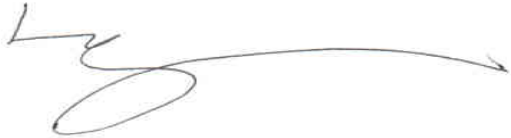


**EDUCATION**

CHAPTER: 5	SECTION: 2	SUBJECT: EDUCATION
TITLE: <b>CARE RELATED EDUCATION</b>		
EFFECTIVE DATE: <b>12/15/95</b>	REVISED/REVIEWED DATE: <b>09/07/99, 08/01/03, 01/17/06, 8/7/07, 3/29/12, 5/10/13, 6/19/14, 5/21/15, 9/1/16</b>	
ISSUED AND APPROVED BY:  EXECUTIVE DIRECTOR		

**I PURPOSE**

To establish policy to improve individual outcomes by prompting healthy behavior through education and information, and appropriately involving individuals and their families in their treatment, care, or service decisions.

**II APPLICATION**

To all Community Mental Health of Ottawa County (CMHOC) operated and contracted programs as specified by contract.

**III DEFINITIONS**

**Care-related education** involves the following:

- Facilitating the individual's or family's understanding of the individual's behavioral health status, options, and consequences of treatment, care and service choices;
- Encouraging individual or family participation in the decision-making process about behavioral health care options;
- Increasing the individual's or family's ability to cope with the individual's behavioral health status, prognosis or outcome;
- Enhancing individual or family participation in continuing treatment, care or services; promoting healthy lifestyles.

**IV POLICY**

It is the policy of CMHOC to provide care related education and information as appropriate to the care and services being provided.

**V PROCEDURE**

1. Customer Services and treatment staff of CMHOC provides educational and informational material for consumers in an understandable manner. Staff are available for any consumer questions or further clarification of material.
2. CMHOC staff will explain identified needs, diagnoses, and prognoses to individuals and, when appropriate, families/guardians.
3. CMHOC staff will provide information about assessment and treatment, care, and service options in a manner that facilitates understanding and elicits the individual's active participation in treatment, care, and service planning. This includes medication pamphlets and leaflets which explain the uses of medication, the side effects of medication, the dosages of medications, other medication interactions, and proper storage of prescribed medications.
4. The individual receives education and training specific to the individual's assessed needs, abilities, learning preferences, and readiness to learn.

5. CMHOC will educate individuals about their individual responsibilities in their own care.

**VI ATTACHMENT**

Not applicable.

**VII REFERENCE**

Not applicable.