The Teens Who Took the YAS:

- Total participants: 6,674
- Female: 50%
- Male: 50%
- 8th grade: 31%
- 10th grade: 35%
- 12th grade: 33%
- White: 72%
- Hispanic: 12%
- Other: 16%

In the past year...

- **I stopped doing some usual activities** because I felt so sad or hopeless almost every day for two weeks or more in a row.
  - 31%
  - 39% Female
  - 23% Male
  - 28% White
  - 37% Hispanic
  - 40% Other

- **I have seriously thought** about attempting suicide.
  - 19%
  - 22% Female
  - 15% Male
  - 17% White
  - 19% Hispanic
  - 26% Other

- **I have made a plan** about how to attempt suicide.
  - 13%
  - 15% Female
  - 10% Male
  - 11% White
  - 14% Hispanic
  - 19% Other

- **I attempted suicide** 1+ times.
  - 8%
  - 9% Female
  - 6% Male
  - 6% White
  - 10% Hispanic
  - 14% Other

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**Risk Factor**

- 59%
- The percent of participants that, on average, **spend 3 or more hours** watching TV, playing video or computer games, or using a computer for something that is not school work.*

**Prevention**

- 50%
- The percent of students who have been **physically active for 60+ minutes per day** on five or more of the past seven days.*

*Studies show that high screen time increases the risk for depression. Regular physical activity helps to decrease this risk.