



## MAY'10 MENU

### ORDER DATES & TIMES:

Sat. April 24 8:30 a.m. -9:30 a.m.

Sat. May 7 9:30 a.m. – 11:30 a.m.

### Distribution Date & Time:

Saturday, May 22

Time: 8:30a.m. – 9:30 a.m.

*Orders can only be placed in person on established order dates and times. New and repeat orders are always accepted on any distribution day. On all distribution days in order to pick-up food you must have a receipt that shows what you have ordered and paid for specific to that month's menu.*

<b>Introducing the new "BIG VALUE BOX" – ONLY \$30.00 23 LBS!!</b> 10lb B/L S/L Marinated Chicken Breast 2lb Diced Carrots 2lb Green Peas 2lb Strawberries 2lb Blackberries 5lb French Fires	<b>EMPTY NESTERS BOX - only \$20</b> 22oz. Beef Stroganoff 1lb Italian Sausage 3lb B/L S/L Chicken Breast 1lb California Blend Vegetable 1lb Fruit Fruit Cobbler Mix 12 ct Pancakes
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### SENIOR MEALS – only \$28

**New and improved supplier - <http://www.valleyinc.com/senior/nutrition.html>**

**\*\*7 Heat & Serve Meals - with an 8 oz glass of milk, these meals meet USDA RDA recommended dietary needs of seniors\*\***

Salisbury Steak Sour Cream & Chive Potatoes Mixed Vegetables Wheat Bread Margarine Grape Juice	Baked Chicken Broccoli Black-eyed Peas Wheat Bread Margarine Animal Crackers Blended Juice	BBQ Rib Patty Sweet Potato Casserole Green Peas Rye Bread Margarine Orange Pineapple Juice	Seafood Fettuccini Alfredo Corn Italian Vegetables Wheat Bread Margarine Graham Crackers	Chicken Breast & Rice with Apricot Sauce Rosemary Roasted Potatoes Green Bean Cass. Wheat Roll Margarine Diced Peach Cup Orange Juice	Peppered Beef Patty Loaded Potato Mixed Greens Rye Bread Margarine Ginger Cookie	Chicken Tetrazzini Carrots Green Peas Wheat Bread Margarine Pineapple Juice
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**Great Food For All Reserves the right to substitute items of equal or greater value due to circumstances beyond our control**

### ORDER ANY OF THE FOLLOWING BOXES – NO RESTRICTIONS

<b>Kids Box</b> .....	<b>\$20.00</b>
(3lb Chicken Corn Dogs, 2lb Chicken Breast Bites, 14oz Taco Meat, 12ct Flour Tortillas, 28 oz. Buffalo Fries, Peach Fruit Cups, 10 oz Vanilla Wafers)	
<b>Breakfast Box</b> .....	<b>\$20.00</b>
(2.25lb Spiral Ham, 1lb Turkey Sausage Chub, 32 oz. Pancake Mix, 2lbs French Toast Sticks, 6 count Jumbo Cinnamon Roll Danish, 8ct Chocolate Fudge Toaster Pastry, 8ct Frosted Strawberry Toaster Pastry, 2 Breakfast Muffin Mixes)	
<b>Chicken Grill Box</b> .....	<b>\$24.00</b>
(3lb Chicken Breast, 2.5lb IQF Chicken Tenders, 5lb Chicken Leg Quarters, 3.25 lb Chicken Thighs)	
<b>Basic Grill Box</b> .....	<b>\$26.00</b>
(3lb Bratwurst, 1lb Italian Sausage, 8 ¼ Pound Hamburgers, 3lb Hot Dogs, 2lb Pork Steak)	
<b>Pasta Box</b> .....	<b>\$20.00</b>
(18 oz Cheese-filled Manicotti, 16 oz Tri-colored Tortellini, 12 oz Cheese & Sun-Dried Tomato Stuffed Rigatoni, 12 oz Spinach-stuffed Rigatoni, 13 oz Potato & Cheddar Cheese Pierogies, 18 oz Stuffed Shells)	
<b>Stuffed Chicken Special</b> .....	<b>\$20.00</b>
(4 – 6 oz of EACH – Chicken Kiev (seasoned butter stuffed), Chicken Broccoli (Broccoli & Cheese Stuffed), Cordon Bleu (Ham & Cheese Stuffed) 12 in all)	
<b>Popcorn Chicken</b> .....	<b>\$16.00</b>
(10 lbs. Top Quality Popcorn Chicken!!)	
<b>Dessert Box</b> .....	<b>\$20.00</b>
(2 Cheesecakes!! 1 Each – 10" Banana Cream Cheese Cake & 10" Plain New York Style Cheesecake)	

### ORDER ANY OF THE FOLLOWING BONUS BUYS!! NO RESTRICTIONS!! NO LIMITS!! RESTAURANT QUALITY, DIRECT TO YOU!!

<b>Mini Corndogs</b> .....	<b>\$22.00</b>
(10 lbs of a kid's favorite!! Stock your freezer!!!)	
<b>Chicken Fajita Meat</b> .....	<b>\$25.00</b>
(10 lbs of Chicken Fajita Meat!!)	
<b>Fruit / Vegetable Box</b> .....	<b>\$25.00</b>
(14 Total LBS!! 7 lbs. of Fruit and 7 lbs. of Veggies!!)	
<b>Honey Buns</b> .....	<b>\$14.00</b>
(36 Assorted Flavors – Glazed, White Iced, Maple Iced, & Chocolate Iced!!)	
<b>Toaster Pastries #1</b> .....	<b>\$17.00</b>
(39/2 Packs Frosted Chocolate Fudge Toaster Pastries)	
<b>Toaster Pastries #2</b> .....	<b>\$17.00</b>
(39/2 Packs Frosted Strawberry Toaster Pastries)	
<b>CINNAMON ROLL DANISH</b> .....	<b>\$15.00</b>
(32 / 3 oz. Iced Danish. Back by popular demand!!)	

\* **LifeQuest is located at 400 136<sup>th</sup> Ave. Building 600, on the corner of James and 136<sup>th</sup> Ave. , Holland, MI 49424.** Questions: Call Emmett Brown at (616) 928-7289 or email [greatfoodforallifequest@yahoo.com](mailto:greatfoodforallifequest@yahoo.com). We are also in facebook as greatfoodforallifequest. Host Sites also exist in Grand Haven, Dewitt, Dundee, Fruitport, & Lansing. For other locations in Michigan and across the U.S. visit [www.greatfoodforall.com](http://www.greatfoodforall.com)



May 2010

Greetings and welcome to Spring!

LifeQuest enjoys doing life together. We are excited that we can be a blessing to our community by offering Great Food For All. Great Food For All is coming out with a NEW and IMPROVED way to serve all those who participate. Please help us spread the word.

### **How to connect with LifeQuest:**

LifeQuest is on the web at [lifequestholland.org](http://lifequestholland.org). On our web site you will find a lot of valuable information. You can learn more about who LifeQuest is and what we are all about. You can connect with the LifeQuest community through our Facebook page and other sites.

Please go on line and check LifeQuest out.

### **Ways to get involved:**

LifeQuest has great opportunities to gather with people and be a blessing to our community. Please check out one of the following opportunities and get involved:

- Sunday morning worship at 10:30 AM
- Life Transformation Groups – random through out the week
- Great Food For All – volunteer (help with distribution / help hand out menus)
- Summer neighborhood picnics - dates are coming / help put these events on

### **God is on the move:**

We believe that God is passionate about the people in North Holland. God has a plan and purpose for His people. Therefore we are committed to sharing our hope in Jesus Christ. We believe in the power of prayer. If you have prayer requests or would like to know more about Jesus Christ please contact Pastor Toby at: [toby@lifequestholland.org](mailto:toby@lifequestholland.org)