

Service Providers Matrix
Mental Health Resources

Agency	Address	City	Zip	Phone	Website	Service	Eligibility	Fee	Insurance	Groups
Balanced Life Support Group	195 W. 13th St.	Holland	49423	616-396-3688		Support group for family/friends of persons w/ mental illness		None		
Beacon of Hope	788 Columbia Avenue	Holland-Grandville	49423	616-594-5380	http://beaconhope.net	Individual Counseling	Uninsured	Donations appreciated	None	
Bethany Christian Services	12048 James Street	Holland and Grand Haven	49424	616 396-0623 or 616-224-7550	http://www.bethany.org/holland_or http://www.bethany.org/grandhaven	Individual, family counseling, Safe Families respite care			Medicaid HMO's, Commercial Insurance	
Bethany Christian Services of Grand Rapids	901 Eastern Ave NE	Grand Rapids	49501	616-224-7550	http://www.bethany.org/grandrapids	Individual, family counseling and psychiatry to current patients who also receive therapy			Medicaid HMO's, Commercial Insurance	
BRAINS	3292 Evergreen Dr. NE	Grand Rapids	49525	616-365-8920	www.brainspotential.com	Individual Therapy, Child and Adolescent Therapy, Family Therapy, Couples Therapy, Group Therapy, Nero Feedback Testing, ADD/ADHD Testing, & other Testing	in order for MD/PH recipients to obtain Autism testing through BRAINS, they must ask for "neuropsychological testing"	Sliding Fee Scale	Medicaid (Priority Health only), Commercial Insurance	
Catholic Charities of West Michigan	355 Settlers Rd.	Holland	49423	616-796-9595	http://ccwestmi.org/	Individual and Family Counseling, ADD/ADHD Testing, Adolescent Substance Use Treatment		Sliding Fee Scale	All including Medicaid HMO's, (including Molina) and Blue Cross	

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Center for Counseling and Psychological Services	200 Ionia S.W.	Grand Rapids	49503	616-771-4171	http://www.wmich.edu/grandrapids/counselingclinic.php	Counseling, Individual, Marriage, Career, Family, Psychological Testing, ADHD Testing	Southwestern Michigan	Sliding Fee Scale: \$15 - \$35 ADHD Testing \$250 to \$300	No	Have groups from time to time. Call to check.
Center for Family Development	347 Hoover Blvd.Suite A	Holland	49423	616-723-0180	http://www.hollandtherapy.com/	Individual, Couples and Family Counseling, Assesments, Testing			Priority Health Medicaid, most Commercial Insurances	
Center for Women in Transition	411 Butternut	Holland	49424	800-848-5991	www.cwitmi.org	Domestic Abuse Services, Child Play Therapy, Sexual Assault Services, Legal Advocacy, Transitiona Housing	Kids/adolescents ages 3 to 18 that have been traumatized due to witnessing domestic violence within the home.	Free		Weekly Support Groups (Call for current listing)
Cherry Street Health Services	100 Cherry St. SE	Grand Rapids	49503	Central Registration 616-965-8200 ext. 7235	http://www.cherryhealth.org/	Counseling and Substance Use Treatment		Sliding Fee Scale	Private Insurance, Medicare, and Medicaid	
Community Health Center	336 South River Avenue	Holland	49423	616-394-3788 800-319-3330	http://hollandcommunityhealthcenter.org/	Primary Care Services for Adults & Children		Sliding Fee Scale	Medicad, Medicare, Private pay, Commercial Insurance	
Emerging Paths Denise Griggs	76 Peck Street	Muskegon Grand Haven		231-727-2901 616-581-1701	www.emergingpaths.com	Individual, Couples, Family and Group Counseling for Adults or Children Adult & Children		Sliding Fee Scale	Medicare, Medicaid (Meridian, Molina, Priority Health, United), Most Commercial Insurance	
Divorce Care & Divorce Care for Kids (Fair Haven Ministries)	2900 Baldwin	Hudsonville	49426	616-662-2100	www.fhmin.org	Divorce Support Group		Sliding Scale, Scholarship available to church/class attendees, pay for class materiels	N/A	<u>Mondays</u> at Fair Haven Ministries from 6:30pm-8:30pm.
Dr. James Hoeksema	720 E. 8th St., Ste. 2	Holland	49423	616-355-0473	http://www.jameshoeksema.com/	Counseling and Sex Offender Therapy				Facilitate 5 groups for sex offenders.
Encourage Counseling	607 Heritage Court	Holland	49423	616-396-6285	www.encouragecounseling.com	Individual, Couples, and Group Counseling and Substance Use Treatment, LGBT Counseling		Sliding Fee Scale	Priority Health Medicaid, Most commercial	

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Family Hope Foundation	7086 8th Ave.	Jenison	49428	616-780-3839	www.thefamilyhopefoundation.org	Provide grants for families with children to receive therapy (including physical, occupational, speech, music, recreational, massage, psychology and psychiatry) not covered by insurances.	Scholarship Application Due on April 1 and October 1			
Fair Haven Ministries	2900 Baldwin	Hudsonville	49426	616-662-2100	www.fhmin.org	Support Groups	Adults dealing with grief - contact for more information			Grief Support for Adults: Sundays 3p-5p and Mondays 6:30p-8:30p Single Parent Support Group: Mondays 7p-8:30p
Harvest Bible Church	15020 Stanton	West Olive	49464	616-786-2233	www.harvestwestolive.org	Biblical Counseling				
Holland Behavioral Health	854 S. Washington Avenue	Holland	49423	616-355-3926	www.hollandhospital.org	Individual Counseling for Adults and Children, Substance Use Treatment for Adults			Commercial Insurance, Medicaid (Priority Health only), and Medicare	
Holland Drop In Center	636 Hastings Street	Holland	49423	616-355-2207	www.hollanddropin.org	Peer Support, groups, classes. Consumer run	Adults with Mental Illness			Contact for Current Listing
Holland Free Health Clinic	99 W. 26th Street	Holland	49423	616-392-3610	www.hfclinic.org	Individual Counseling, Prescription Assistance	Adults with Mental Illness who live in Holland	None	N/A	
Human Resource Associates PC. (Matthew Ready LMSW CAADC)	1101 Columbus Ave.	Grand Haven	49417	616-458-0692, 1-800-237-2673	Email: mready44@yahoo.com			Sliding Fee Scale	Priority Health Medicaid, Commercial Insurance	
Isabel's House	107 S. Division Street	Spring Lake	49456	616-847-0207	www.isabelhousecounseling.com	Individual, Children, Marital, and Family Counseling	Adults and Children, Accepts referrals from TCM Counseling	None	Medicaid HMO's, Medicare, and Commercial Insurance	
Jenison Psychological Services	1836 Baldwin Street	Jenison	49428	616-457-0016	www.jenisonpsych.com	Individual therapy		Sliding Fee Scale	Commercial Insurance	
Joe Kohley	2976 Ivanrest Ave SW Ste 205	Grandville	49451	616-261-0888		Children				
Lakeshore Baptist Church	13664 Lakeshore Dr.	Grand Haven	49417	616-842-8240	www.lakeshorebaptistchurch.com	Biblical Counseling				
Lazarus Recovery Institute	100 Fairbanks Ave, Suite E5	Holland	49423	616-594-0480	www.lazarusrecoveryinstitute.com	Counseling, Life Coach for sexuality struggles/addiction, pornography, divorce, addiction recovery	Men Only	Fees vary, some scholarships available.		

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Kowalski Counseling	41 Washington Ave Suite 384	Grand Haven	49417	231-683-9890	www.KowalskiCounseling.com	Individual, Couples, Family, and Adolescent/Child Counseling, Substance Use Counseling		Sliding fee scale starting at \$30.00	BCBS, Medicare, United Healthcare, and Medicaid HMOs Will accept Medicare only if individual is unable to afford the co-pay..	Some women's groups
Midtown Counseling	96 West 15th Street	Holland	49423	616-594-7135	http://midtowncounseling.org/index.html	Individual Therapy for Adults and Children		Minimum Fee of \$25 The regular for a counseling session is \$70	Blue Cross, ASR and Priority Health	
Northwest Counseling	4175 3 Mile Road NW	Walker	49534	616-453-6100	http://www.nw-counseling.com/index.html	Counseling Services for Adults, Families, and Children		Group Fee \$5	Commercial Insurance, Medicaid (HMO's Only), Medicare	Food Addictions Support Group meets the 2nd and 4th Saturday of each month from 11am-12pm.
Odyssey Depression and Bipolar support Group	920 Fulton St	Grand Haven	49417	Contact Hellen 616-844-0927	St. Patricks Catholic Church	First & Third Monday of each month @ 7pm to 9pm	Adults diagnosed with Depression or Bipolar			
Orchard Hill Church Judy Bogart &	1465 3 Mile Road	Grand Rapids	49544	616-784-5095	http://www.orchardhill.org/default.aspx			Sliding Scale: \$20 - \$60 per Session	Medicare	
Pathways	412 Century Lane 321 S. Beechtree	Holland Grand Haven	49423	616-396-2301 616-846-5880	www.pathwaysmi.org	Individual Counseling, Substance Use Services (Adult and Adolescent), Support Groups		Sliding Fee Scale	Medicaid HMO's and Commercial Insurance	Just for Dads (Holland or Grand Haven), Families of Children with Special Needs (Holland), Circle of Parents (Holland or Jenison)
Pine Rest - North Shore Clinic	17325 VanWagner Rd.	Spring Lake	49456	616-847-5145	www.pinerest.org/north-shore-grand-haven-muskegon	Counseling, Psychiatric Services,			Commercial Insurance & Medicare	
Pine Rest - Zeeland Clinic	8333 Feltch Street, Suiet 201	Zeeland	49464	616-741-3790	www.pinerest.org/zeeland	Counseling, Psychiatric Services			Commercial Insurance & Medicare	
Pine Rest - Grand Rapids Campus	300 68th St SE	Grand Rapids	49501	616-455-5000	http://www.pinerest.org/counseling-outpatient-services	Counseling, Psychiatric Services			Commercial Insurance & Medicare	
Pine Rest - Holland	926 S. Washington, Suiet 210	Holland	49423	616-820-3780	www.pinerest.org/holland	Counseling, Psychiatric Services, Substance Use Treatment			Commercial Insurance & Medicare	
Postpartum Adjustment Group	North Ottawa Community Health	Grand Haven	49417	616-847-5512		Group Therapy				Postpartum Adjustment Group: 7p-8:30p the second and fourth Thursday of the month

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Providence Church of Holland	821 Ottawa Avenue	Holland	49423	616-396-5661	www.providencechurch.net	Individual Counseling				
Starlight Ministries	PO Box 161	Hudsonville	49426	616-212-1999	www.starlightmin.org	Grief Counseling for youth	Youth - Contact for more information	N/A	N/A	Twinkle Tots, Shooting Stars, Big Dippers, Super Novas, All Stars and Stargazers
TCM Counseling	120 South 5th Street	Grand Haven	49417	616-842-9160	www.tcmcounseling.org	Individual and Group Counseling	Grand Haven, Spring Lake or Ferrysburg Residents only	Sliding Scale: \$6 - \$50 based on income. If unable to afford minimum may volunteer to pay for therapy.	Commercial Insurance, Medicaid Health Plans (Health Plan of MI and Priority Health), Medicare (will waive co-pay) & Uninsured	Men & Women's Support Groups (Free), Anger Management (\$5 co-pay) on Monday's 5:30pm - 6:30pm, Love & Logic Parenting (Call for Info), and Women w/ Chronic Illnesses (Call for Info), Teen Girl Support Group (\$5 co-pay)
West Shore Counseling Services	426 Century Lane, Suite 400	Holland	49423	616-355-3000	www.westshorecounseling.com	Group Therapy	Male	Sliding Scale \$25 - \$45		Anger Management, Recovery for Men, Recovery Paths (Young Men with Substance Abuse), Batterer Accountability
Winning At Home	300 South State St Suite 13	Zeeland	49464	(616) 772.1733	http://winningathome.com/	Individual therapy, couples & families		Sliding Fee Scale	Commercial Insurance	
Full Life Christian Counseling	100 Pine Street, # 120	Zeeland	49464	616-834-4602	www.tothefull.net	Individual and Couples Therapy	Contact person: Tom Boss	Min. fee, \$20.00 to \$65.00 (sliding fee scale)		
Psychological Services Center	1703 S De Spelder St	Grand Haven	49417	(616) 842- 1277	http://www.psysserv.com/	Individual therapy			Commercial Insurance, Medicaid (Priority Health Ony)	
Clear Vision Counseling - City on a Hill	100 Pine St.Suite 175	Zeeland	49464	616-748-6043	www.coahm.org	Individual therapy				
Terry Lanigan LMSW, ACSW, CFT	233 Washington Ave Suite 212	Grand Haven	49417	616-502-0739	http://www.terrylanigan.com/	Individual, Marriage, Family counseling			Commercial, Priority Health HMO, PPO, Medicaid, Medicare	
Vet Center	2050 Breton St.	Grand Rapids		616-285-5795		Individual, Marital, Family and Group Counseling, Bereavement, Assistance in applying for VA benefits, Employment Referreal, Sexual Trauma Counseling	Service in a Combat Theater, Experienced Sexual Harrassment or Trauma while on active duty, family members of a deceased veteran who died during active duty			
Vets Crisis Line				800-273-8255 or Text 838255	www.veteranscrisisline.net					

