


CHAPTER: 4	SECTION: 24	SUBJECT: INDIVIDUAL CARE TO CONSUMERS
TITLE: BEHAVIOR TREATMENT REVIEW COMMITTEE		
EFFECTIVE DATE: 6/1/88	REVISED/REVIEWED DATE: 12/15/95, 9/7/99, 2/22/02, 2/1/05, 6/6/06, 3/5/08, 6/1/10, 12/30/11, 3/20/13, 3/28/14, 4/22/15, 5/15/17, 7/13/19; 09/17/2020; 10/01/2021, 10/31/22, 11/14/23	
ISSUED AND APPROVED BY:  EXECUTIVE DIRECTOR		

I. PURPOSE:

To establish policy and procedure for Community Mental Health of Ottawa County’s (CMHOC) Behavior Treatment Review Committee.

II. APPLICATION:

To all Community Mental Health of Ottawa County (CMHOC) operated and contracted programs as specified by contract.

III. DEFINITIONS:

Behavioral use of psychotropic medications – medications meeting accepted standards of practice are used in an ongoing manner to treat behavior or modify anticipated symptoms other than for diagnosed Axis I conditions.

Behavior treatment - is a specialized treatment modality utilizing behavioral principles in a structured manner as directed and monitored by a mental health clinician trained in behavioral intervention techniques. Intrusive or restrictive techniques are overseen by a Behavior Treatment Review Committee as described in the Behavior Treatment Review Committee Manual.

IV. POLICY:

It is the policy of CMHOC to establish a Behavior Treatment Review Committee (QI Committee) that shall be maintained to review intrusive or restrictive behavior treatment plans and psychotropic medications prescribed for behavioral control purposes, whether developed by CMHOC operated or contracted programs, and to educate staff regarding behavior treatment issues, as specified in the Behavior Treatment Review Committee Operating Manual.

It is the policy of this agency that behavior treatment techniques are implemented in a manner that fully protects the dignity and rights of the consumer. And that:

- Consumers are treated in the least restrictive setting that is appropriate to their needs;
- Interventions are never used simply for the convenience of the service provider;

- Every reasonable effort is made to allow consumers to build the skills necessary to be served in the least restrictive settings possible; and that
- Emphasis is placed on the use of positive treatment practices.
- All interventions are based on the most effective behavior treatment methods available.
- No program will be approved that contains any technique prohibited by law, including aversive techniques, physical management, seclusion, or restraint.

V. PROCEDURE:

The CMHOC Executive Director or designee shall have administrative responsibility for assuring that this policy is implemented, as specified in Chapter I, "Administrative Responsibility," of the Behavior Treatment Review Committee Operating Manual.

The CMHOC Behavior Treatment Review Committee Operating Manual was developed, and is to be maintained, as outlined in this policy and is to remain consistent with applicable Michigan Department of Health and Human Services behavior treatment policies. This Manual shall govern the operation of the Behavior Treatment Review Committee and must be approved by the CMHOC Executive Director.

This Manual shall include the rules under which the Committee is to operate. These rules shall describe the composition and appointment of Committee members, guidelines for the use of behavior programming, behavioral use of psychotropic medications, and guidelines for the presentation of behavior treatment plans to the Committee. It may include technical reference material for use by service providers who develop behavioral programs for consumers.

The CMHOC Behavior Treatment Review Committee Operating Manual is to be reviewed (and revised as necessary) and submitted to the CMHOC Executive Director for re-authorization annually. The Behavior Treatment Review Committee shall assist in performing the annual review.

Committee membership is consistent with that described in the Manual and must be maintained at required levels. In assuring that behavior treatment plans do not violate the dignity and rights of consumers, a Recipient Rights Officer will serve as a non-voting member of the Committee.

Accepted standards of professional practice shall govern the Committee's review of and recommendations for individual behavior and medication treatment plans.

VI. ATTACHMENT:

Not Applicable

VII. REFERENCE:

The Michigan Department of Health and Human Services Standards for Mental Health Services, DCH Administrative Rules, DCH Guideline IV-H-1-0003, Behavior Treatment Committee, as specified in the Board's Master Contract; CARF Behavioral Health Standards.

