


CHAPTER: 4	SECTION: 28	SUBJECT: <b>INDIVIDUAL CARE TO CONSUMERS</b>
TITLE: <b>THERAPEUTIC ACTIVITY</b>		
EFFECTIVE DATE: 11/02/98	REVISED/REVIEWED DATE: 7/05/01, 1/03/02, 3/15/05, 3/07/06, 2/05/08, 12/31/09, 1/16/12, 3/25/13, 6/19/14, 5/26/15, 5/13/16, 4/30/17	
ISSUED AND APPROVED BY:  EXECUTIVE DIRECTOR		

**I. PURPOSE:**

To establish policy and procedure concerning consumer work and therapeutic activity.

**II. APPLICATION:**

To all Community Mental Health of Ottawa County (CMHOC) providers.

**III. DEFINITIONS:**

**Therapeutic Activity:** Any activity that is considered to benefit the consumer's mental or physical condition, promote wellness, and develop or maintain self-sufficiency or self-reliance.

**Personal Housekeeping Chores:** Those activities such as cleaning, dish washing and other household chores which maintain the upkeep of locations that include, but are not limited to the consumer's home (including temporary housing), or any other program/service.

**Residential Treatment Center/Crisis Home:** Temporary housing for consumers during a time of psychiatric need.

**Clubhouse:** A psychiatric rehabilitation program that provides opportunities for consumers to regain self-worth, purpose and confidence through participation in tasks and activities necessary for the operation of the program.

**IV. POLICY:**

It is the policy of CMHOC to provide opportunities for consumer participation in therapeutic activities, housekeeping tasks, and volunteer work in accordance with regulations of the Department of Labor Federal Register.

**V. PROCEDURE:**

A consumer will be allowed to participate in unpaid work at CMHOC sites if the following criteria are met.

- 1) The work is identified in the consumer's Individual Plan of Service, and
- 2) The work is considered therapeutic for that individual, and
- 3) The work does not result in consequential economic benefit for the agency, or
- 4) The consumer freely volunteers or chooses to participate in the activity and may discontinue participating whenever he/she chooses, and

- 5) Any resulting product or funds from participation is considered to be the property of the participant(s). Resulting funds are divided among the participants in the activity or are used to purchase additional material, or
- 6) The consumer performs personal housekeeping chores, such as maintaining their own quarters, or receives a token remuneration in connection with such services. These activities directly benefit the resident and are activities that would be normally performed if living in an independent setting, or
- 7) The consumer rotates or shares household tasks or chores when in a family-like setting such as a group home, or
- 8) The consumer is a member of a Clubhouse, and the work done is “exclusively the work generated by the Clubhouse in the operation and enhancement of the Clubhouse community. Consumers are not paid for any clubhouse work, nor are there any artificial reward systems.” (See reference for source.)

**VI. ATTACHMENT:**  
None Applicable

**VII. REFERENCE:**  
New York, 1994; Title 29 - Code of Federal Regulations, Labor, Subtitle B - Regulations Relating to Labor, Chapter V. Wage and Hour Division, Department of Labor, Sub Chapter A, Part 525-- Employment of Workers with Disabilities Under Special Certificates. Standards for Clubhouse Programs, International Center for Clubhouse Development