

Community Mental Health of Ottawa County

Skill Building Provider List

Assessment

Disability Network Lakeshore (DNL) offers vocational evaluation services backed by over ten years of vocational assessment experience. While performing said evaluations, trained staff adheres to the

Professional Vocational Evaluator Guidelines of Professional Conduct. DNL utilizes a team approach to further ensure assessment quality and accuracy. This means all individual evaluations are subject to an objective review prior to dissemination. DNL's internal structure of oversight offers an additional guarantee. Both the Program Director and Director of Employment services have over thirty years of combined experience working with individuals of all abilities and providing employment based services. This supplemental layer of supervision further establishes DNL's expertise as a provider of vocational services.

Skill Bulding Providers

Provider	Location	Facility/Community Based	Support Needs
Indian Trails	Holland, Allendale	Facility/Community	Mild, Moderate
Pioneer	Grand Haven	Facility/Community	Mild, Moderate
Bella Vita	Holland	Facility	All
Goodwill	Holland	Facility/Community	Mild
Preferred	Holland, Grand Haven	Community	Mild, Moderate
Heritage Homes	Allendale	Facility	Severe
Hope Network	Grand Rapids	Facility	Mild, Moderate
MOKA	All over	Community	Severe

Support Employment/Competitive Employment Providers

Provider	Location	Facility/Community Based	Support Needs
Goodwill	Holland/As needed	N/A	All
Preferred	Holland/As needed	N/A	All

Provider	Program Description
Indian Trails	Indian Trails Camp's Community Integrated Skill-Building Services goal is to assist each individual in maintaining and increasing their independence and economic self-sufficiency by focusing on their goals and objectives as stated in their Person-Centered Plan. ITC provides opportunities for individuals to engage in preferred activities, sensory exercises, interaction with preferred individual(s) and taking “breaks” from stimulating environments. Our Community Integrated Skill-Building Services focus on the following items all integrated in a community based model and include 1)Work Skill Development, 2) Safety Skill Development, 3) Leisure and Relationship Skill Development, 4) Leadership Development. ITC's Community Integrated Skill-Building Services is dedicated to working directly with the consumer, parent(s) or guardian, and Supports Coordinator to tailor services around each individual consumers needs.
Pioneer	Pioneer Resources has provided Skill Building Assistance in Muskegon County for many years and can bring this to Ottawa. PR has offered SB using the program name “PLUS” which stands for People Learning Useful Skills. It is important to point out that the PLUS program has endeavored to work on a broad range of personal skills through volunteering, but also by offering tracks that individuals can select. These include Cooking and Gardening, Woodworking and Fitness Activities. By arranging the program like a selection of “classes” that a college student might have, the individual not only learns soft skills, but may pick up an avocation or hobby in the process that can lead to a lifetime of quality, meaningful and healthy involvements.
Bella Vita	Life Arts in a group learning and enrichment program offered for adults aged 18 and older. It gives participants the opportunity to learn and discover new skills, increase social skills, make new friends, become healthier, and achieve a greater sense of wellbeing and life satisfaction. The program meets M-F from 8am to 8pm, and the individuals may participate in whatever activities or classes

	<p>they wish. Each class is adaptable for all individuals of varying levels of challenges, support needs and learning/participation levels. All classes have clear curriculums and include measurable learning objectives.</p>
<p>Goodwill-Community Exploration</p>	<p>Community Exploration is a community based program where individuals get an opportunity to participate in activities that focus on community awareness, resources, educational learning and a range of volunteer opportunities. Staff complete daily case notes to track soft skill development while out in the community. These notes are important and become part of the PCP process to determine strengths, areas for improvement, and possible transfer into different services. Each group is staffed one staff to 7 consumers.</p>
<p>Goodwill- Impactful Integration</p>	<p>Impactful Integration is a low ratio, community integration service option. It offers customized integration activities where individuals can learn about employment specific skills. This is a good option for people who are looking to bridge the divide between center-based programming and competitive employment.</p>
<p>Goodwill-Customized Skill Building</p>	<p>This is a center based skill building program designed to maximize growth and learning for people. It is carried out through two types of services delivery. 1) Paid vocational training and 2) Classroom based instruction learning. The skills classroom is designed to meet the needs of those we are services. Based on consumer goals, they will have the opportunity to participate in classroom activities that will help them gain skills towards community based employment and independence.</p>
<p>Preferred</p>	<p>Job Readiness Group - Weekly activities geared toward work preparation and barrier resolution. Individual “Support Plan” developed and practiced. Assessment of basic skills necessary to obtain and maintain employment such as, attendance, motivation, ability to follow directions, social skills, intensive problem solving, communication skills, and anger management strategies. Job Search Group - Weekly planning meetings to identify and pursue job leads. Assistance with applications and interviews will also be provided. PEELS provides an array of services and activities to support skill building through both classroom, and volunteer opportunities in the community. Both one to one, and small group options are available to meet the goals in each “Person Centered Plan”. PEELS can also develop specific programming as needed for individuals, and respond to common areas of interest in a small group setting.</p>
<p>Heritage Homes</p>	<p>The Smith Daytime Enrichment service is intended to meet the needs of highly medically & sensory involved individuals. The program is developed to have the ability to accommodate individuals using large wheelchairs & require or enjoy use of adaptive equipment such as a tilt table, stander, therapy platform &</p>

	<p>sensory swings. Smith Daytime Enrichment will work closely with CMH authorized clinical providers to assure support plans are implemented in care needs such as safe eating, ROM, care for seizure disorders, etc. The services will be delivered in a group atmosphere in Allendale, Michigan (Smith Home 9656 68th, Allendale) with daily opportunities for individualized or very small group activities, and to participate in & fully access the surrounding community. The adult daytime program & the children’s respite programs will operate during separately defined periods. Smith has large open activity rooms as well as small rooms for private therapies or activities to take place. The building is fully accessible & includes showering, laundry, kitchen & outdoor amenities.</p>
<p>Hope Network</p>	<p>The opportunity for Skill Building includes 1) Temporary Work Experience (TWE): Supervised community work experience from one day to ninety days to enhance work skills and assess job readiness and explore interests, 2) Job Shadowing: Following a person who has a job an individual has interest in the community see what the job entails and assess interest, 3) Community Career Exploration: Individuals or in small groups go out in the community to explore work opportunities and personal employment interests, 4) Futures and Options Training (FOT): Facility based intense two week training which provides individualized instruction with practice in skills to help participants take the next step in finding and keeping a job in the community, 5) Training Workshops: Developed to assist individuals to build transitional skills to assist people to move to their highest desired vocational level including competitive employment. Training Workshops include: Career Exploration, Communication Skills/Social Skills, Work Place Safety Skills, Emotional Readiness, Professional Appearance, Time and Attendance, Health and Wellness, Stamina and Exercise, Character Development, Role Playing, Job Specific Skills, etc.</p>
<p>MOKA</p>	<p>Summa is designed to equip people with the skills that allow them to be integrated into their communities by using the community as our classroom. Individuals in Summa will be participating in activities to help develop relationships and their knowledge and utilization of current community resources. Supports Adults with significant disabilities who are interested in self and community discovery and working towards increased self-sufficiency. The program is for individuals who need to enhance their coping skills and increase their awareness around behaviors. The individuals in this group may need time in the areas of physical therapy and/or occupational therapy in which we will work with their treatment team to coordinate them working with their PT and/or OT. We will provide higher ratios of staff to individuals served of 2:6.</p>