

Parents:

www.well.com/user/woa This site has information about various drugs with a focus on addictions.
<http://www.cdc.gov> Search the Centers for Disease Control and Prevention to access fact sheets, news and prevention resources for alcohol and other drug prevention.

www.michigan.gov/mdch Michigan statistics regarding alcohol and other drug use and other useful information.

www.aap.org The American Academy of Pediatrics. Use the search function on this website to look up alcohol or other drug information.

www.ncadd.org This website has straightforward information about how to address alcohol issues with your children.

Teens:

<http://teens.drugabuse.gov/> The National Institute on Drug Abuse (NIDA), a component of the National Institutes of Health (NIH), created this Web site to educate adolescents ages 11 through 15 (as well as their parents and teachers) on the science behind drug abuse.

www.checkyourself.org Partnership for a Drug-Free America that offers resources, information, quizzes and videos for teens to question themselves about their drug use.

www.thecoolspot.org National Institute of Alcohol Abuse and Alcoholism. It is a place for teens about "being yourself, thinking for yourself, and getting the facts about underage drinking."

www.abovetheinfluence.com/ Above the Influence ads you see on TV and in magazines are created for the *National Youth Anti-Drug Media Campaign* (a program of the Office of National Drug Control Policy). This campaign reflects what teens across the country have told us is going on in their lives.

En Espanol:

Los Padres: La Anti-Droga www.laantidroga.com



Ottawa County Drug Testing Kit Sale Locations

Holland Health Department

12251 James Street
Mon. - Fri.
8:00 a.m. - 4:30 p.m.
616 396.5266

Hudsonville Health Department

3100 Port Sheldon
Mon - 8:00 a.m. - 12:00 &
1 - 4:30p.m.
Wed. & Fri.
8:00 a.m. - 12 & 1 - 4:30 p.m.
616 669.0040

Grand Haven Township Office

13300 168th Ave.
Mon. - Fri.
8:00 a.m. - 5:00 p.m.
616 842.5988

Visit www.miOttawa.org/health
for more information
or call 616.393.5776



Drug & Alcohol Testing Kits



*Empowering parents
to prevent
youth drug use in
Ottawa County*

are offering the sale of low cost in home drug testing kits. We are selling testing kits for: alcohol, marijuana, and 5 panel (Amphetamine, Cocaine, Methamphetamine, Opiates, and THC-Marijuana). The purpose of this initiative is to empower parents/guardians and to prevent youth drug use in Ottawa County.

According to the Anti-Drug Coalitions of America, home drug tests will not only deliver an answer to know if your child is using drugs, but it also offers an excuse for the child to overcome peer pressure.

The kits are all supplied with various drug education literature, local substance abuse treatment center locations, a list of kit distributors, and information on how to start a discussion about drugs with your child. For more information about this initiative and the CHOOSE Coalition please visit www.miottawa.org/health

It is the intent of the Ottawa County Health Department to maintain an environment where parents/guardians are able to purchase and use the drug test kits without fear of legal action against them or their children.



Start a discussion about
drugs with your child



What drugs do the kits test for?

Kits from the health department are available to test for alcohol, marijuana, and a 5 panel test (Amphetamine, Cocaine, Methamphetamine, Opiates, and THC-Marijuana).

What body fluids are used in the tests?

The alcohol test uses saliva; and the marijuana and the 5 panel test urine.

How accurate are the tests?

The alcohol test is 93% accurate. The marijuana test (THC) is 97% accurate. The 5 panel test is over 92% accurate.

How much do the kits cost?

The alcohol and marijuana kits costs \$5. The 5 panel kit sells for \$10. Please pay with check or cash, and credit cards are now accepted.

Who may purchase the kits?

The sale of the kits are intended for parents and or guardians. Purchasers must be 18 years or older.

Why are the kits being offered?

The kits are tools to empower parents/guardians to have a dialogue with their children about drugs and drug use.

Do I have to be from Ottawa County to purchase a drug testing kit?

No, this is completely anonymous any adult 18 and over can purchase them.

Where can I purchase the Drug Testing Kits?

You may purchase the kits at the Holland, and Hudsonville locations of the Ottawa County Health Department. The Grand Haven Township office is also offering the sale of drug testing kits, please call 616.842.5988 for more information.

Can they be used in legal proceedings?

The results of the tests are for at-home use only, and are not admissible in court or in any legal proceedings.

Parents:

www.talksooner.org Studies show that kids in west and southwest Michigan are trying alcohol as early as age twelve. The sooner you talk, the easier it is. This site not only has links to a variety of parent tools, it gives local parents the chance to hear and share experiences, techniques, and advice with other local parents on how they can educate their children and improve family time.

<http://ncadi.samhsa.gov/> U.S. Department of Health and Human Services and SAMHSA's National Clearing House for Alcohol and Drug Information.

www.DEA.gov Drug Enforcement Administration

www.theantidrug.com The Anti-Drug. Tips and ideas to help parents make a difference; by preventing alcohol and other drug use.

www.family.samhsa.gov developed to support the efforts of parents and other caring adults to promote mental health and prevent the use of alcohol, tobacco and illegal drugs among 7 to 18 year olds.

www.drugfreeamerica.org Drug information, parent resources, and tips for parents.

www.healthfinder.gov A great library of health information from the US Department of Health and Human Services.

www.jointogether.org This site houses news and information about substance abuse and violence.

www.niaaa.nih.gov Information, publications, news and frequently asked questions from the National Institute on Alcohol Abuse and Alcoholism.

www.nida.nih.gov More information about alcohol and other drugs.

