



## CHILDREN'S MOBILE CRISIS

EMAIL US:

[cmh.cmc@miottawa.org](mailto:cmh.cmc@miottawa.org)

This is a non-emergency email address for general questions regarding the children's mobile crisis program. Response time may vary depending upon staffing. We'd love to hear from you!

Scan QR Code for more information



“Every family deserves a chance to become healthier.”

WE'RE  
HERE  
TO HELP.

Counseling & Assistance by trained professionals  
Confidential & anonymous help with mental  
health emergencies





## CHILDREN'S MOBILE CRISIS

### WHAT IS A CRISIS?

- When individuals/families are unable to handle a situation and regular coping skills are not working
- When a youth has potential to hurt themselves or someone else, intentionally or unintentionally
- When a youth requires immediate intervention to remain in the family home and avoid legal, medical, or other out-of-home placement

### WHO CAN USE THIS SERVICE?

- Youth through the age of 20 who reside in Ottawa County and live in their family home (including foster care or a relative caregiver)

### CHILDREN'S MOBILE CRISIS PROVIDES THE FOLLOWING SERVICES:

- In-home mental health crisis intervention
- Family support and guidance in difficult situations related to mental health issues
- Strengths-based, needs-driven services
- Assistance in developing safety/crisis plans
- Referral to community resources

### FOR CHILDREN'S MOBILE CRISIS ASSISTANCE CALL:

Monday through Friday: ..... **(616)-494-5590**  
5:00 p.m.-12:00 a.m (In-home services available)

Contact our 24/7 crisis line: ..... **(866)-512-4357**  
(In-home services not available during this time)

In an emergency, call 911 or go to your nearest emergency room.

