LOCAL RESOURCES

The Ottawa County Department of Public Health (OCDPH) cannot guarantee the accuracy of the information contained in this list and is not affiliated with any of the following organizations (other than OCDPH). For questions or changes, contact Alison Clark at 616-494-5597 or aclark@miottawa.org. (Updated January 20, 2023)



Get Connected. Get Help.™

Call 2-1-1 or visit <u>call-211.org</u> for information about resources closest to where you live

Medical Care

Bethany Christian Services & El Centro

bethany.org

11335 James St, Holland

(616) 396-0623

Catherine's Health Center

catherineshc.org

1211 Lafayette NE, Grand Rapids

(616) 336-8800

FREE medical clinic. Asks for \$10 donation. Must be low income, have no insurance.

Catholic Charities of West Michigan

ccwestmi.org

456 Century Lane, Holland

(616) 796-9595

Cherry St. Health Center

cherryhealth.org

550 Cherry St, Grand Rapids

(616) 235-7272

Multiple locations in the Grand Rapids area. See website for details. Uninsured fees based on ability to pay. Medicaid provider.

City on a Hill Health Clinic

coahm.org

100 S Pine St, Zeeland

(616) 748-6009

Free medical attention for minor injuries & illnesses. Must be an Ottawa or Allegan County resident and no health insurance or under-insured.

City on a Hill Women's Health Clinic

coahm.org

100 S Pine St, Zeeland

(616) 748-6009

Free pap tests & health exams for women. Referrals for screening mammograms with a clinical exam.

Hackley Community Care

hccc-health.org

2700 Baker St, 3rd floor, Muskegon Heights

(231) 737-1335

Services include medical, pharmacy, lab, pregnancy and mental health. Medicaid provider for **Muskegon County only**; uninsured fees based on ability to pay.

Holland Community Health Center

hollandcommunityhealthcenter.org

336 South River, Holland

(616) 394-3788

Medicaid provider; uninsured fees based on ability to pay - \$15 minimum; alternatives for those who may not be able to afford the fee.

InterCare Clinic

intercare.org

285 James St, Holland

(855) 869-6900

Medicaid provider; uninsured fees based on sliding scale - \$20 minimum; alternatives may be available for those who are not able to afford the fee.

Love in Action (Love INC) Tri-cities Free Health Clinic

loveinactiontricities.org

326 N Ferry St, Grand Haven

(616) 846-2701

Free medical care for minor illnesses and injuries. Must be uninsured, under-insured, or in transition.

clinic@loveinactiontricities.org

Mercy Health Infectious Disease HIV Specialty McAuley Program

mercyhealth.com

310 Lafayette, Ste 410, Grand Rapids

(616) 685-8200

Medical Care continued

<u>Mercy Health Prevention Practices - Infectious</u> <u>Disease HIV Specialty</u>

mercyhealth.com 1700 Clinton St, Muskegon (231) 727-4432

Muskegon Family Care

mfc-health.org 2201 South Getty St, Muskegon

(231) 739-9315

Medicaid provider. Uninsured fees based sliding fee if patient up to 200% of federal poverty guidelines.

Ottawa County Department of Public Health

miottawa.org/mihealth

Children's Special Health Care program, immunizations, vision and hearing screenings for children birth to preschool, family planning and sexual health services, contraception, sexually transmitted disease testing, and Maternal-Infant Health Program. Medicaid and many private insurance plans accepted. Other fees based on ability to pay.

(616) 396-5266 Español (616) 393-5780

12251 James Street, Holland 3100 Port Sheldon, Hudsonville 1207 South Beechtree St, Suite B, Grand Haven

<u>Positive Options, a service of Lakeshore Pregnancy</u> Center

mypositiveoptions.org

Free pregnancy testing, options counseling, early ultrasound (upon assessment).

339 S River Ave, Holland
(616) 396-5840
700 Washington Street, Suite 130, Grand Haven
(616) 842-7510
4623 Lake Michigan Dr, Allendale
(616) 895-1893

After hours - Message us - mypositiveoptions.org

Dental

Cherry Health Center

cherryhealth.org

(616) 235-7272

Visit website for nearest location and hours or call. Emergency dental services only - (616) 235-7289.

Destiny Dental

destinydentalcare.com

2279 North Park Dr. Holland

(616) 392-1500

Accepts Healthy Kids Dental, Healthy Michigan Plan and Medicaid.

Dental continued

Grand Rapids Community College

cms.grcc.edu/dentalclinic

143 Bostwick Ave NE, Grand Rapids

(616) 234-4237

Cleaning, fluoride, sealants, xrays, periodontal therapy: \$30 adult/\$25 children. Hours vary by season. Call for appointment and eligibility.

Hackley Community Care Dental

hccc-health.org

2700 Baker St, 1st floor, Muskegon Heights **(231) 737-8603**

Medicaid provider. Call for current access.

Holland Free Health Clinic

hfhclinic.org

99 W 26th St, (by Holland Hospital)

(616) 392-3610

Eligible patients receive a free exam, x-rays and dental cleaning; other services offered include extractions, restorations, and limited dental referrals for additional services. Holland Free Health Clinic (Dental) is a Medicaid provider.

InterCare Clinic

intercare.org

285 James St, Holland

(855) 869-6900

General and preventive dentistry services provided on sliding fee scale (alternatives may be available for those unable to pay). Medicaid/Healthy Michigan/Commercial plans accepted. Emergency appointments available for those in pain; call in the early morning for an opening. Bilingual staff [Spanish]. On Macatawa Express - Butternut/136th Route. Children seen from age 1 for assessment/prevention.

Love in Action (Love INC) Tricities Free Health Clinic

<u>loveinctricities.org</u>

326 N Ferry St, Grand Haven

(616) 846-2701

Call for information or to complete an intake. clinic@loveinactiontricities.org. Free dental care for those

uninsured, under-insured, and with Medicaid; must have ID and complete intake for eligibility determination by staff. No emergency services, oral surgery, crowns, or dentures made in the clinic.

<u>Michigan Donated Dental Services (DDS) Program</u> michigandental.org/DDS

(800) 589-2632

A dental resource for the disabled, elderly and chronically ill. Provides comprehensive dental treatment to individuals who have no other means of obtaining necessary dental treatment. Click for eligibility requirements and application.

Dental continued

Midwest Family Dental Care

midwestfamilydentalcare.com

2064 Baldwin, Jenison

(616) 457-2299

Basic dental services. Medicaid, MI Child, Healthy Kids provider.

Muskegon Family Care Dental Clinic

mfc-health.org

1700 Oak Ave, Muskegon

(231) 767-9830

Uninsured fees based on ability to pay; Medicaid provider. Accepting **children only** as new patients; limited adult emergency care (with visible facial swelling) available.

<u>My Community Dental Center</u> operated on behalf of OCDPH.

www.mydental.org

805 S Beacon Blvd, Grand Haven

(877) 313-6232

Ottawa County Department of Public Health

miottawa.org/dental

12251 James St, Holland

(616) 393-5694

Miles of Smiles mobile dental unit provides free, onsite dental services for qualifying Ottawa County children ages 0-20; MI Child, Medicaid and Healthy Kids Dental provider.

Education & Counseling

Arbor Circle

arborcircle.org

412 Century Lane, Holland

(616) 396-2301

Beacon of Hope

beaconhope.net

788 Columbia Ave, Holland

(616) 594-5380

Bethany Christian Services & El Centro

bethany.org/holland

11335 James St, Holland

(616) 396-0623

Catholic Charities of West Michigan

ccwestmi.org

456 Century Lane, Holland

(616) 796-9595

Education & Counseling continued

Community Action House

communityactionhouse.org

(616) 392-2368

Certified housing counseling agency. Provides services to Ottawa and Allegan County residents (home buyer classes, financial literacy workshops, prepurchase credit counseling and foreclosure prevention counseling). For more information or to register for class, please visit the website or call.

Community Mental Health of Ottawa County

miOttawa.org/cmh

(616) 393-5681 or (877) 588-4357

Call to determine eligibility. Mental health services for Ottawa County adults and children with Medicaid or without insurance. Services for those with severe/persistent mental illness or developmental disability. Counseling or mental health services are free or according to a sliding fee scale based on income.

Helpline 24-hour emergency assistance 1-866-512-HELP (4357)

Holland Free Health Clinic

hfhclinic.org

99 W 26th St, Holland

(616) 392-3610

Free short-term counseling available for uninsured who meet eligibility requirements.

Hospice of Holland

 $\underline{hospice of holl and.org}$

270 Hoover Blvd, Holland

(616) 396-2972

Bereavement and grief counseling.

Journey Counseling Center

7506 Church St, Jenison

(616) 457-3744

Midtown Counseling Center

midtowncounseling.org

96 W 15th St, Suites 208 and 209, Holland

(616) 594-7135

National Kidney Foundation of Michigan

readysetprevent.org

1345 Monroe Ave NW, Suite 140, Grand Rapids

(616) 458-9520

Diabetes Prevention Program - small supportive group lead by trained lifestyle coach. Learn healthier eating habits, ways to be more physically active and more - 16 weekly one-hour sessions, followed by monthly maintenance sessions. Call or visit online for more information.

Education & Counseling continued

New Direction Counseling Services

490 Century Lane, Suite 100, Holland **(616) 510-5577**

Pine Rest

pinerest.org

Spring Lake – 17325 Van Wagoner Rd **(616) 847-5145** Holland – 926 S Washington Ave # 210 **(616) 820-3780** Zeeland – 8333 Felch St, # 201 **(616) 741-3790**

<u>Positive Options, a service of Lakeshore Pregnancy</u> Center

mypositiveoptions.org

Free pregnancy testing, options counseling, early ultrasound (upon assessment).

339 S River Ave, Holland (616) 396-5840 700 Washington Street, Suite 130, Grand Haven (616) 842-7510 4623 Lake Michigan Dr, Allendale (616) 895-1893

After hours - Message us - mypositiveoptions.org

Resilience: Advocates for Ending Violence

ResilienceMI.org

411 Butternut Dr, Holland

24-Hour Help Line: 1-800-848-5991

Español: 1-866-728-2131

Free and confidential services for survivors of domestic and sexual violence.

<u>Senior Reach - Community Mental Health of Ottawa</u> <u>County</u>

miOttawa.org/cmh

(616) 393-5681 or (877) 588-4357

Contact the Access Center to determine eligibility:. Assists adults 60 and older with counseling, resources, support and education.

Mosaic Counseling

mosaiccounseling.com

503 Century Lane, Holland 1703 S. Despelder, Grand Haven

(616) 842-9160

Winning at Home

winningathome.com 300 S. State St, Suite 13, Zeeland (616) 772-1733

Food Assistance Resources

Ottawa Food

OttawaFood.org

Find local food pantries or community meals in Ottawa County or search within 10 miles of your location. Visit website for food assistance, fresh local produce, and healthy recipes information.

Health Care Coverage

Department of Health & Human Services (DHHS)

michigan.gov/mdhhs

12185 James St, Holland

(616) 394-7200

Apply for Medicaid Health Coverage programs.

Ottawa County Department of Public Health

miOttawa.org/healthinsurance

12251 James St, Holland

(616) 393-5758

Insurance enrollment assistance

(Medicaid, MIChild, Healthy Kids, Healthy Kids Dental, Healthy MI Plan, Maternity Outpatient Medical Services, Children's Special Health Care Services) or for other types of insurance, visit healthcare.gov.

Hospital Bills

Charity Care

Unpaid hospital bills not in a collection agency. Ask the hospital for information on this program. A hospital may require a client to have a Medicaid denial Department of Health & Human Service to apply for this assistance.

Medication Disposal

Prevent drug misuse and abuse. Free disposal of unwanted or expired prescription drugs and over-the-counter medications are accepted at participating locations. More locations listed at miOttawa.org/CMH.

Coopersville City

289 Danforth St

Georgetown Township 3100

Port Sheldon Rd

Grand Haven D&W

1116 Robbins Rd

Grand Haven Public Safety

525 Washington Ave

Grand Haven Township

13300 168th Ave

Grand Valley Police Dept 1

Campus Dr, Allendale

Holland City Police Dept

89 W 8th St

Hudsonville City

3275 Central Boulevard

Leppinks Pharmacy

17717 174th Ave, Spring Lake

Ottawa County Dept of Public Health

12251 James St, Holland

Spring Lake Sheriff's Office/Fire Station

106 N Fruitport Rd

Tasker Drug Store

281 Main St, Coopersville

West Olive
Sheriff's Office

12220 Fillmore St

Zeeland City

29 W Main St

Zeeland Family Fare

9479 Riley St

Prescriptions

D&W, Meijer, Target, Walmart, Sam's Club, Family Fare

and most large chain pharmacies offer free or low-cost medications which vary by location. Call or visit websites for an updated list.

Four Pointes

fourpointes.org

422 Fulton Ave, Grand Haven

(616) 842-9210

Urgent need medications and free year-long prescription assistance for eligible seniors age 60+ in northern Ottawa County. Also assist with Medicaid and Medicare enrollment for seniors.

Holland Free Health Clinic

hfhclinic.org

99 W 26th St, Holland

(616) 392-3610

Help with filling out applications for drug assistance from pharmaceutical companies. Must have a doctor in Holland/Zeeland area, and prescription for the medication.

Prescriptions continued

InterCare Clinic

intercare.org

285 James St, Holland,

(855) 869-6900

Low-cost prescriptions available to InterCare patients.

Love in Action (Love INC) Tricities Free Health Clinic

loveinctricities.org

326 N Ferry St, Grand Haven

(616) 846-2701

Call for more information or to set up an arrival time. clinic@loveinctricities.org Free medical attention for minor injuries & illnesses; must have ID and no health insurance.

<u>NeedyMeds</u> –Online source for prescription assistance to obtain low cost or free medications; must have doctor's prescription. Visit <u>needymeds.org</u> to see if your prescription qualifies.

Substance Abuse

Alcoholics Anonymous (AA)

grandrapidsaa.org

(616) 913-9216

Free support is available for anyone with alcoholrelated problems, including friends or family members of people with alcohol problems.

Arbor Circle

arborcircle.org

412 Century Lane, Holland

(616) 396-2301

Catholic Charities of West Michigan

ccwestmi.org

456 Century Lane, Holland

(616) 796-9595

Grand Rapids Red Project

redproject.org

343 Atlas Ave, SE Grand Rapids

(616) 456-9063

FREE Naloxone training at Ottawa County Community Mental Health miOttawa.org/CMH

Michigan Tobacco QuitLine

michigan.quitlogix.org

1-800-QUIT-NOW (784-8669)

Resources include self-help materials, a list of quit smoking programs in your area and a free telephone coaching program. Special services and information are available for pregnancy, spit tobacco use, non-English speaking callers and people with hearing impairments.

Substance Abuse continued

Reach for Recovery

reachforrecovery.org

Provides outpatient counseling, assessment and therapy for substance abusers and their families, as well as residential treatment.

483 Century Lane, Holland **(616) 396-5284**

700 Washington Ave, #220, Grand Haven **(616) 842-6710**

Pine Rest

pinerest.org

1445 Sheldon Rd, # 303, Grand Haven (616) 847-5145
926 S Washington, # 210, Grand Haven (616) 820-3780
8333 Felch St, # 201, Zeeland (616) 741-3790

Suicide Prevention

Mental Health & Suicide Prevention Resources

<u>Click here for resources</u> from the Ottawa County Suicide Prevention Coalition.

Vision Services

Holland Free Health Clinic

hfhclinic.org

99 W 26th St, (by Holland Hospital)

(616) 392-3610

Eligible patients receive free glasses with their eye exam. Call for eligibility. People with vision insurance are not eligible for this program.

Seniors EveCare Program

eyecareamerica.org

Eye exams and up to one year of care at no out-of-pocket cost for any disease diagnosed during the initial exam. Must be 65 or older and have not seen an eye doctor in three or more years. Accepts Medicare and/or another insurance reimbursement as payment in full. Patients without insurance receive this care at no charge. Go online to see if you qualify.

SVS Vision Optical Centers

svsvision.com

12371 James St Suite 20, Holland,

(616) 294-8280 Accepts Medicaid. Call for more information.

Vision Services continued

West Ottawa Evecare -

https://westottawaeyecare.wixsite.com/woeye 971 Butternut Dr, Ste C, Holland (616) 433-2227 Accepts Medicaid. Call for more information.