The Teens Who Took the YAS:

- **Total participants:** 4,376
- **Female:** 53%
- **Male:** 47%
- **8th grade:** 8th grade: 32%
- **10th grade:** 10th grade: 36%
- **12th grade:** 12th grade: 32%
- **White:** 72%
- **Hispanic:** 12%
- **Other:** 16%

**50%** have been physically active for 60+ minutes per day on five or more of the past seven days.

- **8th grade:** 44%
- **10th grade:** 57%
- **12th grade:** 48%

**37%** of students who receive 8 or more hours of sleep on an average night.

- **8th grade:** 33%
- **10th grade:** 40%
- **12th grade:** 55%

**27%** of students who eat five or more servings of fruits and vegetables on an average day.

- **8th grade:** 24%
- **10th grade:** 29%
- **12th grade:** 30%

The percentage who, on average, spend 3 or more hours watching tv, playing video or computer games, or using a computer for something that is not school work.

- **53%**

**1 in 8** Participants sometimes, most of the time, or always went hungry because there was not enough food in their home.