



**Do you know
someone
who may
benefit from
a Community
Health
Worker?**



Ottawa
PATHWAYS
to better health

A program designed to assist people with accessing community services, to improve health outcomes and decrease unnecessary hospitalizations and emergency department visits.

No fee for qualifying individuals.



For more information about the program, please call (616) 393-5601.

The Ottawa Pathways to Better Health (OPBH) program was designed to assist adults with health and social service needs; such as primary care, food, clothing, housing, financial and utility assistance, transportation, education, employment and more. The goal is to improve their health outcomes and decrease unnecessary hospitalizations and emergency department (ED) visits. **To be eligible, participants must be:**

- 18 years of age (or older) or pregnant,
- live in Ottawa County (including 49423 zip code),
- enrolled in or eligible for Medicare and/or Medicaid,
- have two or more chronic health conditions (*such as diabetes, depression, anxiety, heart disease, arthritis, asthma, hypertension or long-term pain*),
- and have challenges overcoming barriers to manage health conditions (*such as accessing medical care and preventive health care services and accessing resources to reduce hospitalizations and ED visits*).

Make a referral

Call (616) 393-5601 or
www.miOttawa.org/OPBH

A Community Health Worker (CHW) will contact the person to determine eligibility and assist with health and social service needs. A CHW is a front-line public health worker who is a trusted member of and has a close understanding of the community served. They connect high-risk populations to the appropriate resources, and help manage health conditions and prescriptions. As facilitators, CHWs help to improve the quality and cultural competence of service delivery; resulting in better patient health outcomes and lowering the overall cost of health care.



Participants are assessed through regular visits with their CHW; who will administer a checklist to identify needs, set goals, assess progress, help reduce barriers, and provide education and support. The checklist triggers relevant pathways where the CHW and client work on the pathways together. CHWs will not provide direct health care or human services, but will help clients navigate the health and human service system to connect them with resources to improve their health and well-being.

Financial Partners

Community Foundation of the Holland Zeeland Area
Community Mental Health of Ottawa County
Grand Haven Area Community Foundation
Greater Ottawa County United Way
Holland Hospital
Michigan Health Endowment "Healthy Ottawa" Fund Re-granting
Initiative of the Grand Haven Area Community Foundation and
the Community Foundation of the Holland/Zeeland Area
North Ottawa Community Health System
Ottawa County Department of Public Health
Priority Health
Spectrum Health Zeeland Community Hospital