



## Office Locations

CMHOC offices are located throughout Ottawa County – in Holland, Grand Haven, and Coopersville. Your services and supports will be designed to be as conveniently located for you as possible.

To request services and supports for an individual with a developmental disability call between 8:00 a.m. and 5 p.m. Monday through Friday.

**The Access Center** (616 ) 393-5681

**Toll free** 1-877-588-4357

**TTY** (616) 494-5508

For 24-hour assistance with mental health emergencies:

## Helpline

**Holland** 616-396-HELP (4357)

**Grand Haven** 616-842-HELP (4357)

**Toll Free** 1-866-512-HELP (4357)

If you have questions or concerns about our services contact Customer Service at 616.494.5545 or toll free at 1-866-710-SERV (7378).

If you believe your rights have been violated, you can contact our Office of Recipient Rights at 616.393.5763.

# Services for Persons with *Developmental Disabilities*



The activities and programs of this agency are brought to you by the members of the Ottawa County Board of Commissioners. The Michigan Department of Community Health provides financial support to this agency.



Community Mental Health of Ottawa County has been accredited by CARF for twelve of its programs.

COMMUNITY MENTAL HEALTH OF OTTAWA

## Our Services and Supports

### Community Mental Health of Ottawa County (CMHOC)

provides an array of services and supports for eligible persons with developmental disabilities aimed at meeting your independence, productivity, and community integration and participation needs and desires.

“Person-centered planning” principles are used in the creation of your Individual Plan of Service (IPOS). This involves giving you a say in your preferences and choices throughout the planning process and the provision of services and supports and honoring these whenever possible. The person-centered planning process includes family members, friends, and professionals you want and/or need to involve.

At CMHOC, we strive to build upon your ability to become more independent in your daily life, more productive through work or volunteering, and more involved in your own community.

### Access for Services and Supports

To request services and supports for persons with developmental disabilities call (616) 393-5681 or our toll free Access Center number at 1-877-588-4357 between 8:00 a.m. and 5 p.m. Monday through Friday.

An intake worker will help determine if you are eligible for CMH services and supports, and if appropriate, will schedule you for an intake assessment to evaluate your needs.

### Supports Coordination

This service is provided to help you obtain the services and supports you need, as well as to coordinate, link and monitor these. Your supports coordinator will meet with you on a regular basis as needed to make sure your services and supports are meeting your needs and helping you to accomplish the goals on your IPOS.

### Clinical Support

Trained professionals in nursing, psychology, occupational therapy, physical therapy, and speech and language pathology provide expertise in assessments, monitoring and consultation. They can assist you with medical, behavioral and/or skill building concerns either provided directly by the professional, by trained laymen, or community professionals.

### Community Based Services (CBS)

CBSs are locations where you might receive some of the services and supports identified on your IPOS. These services and supports could include skill building, community living supports, and/or supported employment. You will learn new skills and/or receive supports in such things as daily life, social/recreational/leisure activities, community participation, and work or volunteering in the community.

### Community Living Supports (CLS)

This service can help you to live as independently as possible in your own home or community and/or to use your community to meet your needs. CLS capitalizes on individual skills, community resources and natural supports.

### Supported Employment (SE)

SE is for people who have a desire and the ability to work in the community. Supported Employment offers job development, job coaching and follow-along services.

### Respite Funding

Respite funding provides relief for unpaid caregivers from the daily demands of care giving for dependent children and adults with special needs. Funding is provided to the unpaid caregiver to purchase temporary care for your family member with a disability.

### Family Support Services

These services enhance your efforts to care for your child with a developmental disability by offering you family-centered, community based services.

For more information about Community Mental Health of Ottawa County and our services, you can access our website at [www.miOTTAWA.org/CMH](http://www.miOTTAWA.org/CMH).