



A Photo Voice Project

Empowering pregnant and parenting Ottawa County teens.

In 2013, the Ottawa Youth Sexual Health Coalition (OYSHC) was awarded \$2,000 from the Holland/Zeeland Community Foundation to reach teens. The money was used to create the *One Voice* project, as a way for pregnant and parenting teens to tell their stories through photography.

The goal of this project is to encourage teens to delay sexual activity; and for individuals already having sex to continuously use contraception consistently and correctly every time. Ottawa County pregnant and parenting teens, working with the *One Voice* project, have helped other teens to think about how their sexual health choices may impact their lives.

The result of the *One Voice* project has increased understanding of how we need to treat and serve others, along with creating awareness in our community about the challenges of being a pregnant or parenting teen.

YOU CAN HELP!

- Mentor
- Provide meals
- Volunteer for childcare
- Donate time, money and infant/toddler items
- Provide transportation
- Teach cooking, life skills or parenting classes
- Plan for special celebrations (graduation, holidays, family picnics and more)

Get involved!

Contact Jody Winstrom, teen parent resources coordinator at (616)403-9153, jodymwin@sbcglobal.net or Anna Wehrmeyer, Young Lives Coordinator at (616)403-4490, anna.wehrmeyer@gmail.com.



www.miOttawa.org/SexEd
for more *One Voice* photography
www.teenparentresources.com
www.holland.younglife.org

teen parent resources



YoungLives