

REASONS FOR RECOVERY:



Connects you to a healthy and supportive community.



Builds skills to handle life's challenges.



Teaches you that you are worthy of your best life – you are deserving of family, love, and healthy relationships.



Allows you the freedom to pursue your hopes, dreams, and goals.



Gives you the ability to regain control of your life.

QUOTES FROM PEOPLE IN RECOVERY:

“Getting help for my substance use disorder was the best decision I’ve ever made. It helped me find hope, stability and ultimately purpose in my life again.”

“Asking for help is the bravest move you can make. You don’t have to go it alone.”

“My recovery must come first so that everything I love in life doesn’t have to come last.”

“You can’t go back and change the beginning, but you can start where you are and change the ending”

2-1-1

COMMUNITY RECOVERY AND SUPPORT RESOURCES

To learn more about substance use treatment call 211 or text your zip code to 898211



COMMUNITY
MENTAL HEALTH
OTTAWA COUNTY

IF YOU STRUGGLE WITH
DRUGS OR ALCOHOL,
THERE'S HELP.

CMH OF OTTAWA COUNTY

12265 James St., Holland, MI 49424
www.miottawa.org/substanceuse

FOR LOCAL SUBSTANCE ABUSE TREATMENT RESOURCES

(616) 393-4424
SUDservices@miottawa.org

LOCAL CRISIS LINE IS AVAILABLE 24/7

1 (877) 588-4357



COMMUNITY
MENTAL HEALTH
OTTAWA COUNTY

www.miottawa.org/substanceuse



OVERDOSE PREVENTION

Narcan® is a prescription medication that can safely and effectively reverse the effects of an opiate overdose. For FREE Narcan®, join one of our free weekly trainings.

FOR FREE NARCAN & HARM REDUCTION SERVICES VISIT:

• Holland

Skips Pharmacy

700 Michigan Ave, Holland, MI 49423
Friday between 1 pm - 4 pm, look for the Mobile Health Bus

• Grand Haven

Community Mental Health

1111 Fulton St, Grand Haven, MI 49417
Friday between 1 pm - 4 pm, look for the Mobile Health Bus

SUBSTANCE USE SERVICES & SUPPORT FOR FAMILIES

If you have Medicaid, Healthy Michigan Plan, MI Child, no insurance or are underinsured you can contact the providers below for services. If you have Medicare or other insurance, contact your provider to find out what providers participate in their network.

Arbor Circle

412 Century Ln, Holland, MI 49423
(616) 396-2301 | arborcircle.org

Western MI Treatment Center

3584 Fairlanes Ave SW, Ste 2
Grandville, MI 49418
(616) 222-5300 | westernmichiganctc.com
**Medication assisted treatment available*

Reach for Recovery

483 Century Lane, Holland, MI 49423
(616) 396-5284 | reachforrecovery.org
— or —
700 Washington Ave #220 Grand Haven, MI 49417
(616) 842-6710 | reachforrecovery.org
**Medicated assisted treatment available*

Cherry Health

2303 Kalamazoo Ave SE
Grand Rapids, MI 49507
(616) 965-8390 | cherryhealth.org
— or —
1611 Oak Ave, Muskegon, MI 49442
(231) 767-1921 | cherryhealth.org
**Medication assisted treatment available*

**Medication Assisted Treatment (MAT). (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a whole-patient approach to the treatment of substance use disorders.*

Samaritas

2450 Van Ommen Dr, Ste C
Holland, MI 49424
(616) 350-7781 | samaritas.org/Building-Communities/Substance-Use-Disorders
— or —
524 Washington Ave, Grand Haven, MI 49417
(616) 350-7781 | samaritas.org
**Medication assisted treatment available*
**Adolescent and Adult treatment available*

Wedgwood

12930 James St, Ste 210, Holland, MI 49424
(616) 930-5004 | Wedgwood.org
**Medication assisted treatment available*
**Adolescent and Adult treatment available*

RECOVERY SUPPORT SERVICES

Building Men for Life

370 County Club Rd, Holland, MI 49423
(616) 393-2188 | buildingmenforlife.com

70x7

Holland 97 W. 22nd St., Holland, MI 49423
(616) 796-0685 | 70x7liferecovery.org

Sobar

710 Chicago Dr. Ste 200, Holland, MI 49423
(616) 377-5792 | sobarrco.com