

# LOCK IT UP!



Let's protect our families and create **Safe Homes!**



# DISCUSS

## **HAVE OPEN CONVERSATIONS.**

Safe storage is not always enough. Talk to children and teens about the risks of using prescription medication and drugs to help keep them safe.

## **BE A GOOD ROLE MODEL FOR YOUTH.**

Set a good example and create a safe environment. Actions speak louder than words.

## **BE HONEST.**

Explain the health risks and legal consequences. Share how making positive choices can help them reach their goals.

# SECURE

## **LOCK IT UP.**

Young children may confuse marijuana products or medication for food or candy. Find a safe and secure location that is out of reach of children for these items. How you store medications or other drugs should change as children get older.

## **ACCIDENTAL INGESTION.**

If a child does access drugs, call Poison Control at (800) 222-1222. If symptoms are severe, call 911 or go to an emergency room immediately.

# DISPOSE

## **DISPOSE OF UNUSED MEDICATIONS.**

Unused medications in the home may be creating risk for our families. Be sure to properly dispose of any unused medications.

View medication drop off locations at the QR code below.

## **MORE RESOURCES**



[miottawa.org/safehomes](https://miottawa.org/safehomes)