

Local School Wellness Policy  
Triennial Progress Assessment

**1. Is the Ottawa County Juvenile Detention Center in compliance with the Local School Wellness Policy?**

The Ottawa County Juvenile Detention Center is in compliance with the Local Wellness policy in regards to triennial assessments, notification to the public, school meals, water, nutrition education, nutritional promotion, physical activity opportunities, health education, and physical education, social-emotional climate, and community involvement.

**2. Does the Ottawa County Juvenile Detention Center's Local School Wellness Policy Compare to the Alliance for a Healthier Generation's model wellness policy? If not, in what ways does it differ?**

The Ottawa County Juvenile Detention Center's Local School Wellness Policy does compare in some aspects to that of the Alliance for a Healthier Generation. The OCJDC highlights four components, including Nutrition, Nutrition Education, Physical Activities, and Other School-Based Activities. Within these components, OCJDC outlines their adherence and commitment to the following Alliance for a Healthier Generation Wellness Policy Guidelines: School Meals, Water, Nutrition Education, Nutritional Promotion, Physical Activity Opportunities, Health Education, Physical Education, Social-emotional Climate, and Community Involvement. The following aspects are indicated in the Alliance for a Healthier Generation Wellness Policy Guidelines, while not specified in the Ottawa County Juvenile Detention Center's Local Wellness Policy: District Wellness Council, Celebrations and Rewards, Counseling, Psychological and Social Services, Physical Environment, Employee wellness, and Caregiver (Family) Engagement. Although these topics are not explicitly covered in the Ottawa County Juvenile Detention Center's Local Wellness Policy, some of them may appear in OCJDC's other forms of policy.

**3. How has the Ottawa County Juvenile Detention Center progressed toward the goals of the Local School Wellness Policy?**

Here is what OCJDC is doing to continue to meet and improve the adherence to the standards of the Alliance for a Healthier Generation Model Local School Wellness Policy:

1. Supplemental teaching from Kylie Buist and a Hope Nursing student (a new student rotates through and "recycling" of material will both occur every 8 weeks).
  - a. Topics such as nutrition, sleep hygiene, physical activity, and the social-emotional environment will be discussed in each of these 8 week blocks to

cover necessary aspects of the wellness policy. Educational time happens once a week.

- b. Topics may remain the same but the material may vary between these 8 weeks in order to account for the youth that has already received this information from the weeks prior
  - c. The student and Professor Buist will continue to assess the needs of the OCJDC and the aspects of the Alliance for a Healthier Generation Model Local School Wellness Policy to determine educational topics
2. Staff will go over goals to meet the wellness policy amongst themselves and with the youth. Goals will be discussed and incorporated into the school day.
  3. Staff will model healthy choices and encourage the youth to make healthy choices.
  4. The Hope College Nursing student will provide material for the permanent OCJDC staff to use as they see fit in order to be in continued compliance with the wellness program. This supplemental material may be something the staff utilizes once a month, or every other month etc. A handout for the students may accompany the material.
  5. OCJDC will look into new opportunities to provide fruit or other healthy options for snacks during the day, as able.

**Date Completed: 11/27/2023**