


CHAPTER: 4	SECTION: 29	SUBJECT: <b>INDIVIDUAL CARE TO CONSUMERS</b>
TITLE: <b>WAIVED TESTING</b>		
EFFECTIVE DATE: <b>02/15/99</b>	REVISED/REVIEWED DATE: <b>12/13/01; 10/19/04; 08/16/05; 5/6/08, 2/3/10, 4/2/12, 5/10/13, 11/1/13, 7/8/14, 6/15/15. 6/7/16, 6/20/19; 09/17/2020; 12/8/2021,10/26/22, 11/16/23</b>	
ISSUED AND APPROVED BY:  EXECUTIVE DIRECTOR		

**I. PURPOSE:**

To define the extent to which waived tests and their results are used in the provision of care for those individuals served.

**II. APPLICATION:**

To all Community Mental Health of Ottawa County (CMHOC) operated and contractual programs, as specified in the contract.

**III. DEFINITIONS:**

**Waived Testing:** Tests that meet the Clinical Laboratory Improvement Amendments of 1988 requirements for waived tests; are cleared by the Food and Drug Administration for home use; employ methodologies that are so simple and accurate they render the likelihood of erroneous results negligible; or pose no risk of harm to the individual if the test is performed incorrectly. Waived testing that may be used in the CMHOC settings are Blood sugar monitoring and the use of Urinalysis Dip Sticks.

**IV. POLICY:**

It is the policy of Community Mental Health of Ottawa County (CMHOC) to have established procedures in place for Waived Testing.

**V. PROCEDURE:**

1. A (CMHOC) Registered Nurse (RN) with licensing through the State of Michigan can perform waived testing at the direction of a physician, or when her/his own clinical judgment has deemed it necessary, as long as she/he has the proper training to do so.
2. All significant abnormalities are to be reported to the consumer's treating Primary Care Provider.
3. Nursing care plans regarding the use of the Waived Test are to be completed as deemed necessary by the nurse, using the Nursing Process. The Nursing Process includes assessment, diagnosis, planning, implementation and evaluation. The

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nursing process is used continuously by the nurse as a framework from which all directives of care are derived.

4. Other health care providers such as home managers or home staff can perform Waived Testing if they have received the proper training, demonstrated competency and have been given approval by an RN and/or treating Primary Care Provider to do so.
5. Proper training for Waived Testing can be achieved through training with an RN, CMHOC Training Center, or training through another health care agency that is specific to the Waived Testing. Demonstrated competencies will be documented in the staff training record.
6. Follow-up for all abnormal results from Waived Testing will occur as defined in the Individual Plan of Service or Health Care Plan, and will be documented on a progress note and filed in the consumer's medical record.

**QUALITY CONTROL CHECKS:**

1. Quality Control Checks are to be followed according to the manufacturer's direction for all Waived Testing including Glucometers and Urinalysis Dip Sticks.
2. Manufacturer's instructions for Quality Control Checks are to be kept with the product at all times.
3. All manufacturers' instructions for the use of their products are to be followed.
4. Expiration date of the product, if applicable, should be checked prior to each use. If it has expired the results are considered invalid.

**VI. ATTACHMENT:**

None Applicable

**VII. REFERENCE:**

Comprehensive Accreditation Manual for Behavioral Health Care, 1997-98