: _____

Comments:

Class 10: Yes No

Instructor Name: _____

Comments:

Please List Any Assistance Beyond Program Instruction:

Successful Completion

Unsuccessful Completion

Revoked Dropout

Moved out of Area

Other: _____

Upon program completion, return this form to:

Sherry Cole, 12130 Fillmore Street, West Olive, MI 49460 (o) 616.738.4083 (f) 616.786.4110

Attachment G

SELF-EVALUATION SURVEY
Gatekeeper/Cognitive Therapy Program
(To Be Completed By Participant)

Participant Name: _____

Participant Jail I.D. Number: _____ Today's Date _____

Program Name: _____

Your assistance in completing this survey is greatly appreciated and will help our efforts to improve the program.

1. **List two (2) major benefits of being involved in this program. (please print)**

A. _____

B. _____

2. **List two (2) major drawbacks of being involved in this program. (please print)**

A. _____

B. _____

3. **How do you feel the program you attended helped you? (please check one)**

Very Helpful Somewhat Helpful Don't Know Not Very Helpful Not At All Helpful

4. **Rate your satisfaction with the program provider's skill in leading the program. (please check one)**

Very Satisfied Somewhat Satisfied Don't Know Not Very Unsatisfied Not At All Satisfied

5. **Why did you attend? (Please check all that apply)**

Recommended By Someone Else Bored Wanted To Get Out Of Cell
 Judge Ordered Me To Attend Thought It Would Help Me Other: _____

Return to: Sherri Cole
Ottawa County Jail Facility
12130 Fillmore Street
West Olive, MI 49460
(616) 738-4083

Appendix

Tables

Table A-1

Demographics: Gender

	Gatekeeper Cases	Percent of Gatekeeper Cases	Criminal Cases¹	Percent of Criminal Cases
Male	302	74.9%	7,897	3.8%
Female	101	25.1%	1,955	5.2%
Total	403	100%	9,852	4%

¹ Only during the time period of the Gatekeeper Program Evaluation

Gender

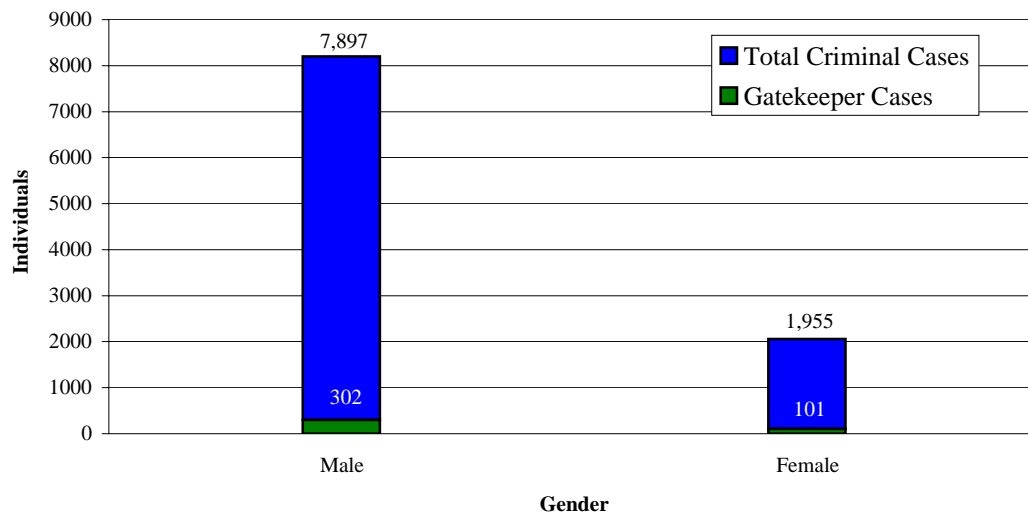


Table A-2

Demographics: Race/Ethnicity

	Frequency	Percent of Total
White	256	63.5%
Black	49	12.2%
Hispanic	75	18.6%
Asian	8	2.0%
Native American	6	1.5%
None Recorded	9	2.2%
Total	403	100%

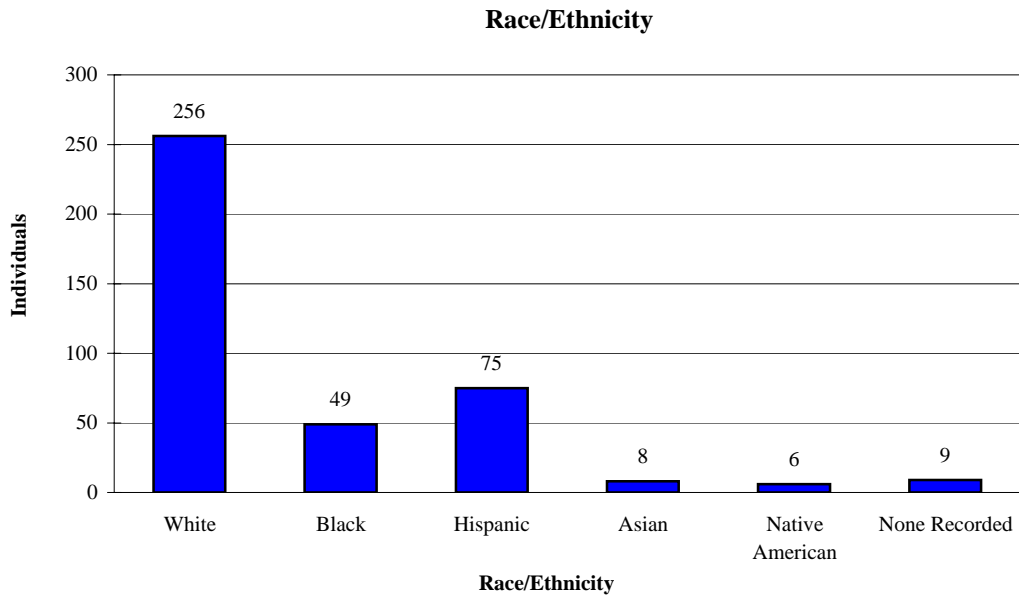


Table A-3

Demographics: Age

	Frequency	Percent of Total
17-29	216	53.6%
30-39	103	25.6%
40-49	68	16.9%
50+	16	4.0%
Total	403	100%

Age Distribution

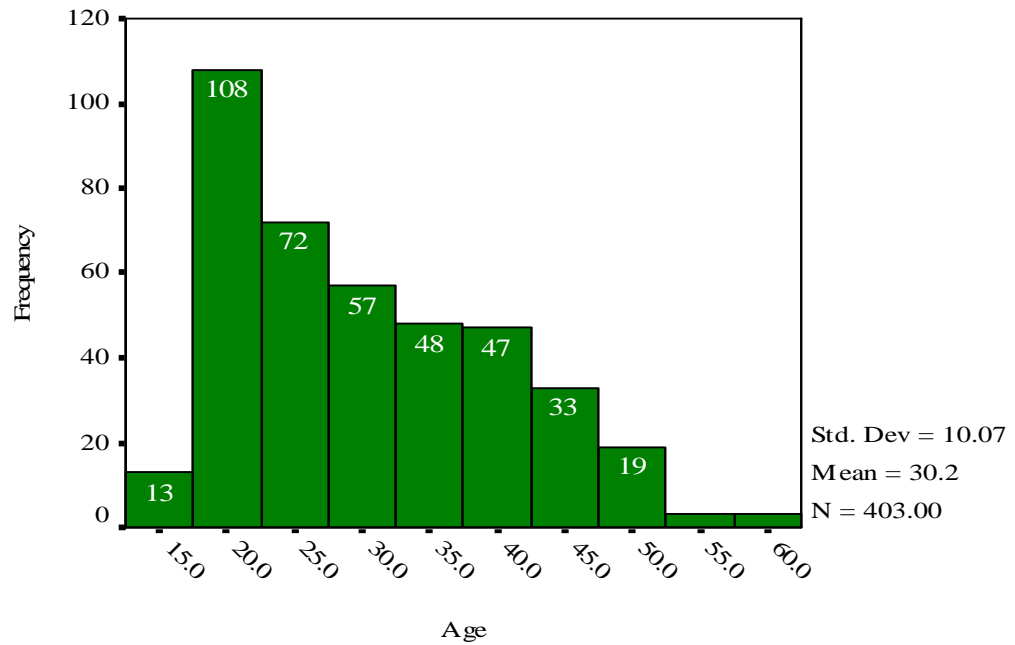


Table A-4

Demographics: Marital Status

	Frequency	Percent of Total
Single	275	68.2%
Married	56	13.9%
Divorced	57	14.1%
Separated	4	1.0%
No Data	11	2.7%
Total	403	100%

Marital Status

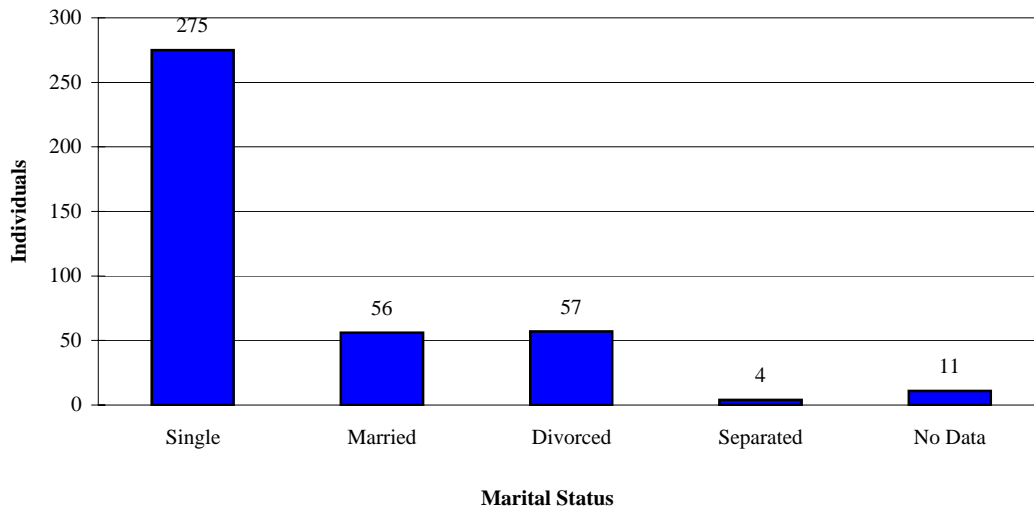


Table A-5

Demographics: Education

	Frequency	Percent of Total
Less Than 12th Grade	166	41.2%
Completed 12th Grade	113	28.0%
Received GED	70	17.4%
More Than 12th Grade	42	10.4%
No Data	12	3.0%
Total	403	100%

Education

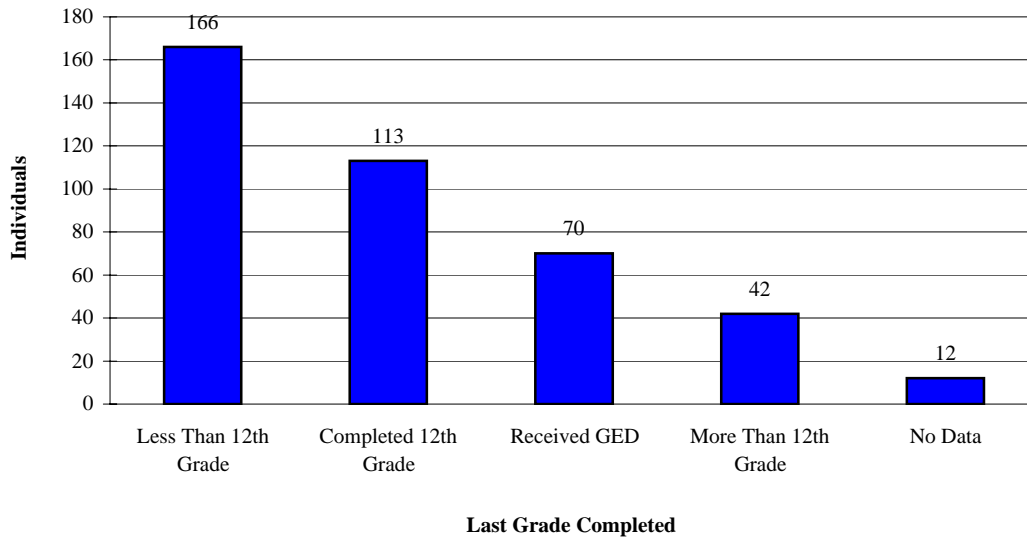


Table A-6

Demographics: Employment

	Frequency	Percent of Total
Full Time	117	29.0%
Part Time	45	11.2%
Unemployed	210	52.1%
Disability	14	3.5%
No Data	17	4.2%
Total	403	100%

Employment

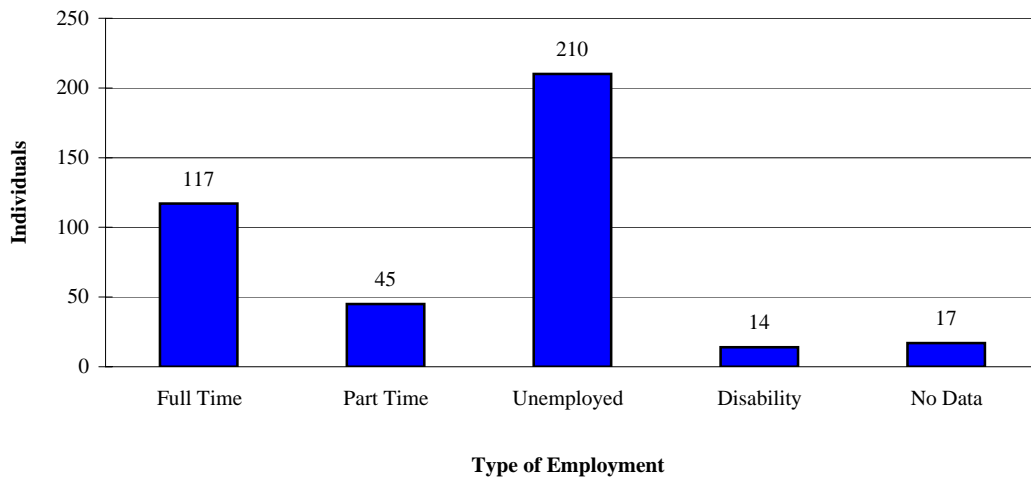


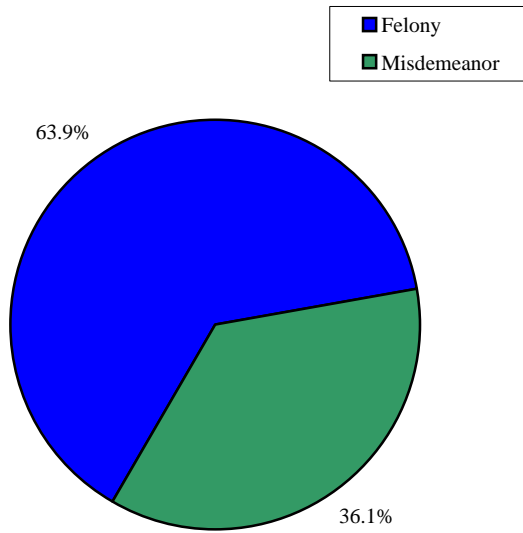
Table A-7

Type of Charge

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Felony¹	193	63.9%	52	51.5%	245	60.8%
Misdemeanor	109	36.1%	49	48.5%	158	39.2%
Total	302	100%	101	100%	403	100%

¹ Includes individuals with multiple charges that include a felony

Type of Charge (Male)



Type of Charge (Female)

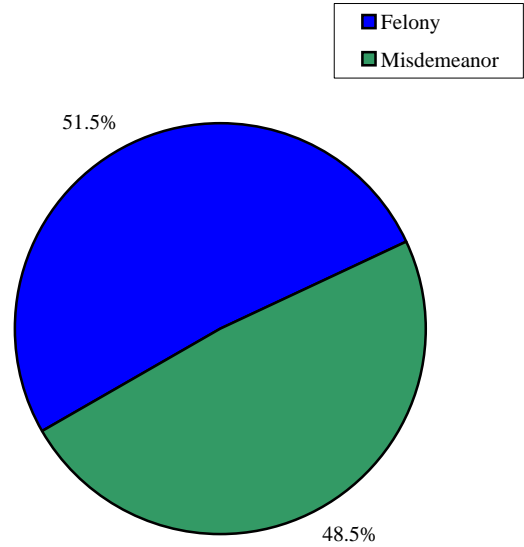


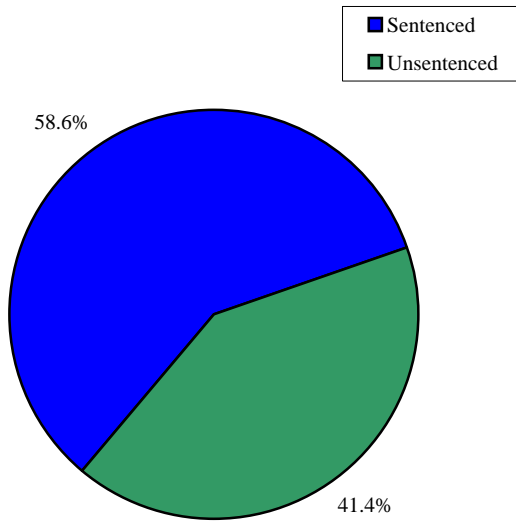
Table A-8

Sentencing Status¹

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Sentenced	177	58.6%	60	59.4%	237	58.8%
Unsentenced	125	41.4%	41	40.6%	166	41.2%
Total	302	100%	101	100%	403	100%

¹ Status at the start of participation in the Gatekeeper Program

Sentencing Status (Male)



Sentencing Status (Female)

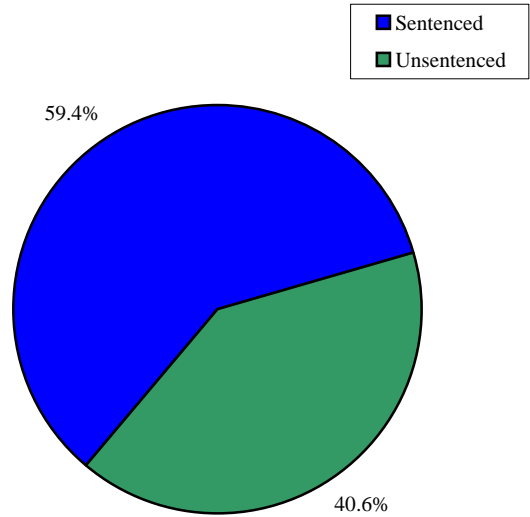


Table B-1

Inmate Assessments

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Needs/Risk (OUIL III)	50	16.6%	10	9.9%	60	14.9%
COMPAS/Behavioral Risk	160	53.0%	59	58.4%	219	54.3%
Needs/Risk & COMPAS	1	0.3%	0	0.0%	1	0.2%
No Assessment	91	30.1%	32	31.7%	123	30.5%
Total	302	100%	101	100%	403	100%

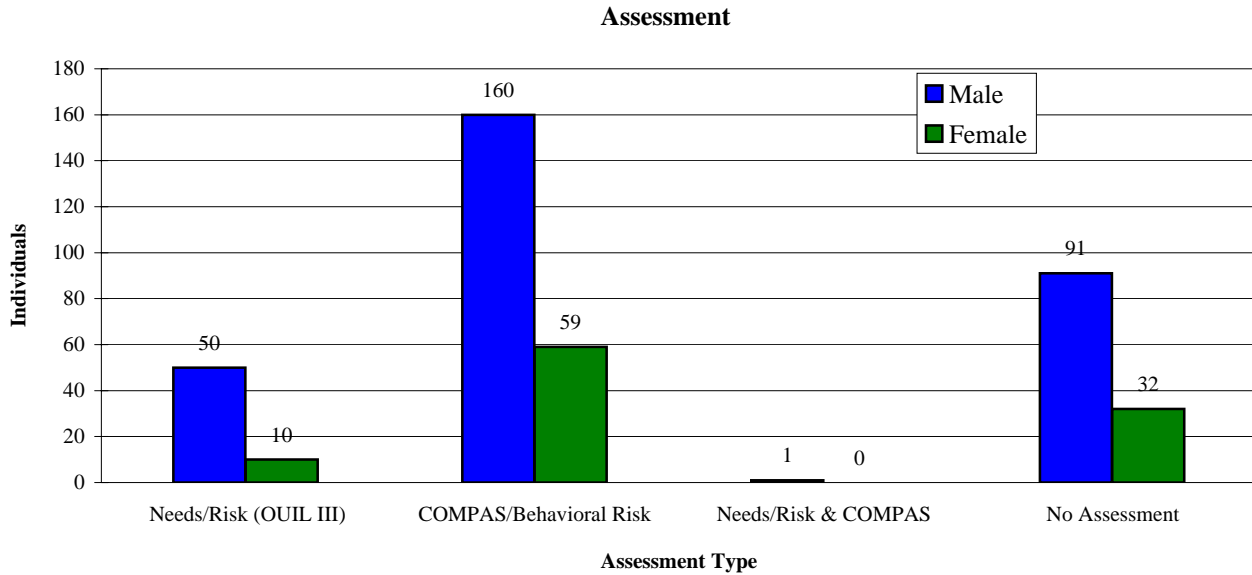
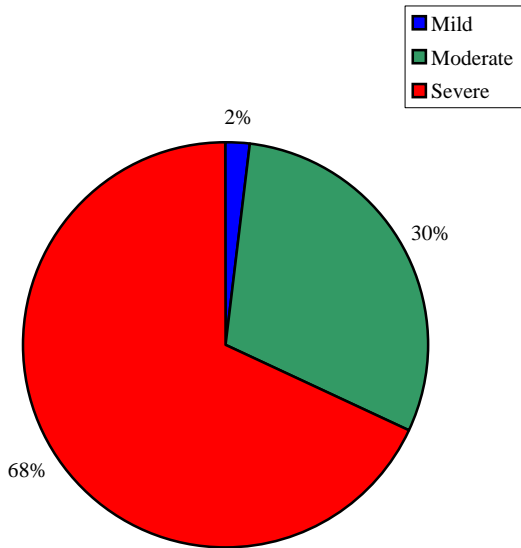


Table B-2

**Severity of Overall Needs
(Needs/Risk Assessment)**

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Mild	1	2.0%	0	0.0%	1	1.6%
Moderate	15	30.0%	3	27.3%	18	29.5%
Severe	34	68.0%	8	72.7%	42	68.9%
Total	50	100%	11	100%	61	100%

Overall Needs (Male)



Overall Needs (Female)

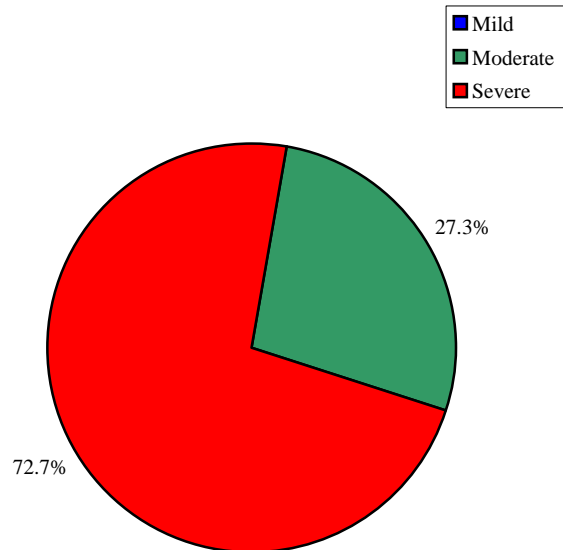


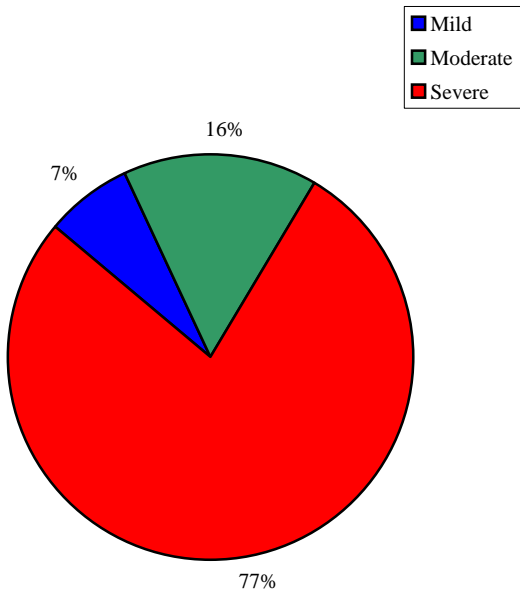
Table B-3

**Potential Risk for Recidivism
(COMPAS/Behavioral Assessment)**

	Gender				Total ¹	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Mild	10	6.8%	6	11.3%	16	8.0%
Moderate	23	15.8%	12	22.6%	35	17.6%
Severe	113	77.4%	35	66.0%	148	74.4%
Total	146	100%	53	100%	199	100%

¹ 199 of the 220 individuals with a COMPAS/Behavioral Assessment had recidivism risk data provided

Risk for Recidivism (Male)



Risk for Recidivism (Female)

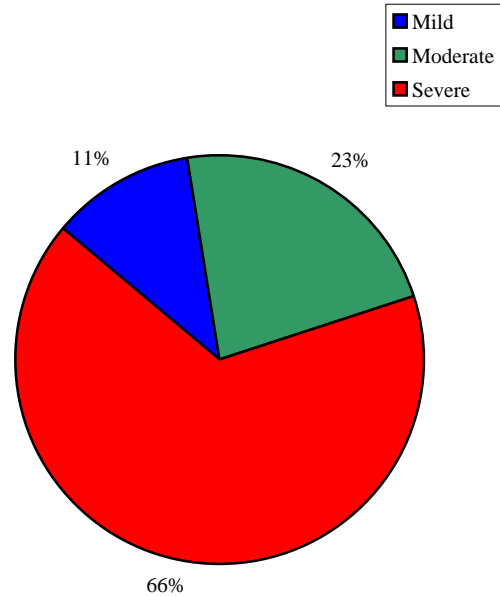


Table C-2

Jail Classroom Schedule¹

Day (A.M.)	Time																							
	AM																							
	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
Monday	Lock Down															School (GED)						Lock Down		
Tuesday	Lock Down															Coping With Confinement ²			Closed ³			Lock Down		
Wednesday	Lock Down															School (GED)						Lock Down		
Thursday	Lock Down															Classroom Open						Lock Down		
Friday	Lock Down															School (GED)						Lock Down		
Saturday	Lock Down															Closed ³			Bible Study			Lock Down		
Sunday	Lock Down															Classroom Open						Lock Down		

Day (P.M.)	Time																									
	PM																									
	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
Monday	Lock Down		N/A ³		Freedom For Women				Lock Down						Commitment To Change (Men)				Lock Down							
Tuesday	Lock Down		Closed ³		Commitment To Change (Women)				Lock Down						Life Strategies (Women)				Lock Down							
Wednesday	Lock Down		Closed ³			A Time To Heal ²			Lock Down						Closed ³		Substance Abuse (Men)		Lock Down							
Thursday	Lock Down		School (GED)						Lock Down						Life Strategies (Men)						Lock Down					
Friday	Lock Down		Closed ³		Catholic Church				Lock Down						Closed ³		Catholic Church		Lock Down							
Saturday	Lock Down		Classroom Open						Lock Down						Classroom Open						Lock Down					
Sunday	Lock Down		Closed ³		Protestant Church				Lock Down						Classroom Open						Lock Down					

Note: Individual (one-on-one) treatment programs and Alcoholics Anonymous do not use the classroom

¹ Living Consciously does not currently have a timeslot - program will resume in September

² Moving to a new timeslot at the beginning of September

³ Jail Administrator requests that only one program be scheduled during an open 3 hour time slot due to inmate movement issues

Table C-2

Table C-3

Gatekeeper Program Components¹

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Assessment Only	27	8.9%	6	5.9%	33	8.2%
In-Jail Program Only	11	3.6%	1	1.0%	12	3.0%
Post-Jail Program Only	0	0.0%	0	0.0%	0	0.0%
Discharge Plan Only	44	14.6%	12	11.9%	56	13.9%
Assessment and In-Jail Program	32	10.6%	11	10.9%	43	10.7%
Assessment and Post-Jail Program	26	8.6%	7	6.9%	33	8.2%
Assessment and Discharge Plan	73	24.2%	13	12.9%	86	21.3%
In-Jail Program and Discharge Plan	0	0.0%	17	16.8%	17	4.2%
In-Jail Program, Post-Jail Program, and Discharge Plan	0	0.0%	1	1.0%	1	0.2%
Assessment, In-Jail Program, and Discharge Plan	68	22.5%	32	31.7%	100	24.8%
Assessment, Post-Jail Program, and Discharge Plan	4	1.3%	0	0.0%	4	1.0%
Assessment, In-Jail Program, Post-Jail Program, and Discharge Plan	2	0.7%	0	0.0%	2	0.5%
No Program Components Completed ²	15	5.0%	1	1.0%	16	4.0%
Total	302	100%	101	100%	403	100%

Table C-3

¹ Because data was not collected for inmates that may have participated in Bible Study, Church (Catholic or Protestant), or GED (Education) programming, that information is not reflected in this table

² Individuals may have been interviewed by the Gatekeeper but chose to not participate in programming

Table C-4

In-Jail and Post-Jail Program Participation

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
In-Jail (Community-Based)¹	66	21.9%	46	45.5%	112	27.8%
In-Jail (CBT)¹	45	14.9%	13	12.9%	58	14.4%
Post-Jail (CBT)	30	9.9%	9	8.9%	39	9.7%
In-Jail and Post-Jail (CBT)	2	0.7%	1	1.0%	3	0.7%
No Program²	159	52.6%	32	31.7%	191	47.4%
Total	302	100%	101	100%	403	100%

¹ Inmates may participate in more than 1 in-jail program

² Many individuals received discharge plans but did not participate in programming

Program Participation

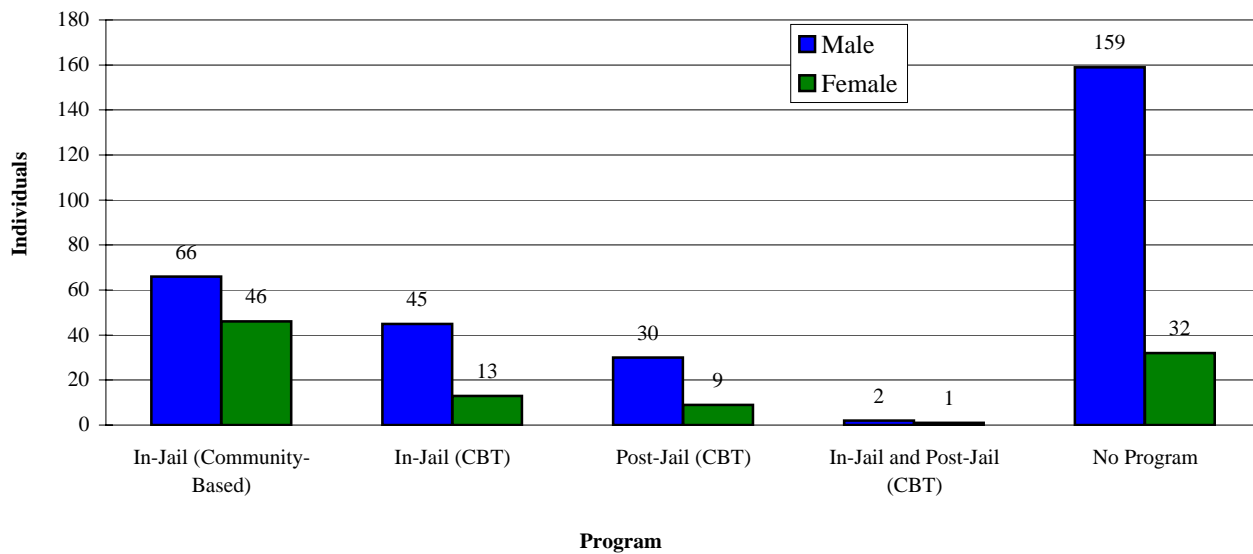


Table C-5

Program Participation (In-Jail)

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
One Program	62	54.9%	22	36.7%	84	48.6%
Two Programs	33	29.2%	21	35.0%	54	31.2%
Three Programs	13	11.5%	10	16.7%	23	13.3%
Four Programs	5	4.4%	4	6.7%	9	5.2%
Five Programs	0	0.0%	2	3.3%	2	1.2%
Six Programs	0	0.0%	1	1.7%	1	0.6%
Total	113	100%	60	100%	173	100%

Program Participation (In-Jail)

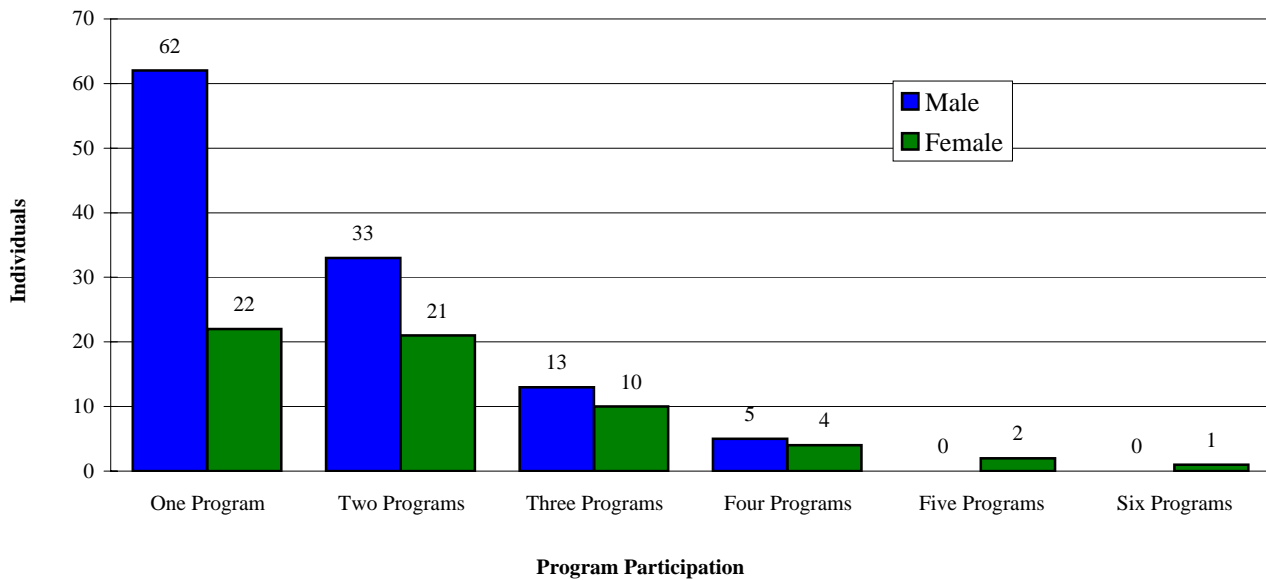
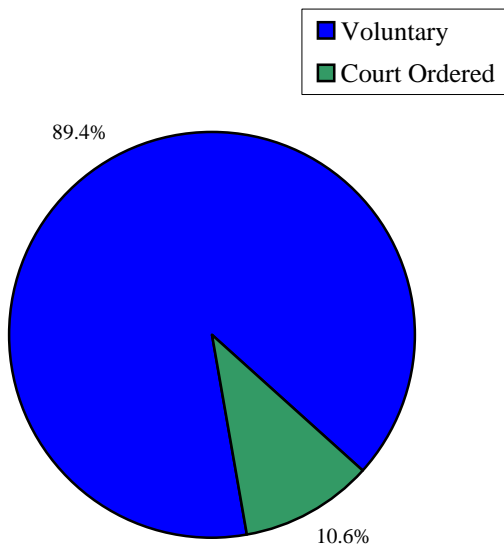


Table C-6

**Type of Enrollment
Cognitive Behavioral Therapy (In-Jail)**

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Voluntary	42	89.4%	14	100.0%	56	91.8%
Court Ordered	5	10.6%	0	0.0%	5	8.2%
Total	47	100%	14	100%	61	100%

Type of Enrollment (Male)



Type of Enrollment (Female)

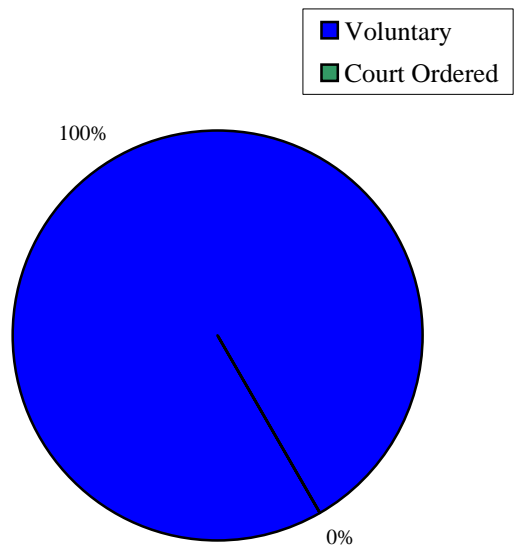
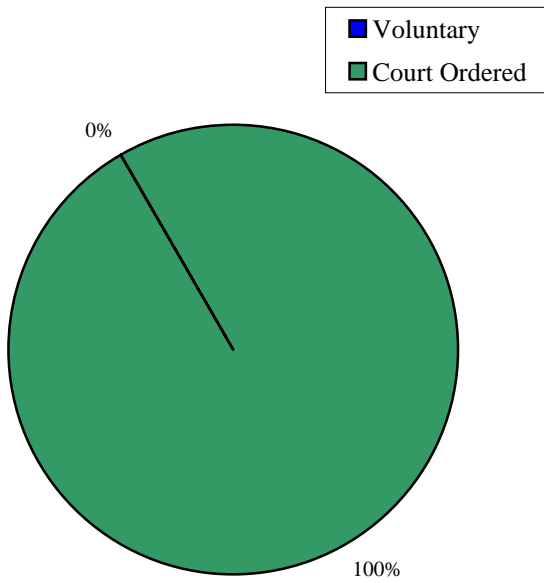


Table C-7

**Type of Enrollment
Cognitive Behavioral Therapy (Post-Jail)**

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Voluntary	0	0.0%	1	10.0%	1	2.4%
Court Ordered	32	100.0%	9	90.0%	41	97.6%
Total	32	100%	10	100%	42	100%

Type of Enrollment (Male)



Type of Enrollment (Female)

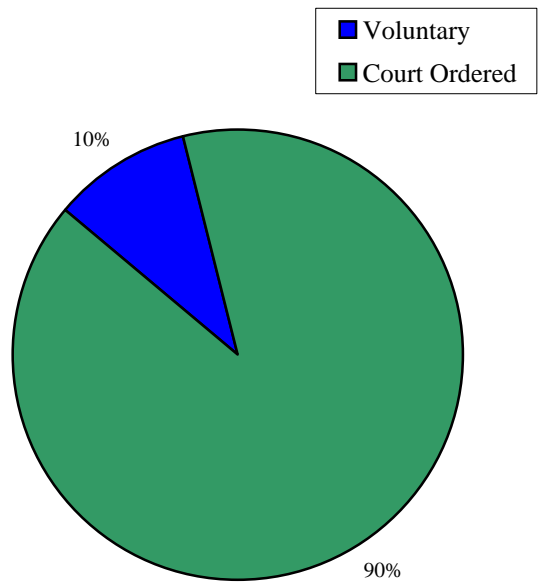


Table C-8

**Program Completion
Cognitive Behavioral Therapy (In-Jail)**

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Successful	28	59.6%	9	64.3%	37	60.7%
Unsuccessful¹	19	40.4%	4	28.6%	23	37.7%
Still In Program	0	0.0%	1	7.1%	1	1.6%
Total	47	100%	14	100%	61	100%

¹ Inmate may have stopped participating, moved to a more secure area of the jail, or may have been released early

**Completion Rates
CBT (In-Jail)**

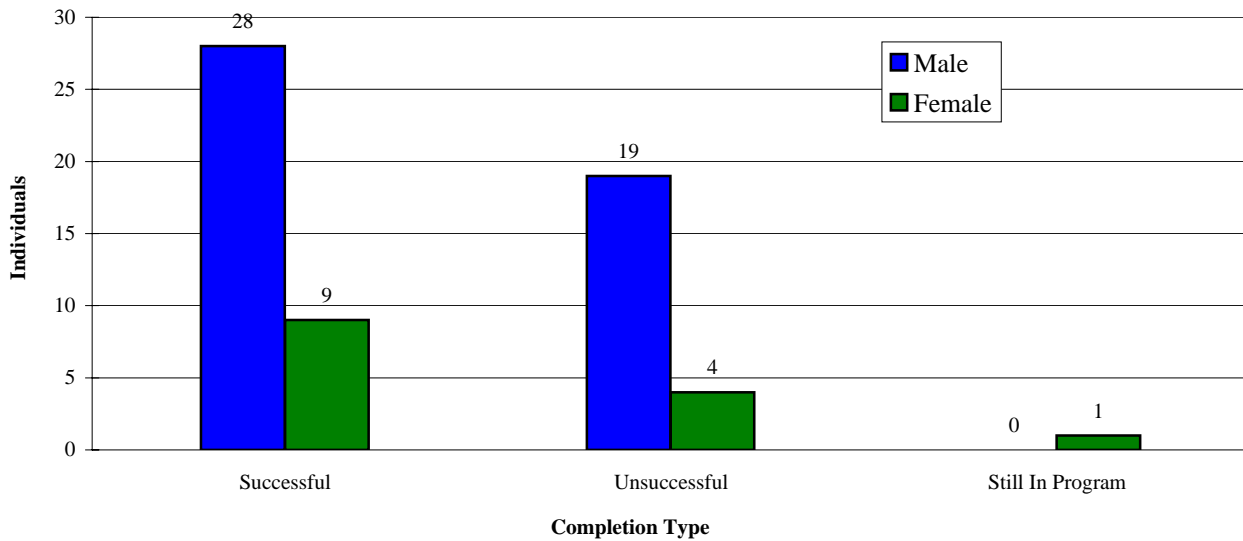


Table C-9

**Program Completion
Cognitive Behavioral Therapy (Post-Jail)**

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Successful	17	53.1%	8	80.0%	25	59.5%
Unsuccessful¹	11	34.4%	2	20.0%	13	31.0%
Still In Program	4	12.5%	0	0.0%	4	9.5%
Total	32	100%	10	100%	42	100%

¹ Inmate may have stopped participating, moved out of the area, or had probation revoked

**Completion Rates
CBT (Post-Jail)**

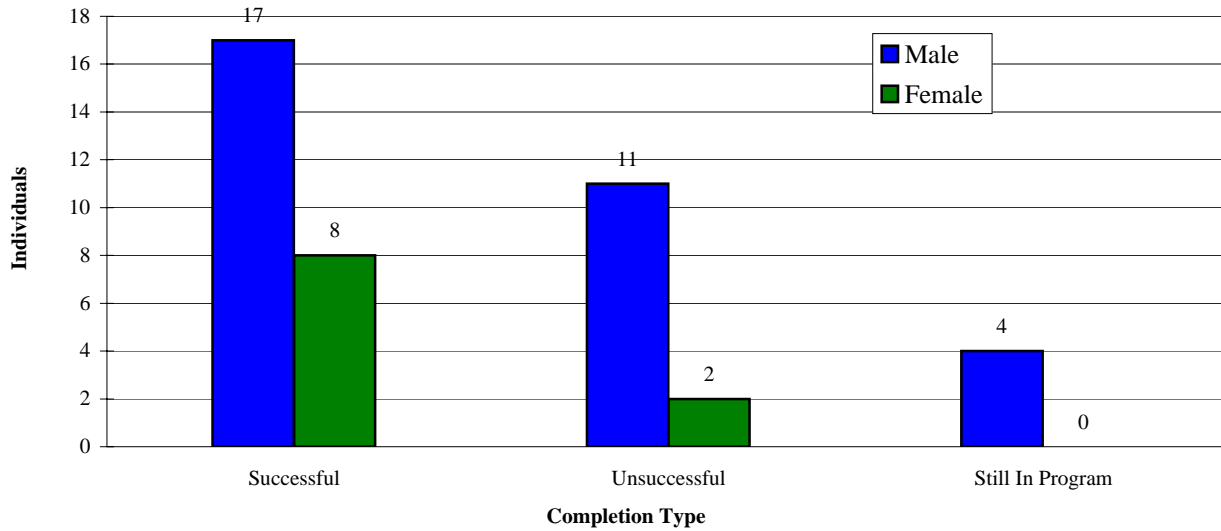
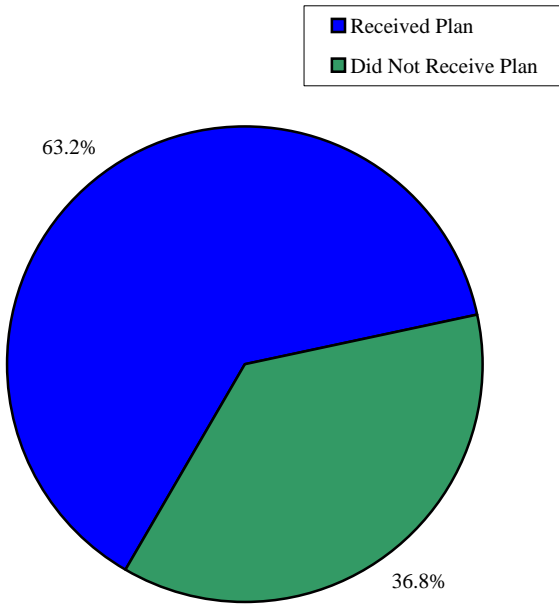


Table C-10

Discharge Plans Prepared

	Gender				Total	Percent of Total
	Male		Female			
	Frequency	Percent of Males	Frequency	Percent of Females		
Received Plan	191	63.2%	75	74.3%	266	66.0%
Did Not Receive Plan	111	36.8%	26	25.7%	137	34.0%
Total	302	100%	101	100%	403	100%

Discharge Plans (Male)



Discharge Plans (Female)

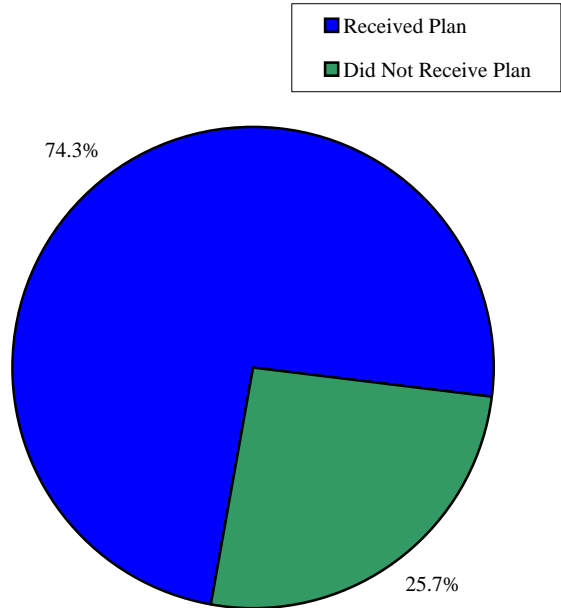


Table C-11**Types of Discharge Plan Referrals**

	Number of Referrals	Percent of Total
Substance Abuse Treatment	160	3.7%
Mental Health Treatment	46	1.1%
Employment	46	1.1%
Counseling/Support Groups	44	1.0%
Medical	36	0.8%
Shelter/Housing	28	0.6%
Education	17	0.4%
Life Strategies Programs	12	0.3%
Family/Parenting	11	0.3%
Financial	10	0.2%
Anger/Violence Treatment	4	0.1%
Transportation	5	0.1%
Domestic Violence Assistance	4	0.1%
Food Pantry	2	0.0%
Legal	2	0.0%
Expired Drivers License	2	0.0%
Sex Offender Treatment	1	0.0%
Replacement Social Security Card	1	0.0%
Replacement Birth Certificate	1	0.0%
Business Start-up Materials	1	0.0%
Culinary Arts Materials	1	0.0%
Total	434¹	100%

¹ Inmates may receive more than one referral (266 inmates received a discharge plan)

Table C-12

Types of Discharge Plan Agencies

	Number of Agency Referrals	Percent of Total		Number of Agency Referrals	Percent of Total
211	2	0.5%	Hospice	1	0.2%
Adult Education	2	0.5%	Ingham Community Health	1	0.2%
Alcoholics Anonymous	7	1.6%	Insurance Provider	5	1.2%
Arbor Circle	7	1.6%	Internal Revenue Service	1	0.2%
Area Training Council	1	0.2%	Janet Wattles Center	1	0.2%
Attorney	3	0.7%	Labor Ready	1	0.2%
Attorney Grievance	1	0.2%	Love Inc.	2	0.5%
Bethany Christian	3	0.7%	Mel Trotter	4	0.9%
Catholic Social Services	2	0.5%	Michigan Works	7	1.6%
Cherry Street Clinic	3	0.7%	Muskegon Family Care	2	0.5%
Chester Ray	37	8.5%	Narcotics Anonymous	4	0.9%
Child & Family Services	17	3.9%	Northern Michigan Services	2	0.5%
Child Protective Service	1	0.2%	Other Rescue Missions	21	4.8%
Child Advocacy Center	1	0.2%	Ottagon Addiction Recovery	23	5.3%
CMH	28	6.5%	Pathfinder	3	0.7%
Core City	17	3.9%	Pfizer Patient Services	1	0.2%
Comm Action Agency	7	1.6%	Pinerest	5	1.2%
Cornerstone	8	1.8%	Priority Health	2	0.5%
Dakoske Hall	1	0.2%	Project Rehab	1	0.2%
Doctor/Physician	8	1.8%	Public Schools	4	0.9%
El Centro	2	0.5%	Resurrection Life Church	2	0.5%
Ex-Offender Services	1	0.2%	Sacred Heart	1	0.2%
FIA	11	2.5%	Salvation Army	1	0.2%
Families Victories	13	3.0%	Secretary of State	2	0.5%
Holland Rescue	15	3.5%	Shoreline	47	10.8%
Intercare	11	2.5%	Social Security Office	5	1.2%
Job Connections	21	4.8%	Tri-City Ministries	2	0.5%
Friend of the Court	4	0.9%	VA Hospital	2	0.5%
Good Sam	2	0.5%	Volunteers of America	1	0.2%
Guidinglight Mission	1	0.2%	Westshore Counseling	8	1.8%
GVSU	1	0.2%	W. Michigan Counseling	2	0.5%
Harbor House	5	1.2%	Women in Transition	2	0.5%
Head Start	1	0.2%	Miscellaneous Agencies	16	3.7%
Holland Hospital	8	1.8%	Total	434¹	1000%

¹ Inmates may receive more than one referral (266 inmates received a discharge plan)

Table D-1

Cognitive Behavioral Therapy (Post-Jail)
Self Evaluation Survey
Helpfulness of CBT Program

	Number of Responses	Percent of Total
Very Helpful	21	60.0%
Somewhat Helpful	14	40.0%
Don't Know	0	0.0%
Not Very Helpful	0	0.0%
Not At All Helpful	0	0.0%
Total	35	100%

Cognitive Behavioral Therapy (Post-Jail)
Self Evaluation Survey
Satisfaction of CBT Program Facilitator

	Number of Responses	Percent of Total
Very Satisfied	28	80.0%
Somewhat Satisfied	7	20.0%
Don't Know	0	0.0%
Not Very Satisfied	0	0.0%
Not At All Satisfied	0	0.0%
Total	35	100%

Table D-2

Cognitive Behavioral Therapy (Post-Jail)
 Self Evaluation Survey
Program Benefits

	Number of Total Responses	Percent of Total
Taught individual how to evaluate their thinking	25	71.4%
Taught how to make healthy changes/Change is possible	13	37.1%
Being with others going through the same challenges	6	17.1%
Taught individual to accept that their actions were wrong	3	8.6%
Taught individual to evaluate their life	3	8.6%
Helped individual to gain self esteem	3	8.6%
Taught individual that their actions affect others as well	2	5.7%
Taught individual to think about others	2	5.7%
Helped with problems and frustrations on individuals mind	1	2.9%
Alternative to being locked up	1	2.9%
Learned more about drugs and alcohol	1	2.9%
Helped individual to handle change	1	2.9%
Taught individual to let go of anger	1	2.9%
Taught individual to do the right thing	1	2.9%
Taught individual that law is not "out to get them"	1	2.9%
Taught individual to identify what made them mad	1	2.9%
Taught individual to think before they speak	1	2.9%
Taught individual to appreciate life	1	2.9%
Total	67	100%

Table D-3

Cognitive Behavioral Therapy (Post-Jail)
 Self Evaluation Survey
Program Drawbacks

	Number of Total Responses	Percent of Total
No drawbacks	13	37.1%
The location for the program was far away	7	20.0%
Program participation because of being in trouble/jail	6	17.1%
Program was not long enough	5	14.3%
The program was time consuming	4	11.4%
The program needed more group discussion	2	5.7%
Not released from jail until completion of program	2	5.7%
The program needed more people to be involved	2	5.7%
There was no "one on one" evaluation	1	2.9%
The workbooks needed to be longer	1	2.9%
Opened my eyes to see who I really was	1	2.9%
Not geared towards drinking and drugs	1	2.9%
Program should be required	1	2.9%
Not preventative	1	2.9%
Changing is up to individual	1	2.9%
The people in the movie were hard to relate to	1	2.9%
Did not help with anger management	1	2.9%
Geared towards violent crimes	1	2.9%
Made individual think more about life	1	2.9%
Required hard work	1	2.9%
Total	53	100%

Table E-1

Recidivism By Discharge Time Period
 Recidivism After Discharge From Program

Crosstabulation

			Recidivated After Discharge From Program		Total
			Yes	No	
Discharge Time Period	1 to 3 Months	Actual Count	3	41	44
		Expected Count	6.5	37.5	44.0
		% within Discharge Time Period	6.8%	93.2%	100.0%
	4 to 6 Months	Actual Count	13	89	102
		Expected Count	15.0	87.0	102.0
		% within Discharge Time Period	12.7%	87.3%	100.0%
	7 to 9 Months	Actual Count	12	70	82
		Expected Count	12.1	69.9	82.0
		% within Discharge Time Period	14.6%	85.4%	100.0%
	10 to 12 Months	Actual Count	18	79	97
		Expected Count	14.3	82.7	97.0
		% within Discharge Time Period	18.6%	81.4%	100.0%
	13+ Months	Actual Count	11	51	62
		Expected Count	9.1	52.9	62.0
		% within Discharge Time Period	17.7%	82.3%	100.0%
Total	Actual Count	57	330	387	
	Expected Count	57.0	330.0	387.0	
	% within Discharge Time Period	14.7%	85.3%	100.0%	

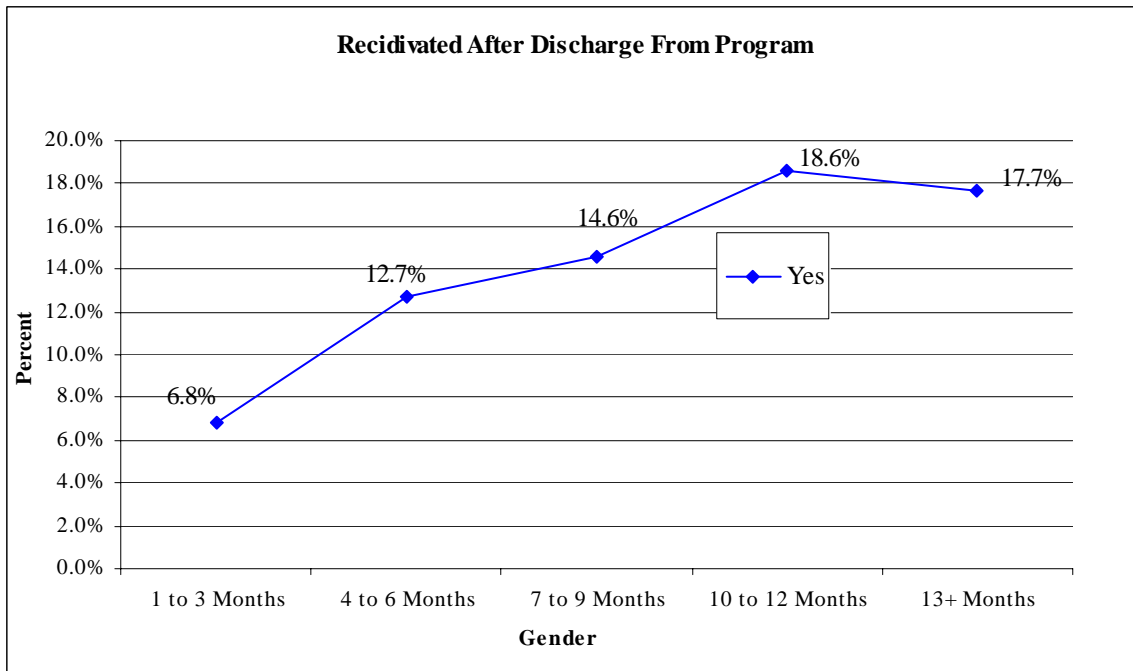


Table E-2

Recidivism By Gender
 Recidivism Discharge Time-Period (1 to 3 Months)

Crosstabulation

			Recidivism Discharge Time Period (1-3 Months)		Total
			Yes	No	
Gender	Male	Actual Count	2	36	38
		Expected Count	2.6	35.4	38.0
		% within Gender	5.3%	94.7%	100.0%
	Female	Actual Count	1	5	6
		Expected Count	.4	5.6	6.0
		% within Gender	16.7%	83.3%	100.0%
Total		Actual Count	3	41	44
		Expected Count	3.0	41.0	44.0
		% within Gender	6.8%	93.2%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	1.061 ^b	1	.303
Likelihood Ratio	.827	1	.363
Linear-by-Linear Association	1.037	1	.309
N of Valid Cases	44		

b. 2 cells (50.0%) have expected count less than 5. The minimum expected count is .41.

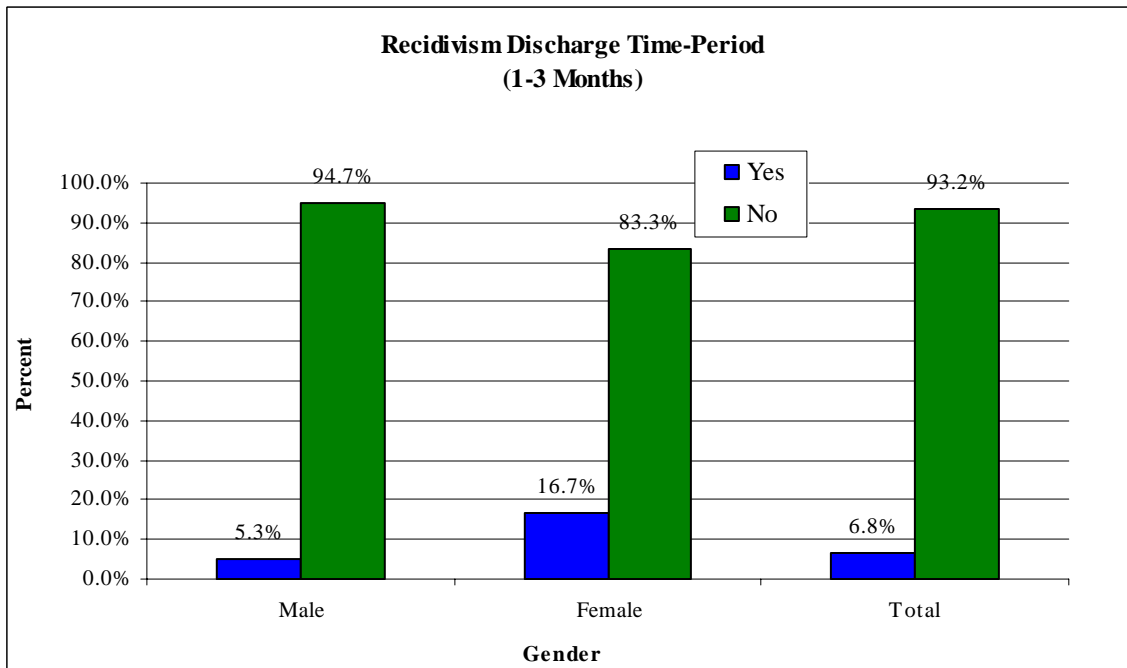


Table E-3

Recidivism By Gender
 Recidivism Discharge Time-Period (4 to 6 Months)

Crosstabulation

			Recidivism Discharge Time Period (4-6 Months)		Total
			Yes	No	
Gender	Male	Actual Count	11	68	79
		Expected Count	10.1	68.9	79.0
		% within Gender	13.9%	86.1%	100.0%
	Female	Actual Count	2	21	23
		Expected Count	2.9	20.1	23.0
		% within Gender	8.7%	91.3%	100.0%
Total		Actual Count	13	89	102
		Expected Count	13.0	89.0	102.0
		% within Gender	12.7%	87.3%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	.438 ^b	1	.508
Likelihood Ratio	.472	1	.492
Linear-by-Linear Association	.434	1	.510
N of Valid Cases	102		

b. 1 cells (25.0%) have expected count less than 5. The minimum expected count is 2.93.

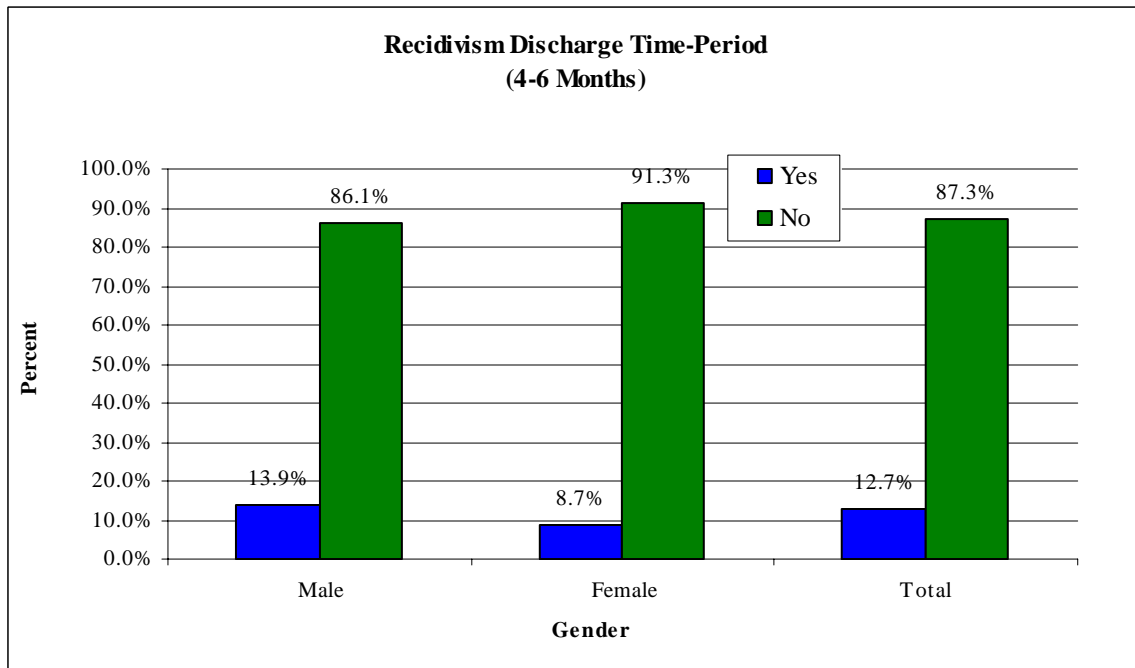


Table E-4

Recidivism By Gender
 Recidivism Discharge Time-Period (7 to 9 Months)

Crosstabulation

			Recidivism Discharge Time Period (7-9 Months)		Total
			Yes	No	
Gender	Male	Actual Count	11	50	61
		Expected Count	8.9	52.1	61.0
		% within Gender	18.0%	82.0%	100.0%
	Female	Actual Count	1	20	21
		Expected Count	3.1	17.9	21.0
		% within Gender	4.8%	95.2%	100.0%
Total		Actual Count	12	70	82
		Expected Count	12.0	70.0	82.0
		% within Gender	14.6%	85.4%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	2.202 ^b	1	.138
Likelihood Ratio	2.664	1	.103
Linear-by-Linear Association	2.175	1	.140
N of Valid Cases	82		

b. 1 cells (25.0%) have expected count less than 5. The minimum expected count is 3.07.

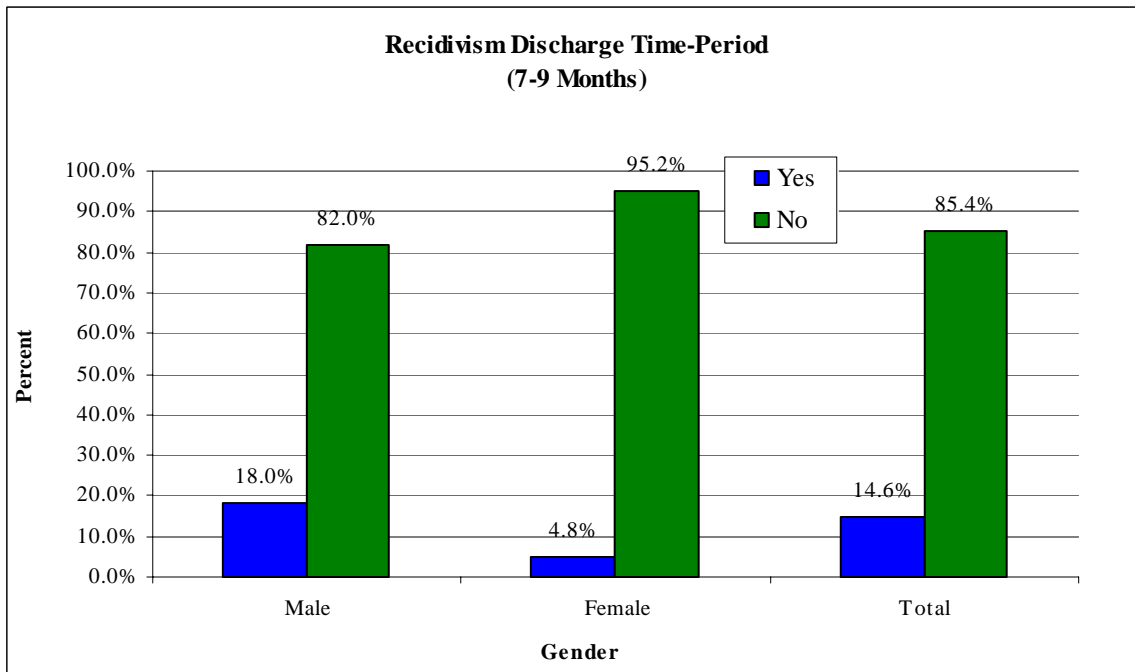


Table E-5

Recidivism By Gender
 Recidivism Discharge Time-Period (10 to 12 Months)

Crosstabulation

			Recidivism Discharge Time Period (10-12 Months)		Total
			Yes	No	
Gender	Male	Actual Count	12	51	63
		Expected Count	11.7	51.3	63.0
		% within Gender	19.0%	81.0%	100.0%
	Female	Actual Count	6	28	34
		Expected Count	6.3	27.7	34.0
		% within Gender	17.6%	82.4%	100.0%
Total		Actual Count	18	79	97
		Expected Count	18.0	79.0	97.0
		% within Gender	18.6%	81.4%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	.029 ^b	1	.866
Likelihood Ratio	.029	1	.865
Linear-by-Linear Association	.028	1	.866
N of Valid Cases	97		

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 6.31.

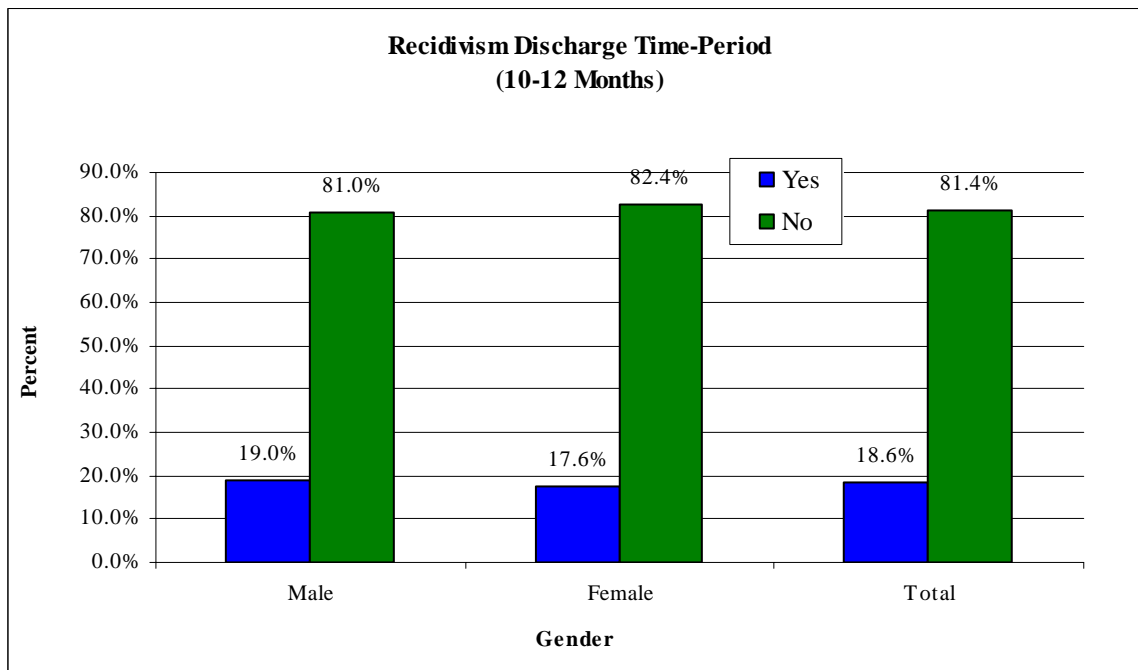


Table E-6

Recidivism By Gender
 Recidivism Discharge Time-Period (13+ Months)

Crosstabulation

			Recidivism Discharge Time Period (13+ Months)		Total
			Yes	No	
Gender	Male	Actual Count	9	38	47
		Expected Count	8.3	38.7	47.0
		% within Gender	19.1%	80.9%	100.0%
	Female	Actual Count	2	13	15
		Expected Count	2.7	12.3	15.0
		% within Gender	13.3%	86.7%	100.0%
Total		Actual Count	11	51	62
		Expected Count	11.0	51.0	62.0
		% within Gender	17.7%	82.3%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	.264 ^b	1	.608
Likelihood Ratio	.277	1	.599
Linear-by-Linear Association	.259	1	.611
N of Valid Cases	62		

a. Computed only for a 2x2 table

b. 1 cells (25.0%) have expected count less than 5. The minimum expected count is 2.66.

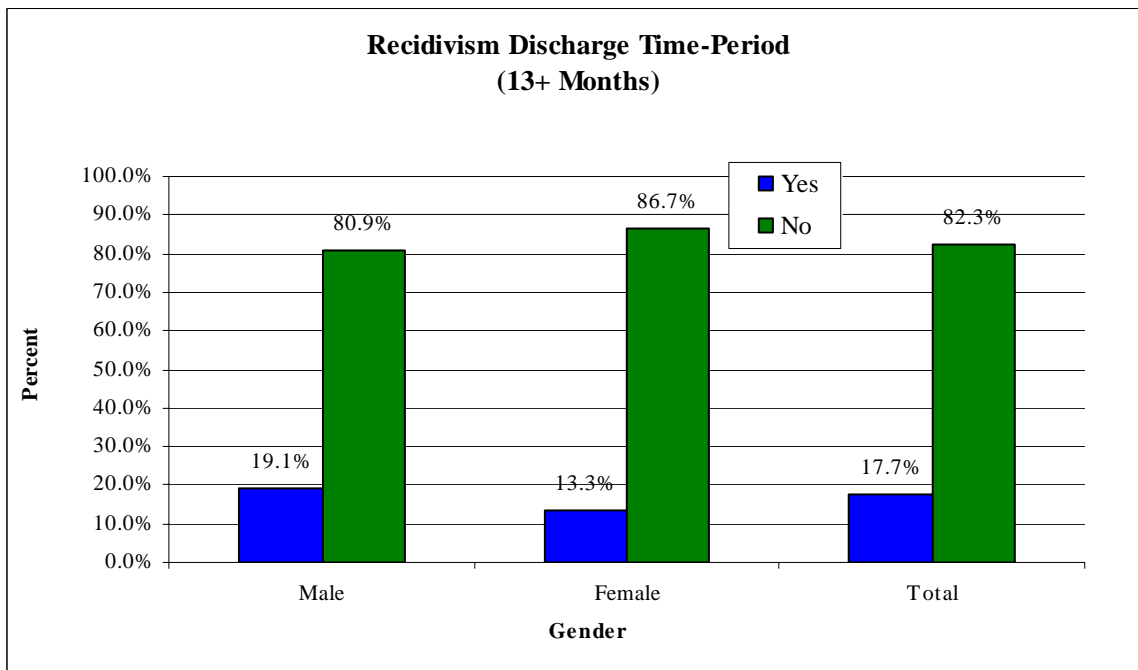


Table E-7

Recidivism By Gender
 Recidivism Discharge Time-Period (1 to 13+ Months)

Crosstabulation

			Recidivism Discharge Time Period (1-13+ Months)		Total
			Yes	No	
Gender	Male	Actual Count	45	243	288
		Expected Count	42.4	245.6	288.0
		% within Gender	15.6%	84.4%	100.0%
	Female	Actual Count	12	87	99
		Expected Count	14.6	84.4	99.0
		% within Gender	12.1%	87.9%	100.0%
Total		Actual Count	57	330	387
		Expected Count	57.0	330.0	387.0
		% within Gender	14.7%	85.3%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	.720 ^b	1	.396
Likelihood Ratio	.746	1	.388
Linear-by-Linear Association	.718	1	.397
N of Valid Cases	387		

a. Computed only for a 2x2 table

b. 0 cells (.0%) have expected count less than 5. The minimum expected count is 14.58.

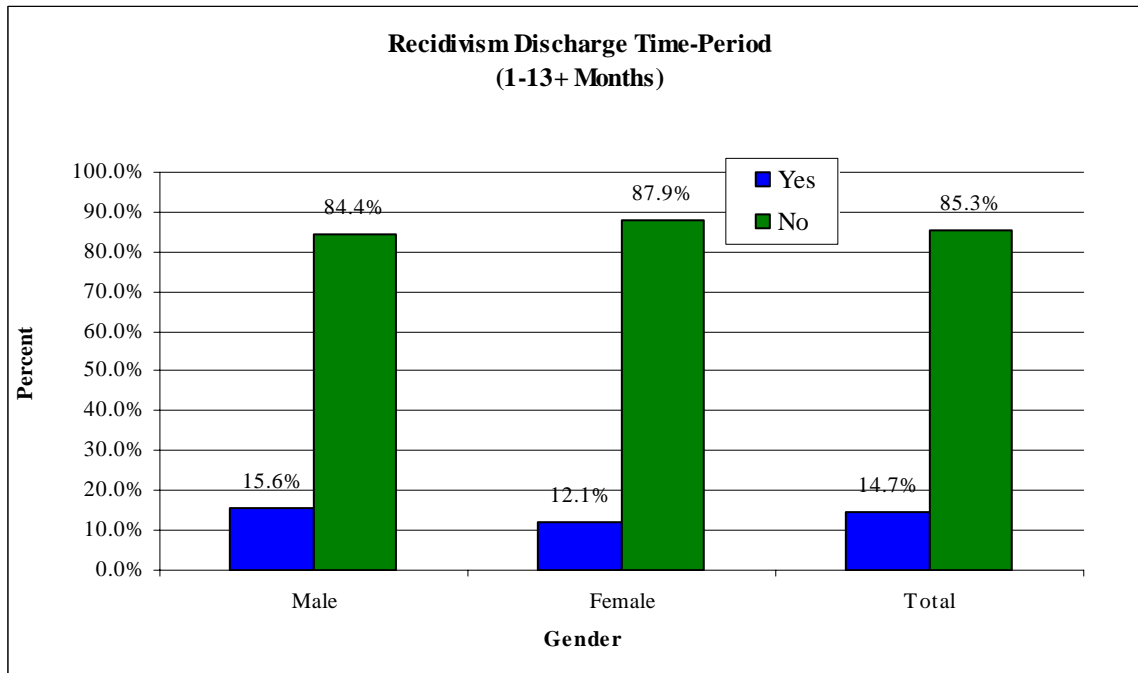


Table E-8

Gatekeeper Program Cost (Between March 2004 and March 2005)

Gatekeeper Program Cost	March 31, 2004 ¹ - September 30, 2004	October 1, 2004 - March 31, 2005	Total Amount
	Amount	Amount	
Salary	\$29,610.20	\$24,840.80	\$54,451.00
Vacation	\$7,880.97	\$0.00	\$7,880.97
FICA	\$2,262.53	\$1,915.30	\$4,177.83
Medical	\$4,092.10	\$4,130.48	\$8,222.58
Life Insurance	\$110.59	\$93.83	\$204.42
Retirement	\$3,910.85	\$3,307.70	\$7,218.55
457 Plan Contributions	\$558.18	\$471.25	\$1,029.43
Dental	\$215.55	\$219.51	\$435.06
Worker's Compensation	\$117.39	\$99.50	\$216.89
Longevity	\$0.00	\$350.00	\$350.00
Unemployment	\$44.91	\$38.16	\$83.07
Optical	\$69.34	\$65.69	\$135.03
Disability	\$97.51	\$87.58	\$185.09
Sub-Total	\$48,970.12	\$35,619.80	\$84,589.92
Office Equipment²			
Computer & Monitor	\$1,140.50	\$0.00	\$1,140.50
Printer	\$192.41	\$0.00	\$192.41
Workspace (100 square feet) ³	\$262.50	\$262.50	\$525.00
General Office Expenditures ⁴	\$1,842.19	\$750.58	\$2,592.77
Sub-Total	\$3,437.60	\$1,013.08	\$4,450.68
Total Program Cost	\$52,407.72	\$36,632.88	\$89,040.60
Amount Reimbursed By Public Acts			
PA 511 (Community Corrections Grant)	\$12,755.00	\$12,755.00	\$25,510.00
PA 154 (OUIL III/Alcohol Assessments)	\$3,809.95	\$1,340.00	\$5,149.95
PA 2	\$34,247.36	\$22,275.38	\$56,522.74
Total Reimbursement	\$50,812.31	\$36,370.38	\$87,182.69
Total Cost to County General Fund⁵	\$1,595.41	\$262.50	\$1,857.91

¹ Gatekeeper Coordinator was hired March 8, 2004, however, expenses were not recorded until March 31, 2004

² All costs are considered direct expenses, i.e. 'paid in full'

³ Based on cost per square foot (\$5.25 annually) for the following: utilities, buildings & grounds personnel, and maintenance

⁴ Includes mileage, conference expenses, office supplies, publications, and alcohol/risk assessments

⁵ Computer, monitor, and printer (\$1,332.91) were from the Community Corrections budget

Gatekeeper Costs Per Person (Between March 2004 and March 2005)

Gatekeeper Cases	Total Program Cost (Per Person)	Total Cost to County General Fund (Per Person)	County Percent of Total Program Cost
Total Gatekeeper Cases (403)	\$220.94	\$4.61	2.00%

**Table F
Comparison Jail Programs**

	Kalamazoo	Ingham	Grand Traverse	Saginaw	Macomb	Ottawa
SUBSTANCE ABUSE						
Alcoholics Anonymous (AA)	√	√	√	√	√	√
Narcotics Anonymous (NA)	√	√	√	√	√	
FA (Families Anonymous)					√	
Alcohol for Christ			√			
Substance Abuse & Life Skills			√			
Substance Abuse Track 1					√	
Substance Abuse Track 2					√	
One-on-One Counseling						√
Families Victorious						√
EDUCATIONAL						
GED	√	√	√	√	√	√
Vocational Training					√	
Literacy Program					√	
PARENTING						
Parenting Guidance			√		√	
Parenting & Nutrition					√	
SPIRITUAL						
Forgotten Man Ministries (Bible Study)	√	√	√	√		√
Walk Throughs	√	√		√		√
One-on-One Counseling					√	
MENTAL HEALTH						
Community Mental Health	1 staff, assessment if mental health treatment needed	5 staff, group sessions for anyone assessments if needed (5 days/week 8-5)	1 staff - assessments only - once a day and on-call during weekends	1 staff - counseling all severity levels (5 days/week 8-5)	Dual diagnosis of mental health and substance abuse	30 hours a week severe mental health cases
Holiday Blues (Suicide Prevention)					√	
Mental Health Diversion 1					√	
Mental Health Diversion 2					√	
Mental Health Diversion 3					√	
Coping with Confinement						√
MISCELLANEOUS						
Freedom For Women (Holistic)						√
A Time to Heal (Counseling)				√		√
Cognitive Behavioral Therapy (Thinking Skills)				√		√
Anger Management (Counseling)				√		√
Living Consciously (Counseling)						√
Life Strategies (Holistic)						√
Coping with Confinement (Holistic)						√
TOTAL PROGRAMS	6	6	8	9	16	15
AVERAGE DAILY INMATE POPULATION	370	696	150	508	1500	340
PROGRAM TO INMATE POP. RATIO	0.016	0.009	0.050	0.018	0.011	0.044
COUNTY POPULATION (2004)	240,724	280,073	82,752	209,062	822,660	252,351
POPULATION TO INMATE RATIO	0.0015	0.0025	0.0018	0.0024	0.0018	0.0013



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