

Help keep waters clean, safe & fun.



HELP PREVENT recreational water illnesses

- Do not feed the birds
- Keep pets off the beach
- Use the restroom before swimming
- Do not swallow lake water
- Wash your hands with soap and water before eating
- Do not swim in water that smells foul
- Shower when you return home
- Avoid swimming immediately after heavy rainfall

Image courtesy Walter at pixabay.com

Keep your French fries to yourself!

Feeding birds = Poop on beaches = Potential illnesses



miOttawa Department of
Public Health
miOttawa.org/miHealth



miOttawabeachwatch



@miOttawabeach

Help keep waters clean, safe & fun.

HELP PREVENT recreational water illnesses

- Do not feed the birds
- Keep pets off the beach
- Use the restroom before swimming
- Do not swallow lake water
- Wash your hands with soap and water before eating
- Do not swim in water that smells
- Shower when you return home
- Avoid swimming immediately after heavy rainfall

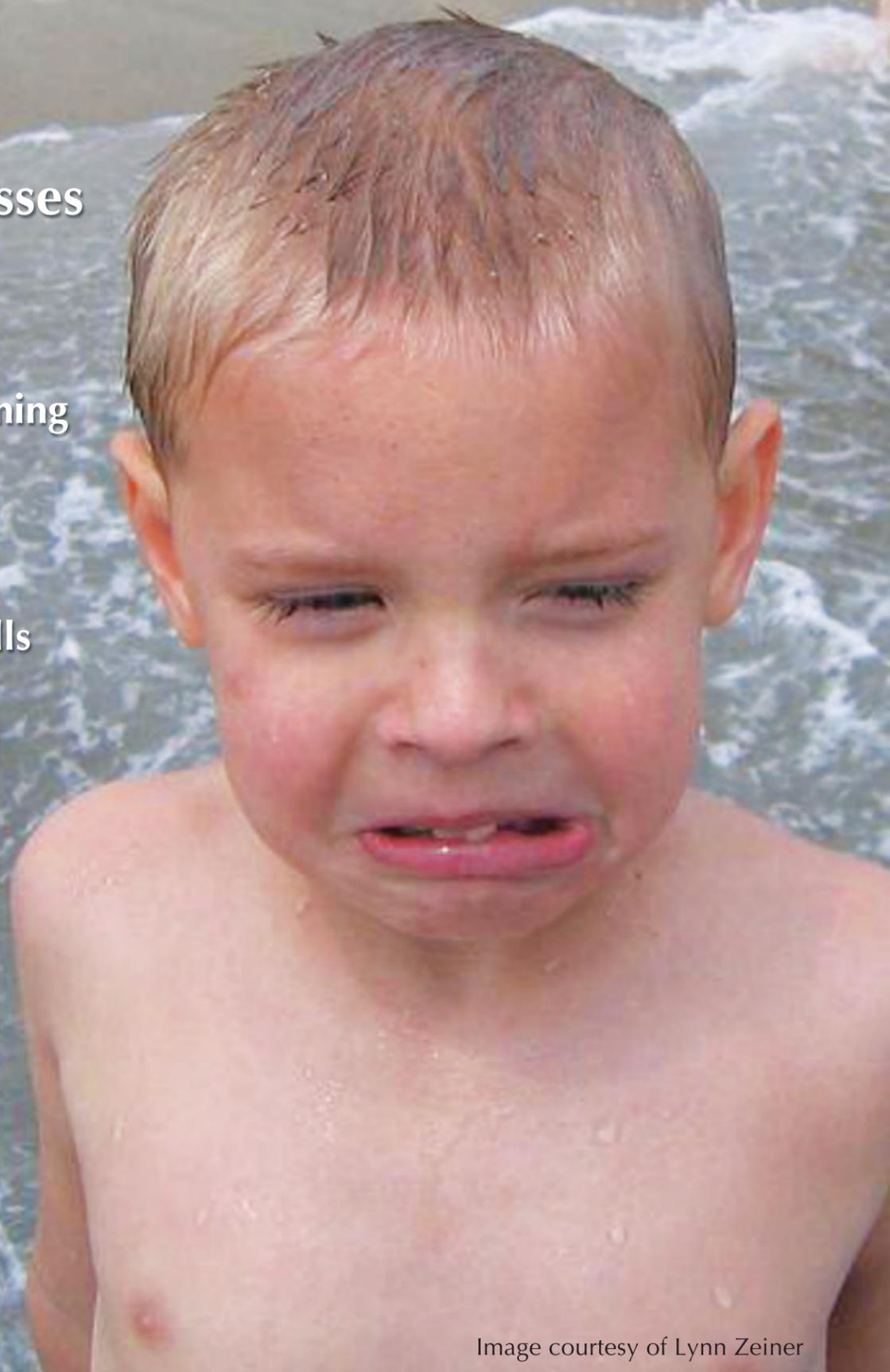


Image courtesy of Lynn Zeiner

Yuck!

Fish poop in waters . . . are you sure you want to drink it?



miOttawa Department of
Public Health
miOttawa.org/miHealth



miOttawabeachwatch



@miOttawabeach

Help keep waters clean, safe & fun.

HELP PREVENT recreational water illnesses

- Do not feed the birds
- Keep pets off the beach
- Use the restroom before swimming
- Do not swallow lake water
- Wash your hands with soap and water before eating
- Do not swim in water that smells foul
- Shower when you return home
- Avoid swimming immediately after heavy rainfall



Image courtesy of Wendy Domeni

We love Fido too . . . but please keep pets off the beach!



miOttawa Department of
Public Health
miOttawa.org/miHealth



miOttawabeachwatch



@miOttawabeach

Help keep waters clean, safe & fun.

HELP PREVENT recreational water illnesses

- Do not feed the birds
- Keep pets off the beach
- Use the restroom before swimming
- Do not swallow lake water
- Wash your hands with soap and water before eating
- Do not swim in water that smells
- Shower when you return home
- Avoid swimming immediately after heavy rainfall

Image courtesy of Cris Watk

No poopy please!

The lake is not a toilet. Please use the restrooms and wash your hands.



miOttawa Department of
Public Health
miOttawa.org/miHealth



miOttawabeachwatch



@miOttawabeach

Help keep waters clean, safe & fun.

HELP PREVENT recreational water illnesses

- Do not feed the birds
- Keep pets off the beach
- Use the restroom before swimming
- Do not swallow lake water
- Wash your hands with soap and water before eating
- Do not swim in water that smells
- Shower when you return home
- Avoid swimming immediately after heavy rainfall

Image courtesy of Michael Chambers

Before you eat . . .

wash your hands and then clean up your trash!



miOttawa Department of
Public Health
miOttawa.org/miHealth



miOttawabeachwatch



@miOttawabeach