

COMMUNITY PROGRAMS

The following programs are available to adults with a mental illness who reside in Ottawa County. These programs help to enhance an individual's health and well-being and can play an important role in bringing meaning to one's life. These programs are funded by the Mental Health Millage. You do not have to be enrolled in CMHOC services to participate.

Holland Drop In Center

The Drop In Center is a consumer run non-profit agency offering peer supported education and social opportunities to adults with mental illness in Ottawa County. They offer recovery classes and support groups. They also offer social activities such as healthy cooking, playing games, using computers, or watching movies. You can drop in or call to learn more about their program.

Holland Drop In Center
636 Hastings, Suite 120, Holland, MI 49423
616-355-2207

Momentum Center for Social Engagement

The Momentum Center is a social and recreational program for people with mental illness, addiction, and developmental disabilities.

They offer activities scheduled throughout the week such as, shopping, cooking classes, or attending sporting or cultural events. You can stop in to complete an application and pay a \$1 annual membership fee to be able to participate in the activities.

Momentum Center
714 Columbus Ave., Grand Haven, MI 49417
616- 414-9111
www.momentumcentergh.org

CONTACT US

TREATMENT TEAM

Front Desk.....(616) 392-1873

ELIGIBILITY FOR SERVICES

The Access Center.....(616) 393-5681
Toll-Free.....1-877-588-4357

CRISIS SERVICES | 24-HOUR HELPLINE

Holland.....(616) 396-4357
Grand Haven.....(616) 842-4357
All other areas (toll-free).....1-866-512-4357

RECIPIENT RIGHTS.....(616) 393-5763

BILLING.....(616) 494-5560

QUESTIONS/CONCERNS....(616) 494-5545

Community Mental Health of Ottawa County
12265 James Street
Holland, MI 49424
Phone: (616) 392-1873
cmhcustomerservices@miottawa.org

HOURS OF OPERATION

Monday - Friday:
8:00am - 5:00pm



SERVICES FOR ADULTS WITH MENTAL ILLNESS



www.miottawa.org/cmh

OUR SERVICES

Supports and services for people with Mental Illness.

Some examples include:

- Case Management
- Community Living Supports
- Supported Employment
- Residential Support
- Respite
- Psychology/Behavioral Supports
- Individual and Group Therapy
- Psychiatric Services
- 24-hour Behavioral Health Emergency Services
- Clubhouse

WHAT TO EXPECT

1

ACCESS AND ELIGIBILITY:

To access services call our Access Center (616) 393-5681 to request services and have an eligibility assessment completed.

2

ASSIGNED TO A TREATMENT TEAM:

After the Access Center has determined you are eligible for services, you will be referred to a treatment team. A team member will coordinate the development of the Individual Plan of Service (IPOS) using the Person-Centered Planning process. They will also update the IPOS as directed by you.

3

PERSON-CENTERED PLANNING (PCP) PROCESS:

During the PCP process, you will be asked who you would like to attend your PCP meeting, who will facilitate, the location of the meeting and when it will be held. During PCP, you will be asked what your hopes and dreams are and will be helped to develop goals or outcomes you want to achieve. The people attending this meeting will help you decide what supports, services, or treatments you need, who you would like to provide this service, how often you need the service, and where it will be provided.

4

SERVICES AND SUPPORTS:

Once your IPOS is developed, you will begin receiving the services and supports that were identified based on your needs.

