



Senior Reach Assists With

- Counseling
- Connection and referral to a variety of community resources
- Support and education for family members regarding Alzheimer's and other forms of dementia
- Educating family caregivers on specific skills to assist in caring for their loved one
- Depression screening and treatment
- Identifying prescription drug and/or alcohol misuse



Reaching Out ♦ Meeting Needs

Warning Signs

- *Mental State: confusion, disorientation, memory loss, repetitiveness
- *Physical: difficulty in seeing, hearing or walking, alcohol or substance abuse
- *Emotional: recent loss of spouse, appears depressed, anxious or withdrawn, loss of appetite
- *Social: isolated, possible victim of abuse, neglect or exploitation
- *Appearance: unkempt, dirty clothes, weight loss
- *Environment: home needs repair, trash or debris in yard, neglected pets
- *Economic: confused about money matters and an inability to afford necessities

Are you concerned about an older person?

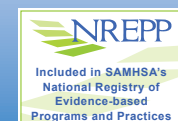
Call Senior Reach



Serving Adults 60 and Older in Your Community



Reaching Out ♦ Meeting Needs





What is Senior Reach®?

A community program that offers support for the wellbeing, independence and dignity of older adults through:

- Community education
- Behavioral health services
- Connection to resources

Senior Reach trains community members to identify older adults who may need emotional or physical support. The program relies on a strong partnership between agencies, businesses and community minded individuals – like you!



How does Senior Reach® work?

Senior Reach Community Partners are trained volunteers who identify older adults who may need help. After Community Partners identify someone, they contact our call center to discuss concerns and make a referral.

Senior Reach Specialists will reach out to the older adult to determine need and willingness for services. If the older adult agrees, the Specialist will help connect them with appropriate services – either within Senior Reach or in the community.

Signs someone may need assistance

- Confusion, disorientation
- Difficulty seeing, hearing, walking
- Recent loss of a spouse
- Anxious, depressed
- Withdrawn or isolated
- Loss of appetite
- Unkempt, dirty clothes
- Home needs repair
- Trash or mail being neglected
- Confused about money matters

If you want to refer an older adult, volunteer as a community partner or get more information about Senior Reach, please call:

Access Center 1-877-588-4357 *or visit* www.miottawa.org/cmh

If the situation is an emergency, always call 911.

A program of:

Community Mental Health of Ottawa County

Community Trainers: