



CMHOC - Philosophy

Community Mental Health of Ottawa County provides services and supports that promote individuals to be...

- Empowered to exercise choice and control over all aspects of their lives
- Involved in meaningful relationships with family and friends
- Supported to live with family while children and independently as adults
- Engaged in daily activities that are meaningful, such as school, work, social, recreational, and volunteering
- Fully included in community life and activities

CMHOC - Our Vision

Community Mental Health of Ottawa County strives to enhance quality-of-life for all residents.

CMHOC - Our Mission

Community Mental Health of Ottawa County partners with people with mental illness and developmental disabilities and the broader community to improve lives and be a premier mental health agency in Michigan.



The activities and programs of this agency are brought to you by the members of the Ottawa County Board of Commissioners. The Michigan Department of Community Health provides financial support to this agency.



Community Mental Health of Ottawa County has been accredited by CARF for twelve of its programs.

COMMUNITY MENTAL HEALTH OF OTTAWA

School to Community *Transition*

Community Mental Health of Ottawa County (CMHOC) will participate in *school to community transition planning* for eligible students with disabilities from special education programs within two years of completing school.

Available CMHOC Services and Supports

- Assessment
- Psychosocial Rehabilitation
- Individual, Child, Group, & Family Therapy
- Crisis Intervention Services
- Psychiatric and Medication Services
- Case Management
- Community Living Supports
- Family Supports and Training
- Respite Care
- Skill Building Services
- Supported Employment

CMHOC Access Center

Requests for services and supports can be made between 8 a.m. and 5 p.m. Monday through Friday by calling the Access Center.

Access Center

Holland	(616) 393-5681
TTY	(616) 494-5508
Toll free	1-877-588-4357

Customer Service

Holland	(616) 494-5545
Toll free	1-866-710-SERV (7378)

Eligibility for CMHOC Services

Serious emotional disturbance is a diagnosable mental, behavioral, or emotional disorder affecting a minor that exists or has existed during the past year for a period of time sufficient to meet diagnostic criteria specified in the most recent diagnostic and statistical manual of mental disorders, and that has resulted in functional impairment that substantially interferes with or limits the minor's role or functioning in family, school, or community activities.

Serious mental illness is a diagnosable mental, behavioral, or emotional disorder affecting an adult that exists or has existed within the past year for a period of time sufficient to meet diagnostic criteria specified in the most recent diagnostic and statistical manual of mental disorders, and that has resulted in functional impairment that substantially interferes with or limits one or more major life activities.

Developmental disability is a severe and chronic condition that is attributable to a mental or physical impairment or a combination of mental and physical impairments, is manifested before the individual is 22 years old, is likely to continue indefinitely, results in substantial functional limitations in three or more major life activities, and reflects the individual's need for services and supports that are of lifelong or extended duration.

School to Community Transition Procedure

When a request for *school to community transition planning* is made to the CMHOC Access Center, the following information will be needed for the intake appointment:

- Latest IEP (Individual Education Plan) and Psychological Evaluation
- Expectation that the student will need assistance in multiple life domains
- Stability of the student's natural support system
- Any transition services currently being provided, such as Michigan Rehabilitation Services
- Any mental health related services being provided by the school
- Post-graduation goals, if identified

If transition planning is initiated, the CMHOC Team Supervisor for Supports Coordination will assign a Supports Coordinator to the student. The Supports Coordinator will become involved with transition planning as needed. For example, the Supports Coordinator may attend the student's Individual Educational Planning meeting.

Formal admission to CMHOC will occur when the individual meets the criteria for supports and services as defined by the Michigan Department of Community Health covered service array.