Prompt for Recommended Monitoring of Medication Treatment
Based on Community Mental Health of Ottawa County’s Mediation Committee Manual

TYPICAL ANTIPSYCHOTICS

Baseline:
- CBC with differential
- AIMS
- Liver Enzymes
- Consult with primary physician regarding baseline ECG if history of significant cardiac disorder or age >65

Monitor:
- CBC with differential and liver enzymes annually
- AIMS quarterly (exception for patient on no antipsychotic except clozapine)

Exceptions:
1. Clozapine: Additional weekly WBC for first six (6) months and monitored every two (2) or four (4) weeks with WBC and ANC as per protocol (Novartis)
2. Mellaril: Routine EKG recommended

ATYPICAL ANTIPSYCHOTICS

- Triglycerides baseline & quarterly if elevated (or refer to the Primary Care Physician)
- Fasting blood sugar initially and every three (3) months if family history or symptoms (or refer to the Primary Care Physician)
- Fasting blood sugar initially and annually if no family history or symptoms

ANTICONVULSANTS

Depakote (Valproic Acid)

Baseline:
- CBC with differential and liver enzymes

Monitor:
- CBC with differential and liver enzymes annually
- Serum level within three (3) months and as clinically indicated

Tegretol (Carbamazapine)

Baseline:
- CBC with differential and liver enzymes
- Liver enzymes

Monitor:
- CBC with differential and liver enzymes annually
- Serum level within three (3) months, and as clinically indicated

Topamax

Baseline:
- Bicarbonate level after one (1) month of therapy (if clinically indicated)

ANTIDEPRESSANTS

Baseline:
- Tricyclic Antidepressant: Consult with primary physician regarding baseline ECG if history of significant cardiac disorder or age <16 or >65
- SSNRI: Blood pressure monitoring (Effexor and Cymbalta)
- Asendin: AIMS test

Exceptions:
1. Marplan, Nardil and Parnate: Special diet recommended

LITHIUM

Baseline:
- CBC with differential
- Serum Creatinine, BUN, TSH, and UA annually
- Consult with primary physician regarding baseline ECG if history of significant cardiac disorder or age <16 or > 65

Monitor:
- Serum Creatinine, BUN, TSH, and UA annually
- Lithium levels 5-14 days after a dose change, then every six (6) months

ADHD AGENTS

Strattera and Provigil (Modafinil):
- Liver enzymes at baseline

All Stimulants:
- Blood pressure and pulse monitoring
- Monitor weight for children

Footnotes:
1. Drug level monitoring should be a trough level
2. Liver Enzymes refers to one or more enzymes
3. Baseline conditions exist when medication therapy has been interrupted for more than 6 months.