

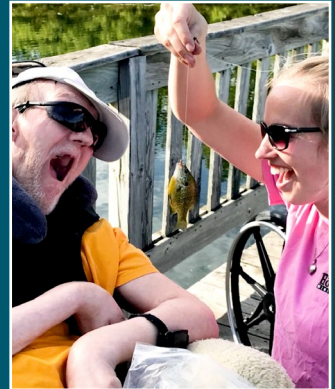


COMMUNITY
MENTAL HEALTH
OTTAWA COUNTY

ANNUAL REPORT

Community Mental Health of Ottawa County

2022



www.miottawa.org/cmh

ABOUT CMHOC

MISSION

Community Mental Health of Ottawa County partners with people with mental illness, intellectual/developmental disabilities, substance use disorders, and the broader community to improve lives and be a premier mental health agency in Michigan.

VISION

Community Mental Health of Ottawa County strives to enhance quality of life for all residents.

VALUES

ETHICS

Always act truthfully, honestly, honorably and without deception; to seek no favor; and to receive no extraordinary personal gain from the performance of our official duties.

SERVICE

Treat each consumer as a customer; and do all we can, within the bounds of state and federal laws, regulations, policies and budget, to meet requests for service.

CONSUMERS

Interact with each consumer impartially, fairly and consistently; and to listen and respond to the recommendations and concerns of each.

STAFF

Regard each staff member with professional respect, recognizing that each person using his or her trade or vocation makes a valuable contribution; to engage each staff member impartially, fairly and consistently; and to listen to the recommendations and concerns of each.

SERVICE PROVIDERS

Interact with providers professionally, impartially, fairly and consistently; and to listen to the recommendations and concerns of each.

DIVERSITY

Interact with all people in a dignified and respectful manner.

PROFESSIONALISM

Each staff member will perform to the highest professional standards and to his or her highest personal capabilities.

STEWARDSHIP

Use of public money in the accomplishment of our mission and hold it as a basic value to discharge our stewardship in a responsible, cost-effective manner, always remembering and respecting the source of the Agency's funding.

DIRECTOR'S LETTER



In the last several years we have been fortunate to have been awarded several new federal and state grants. These grants allow us to provide more mental health supports and services to people in our community. Our System of Care (SoC) grant, which is called Ottawa County Collaborative to Strengthen Youth and Families, provides resources to improve the mental health outcomes for children and youth, birth through age 21, with serious emotional disturbances and their families. This program supports the

implementation, expansion, and integration of the SOC approach by creating sustainable infrastructure and services. Check out some of their great resources at www.StigmaFreeOttawa.com.

Certified Community Behavioral Health Clinics (CCBHC) is another grant we've received in the last year. Being certified as a CCBHC means that an organization will provide a comprehensive range of mental health and substance use services with an emphasis on increasing access to high-quality care, integrating behavioral health with physical health care and promoting the use of evidence-based practices. Our CCBHC grant has allowed us to serve more people and provide greater opportunities to address the physical health care needs of the individuals we serve with resources such as diabetes education, health fairs, and better care coordination with primary care doctors.

We have other grants that allow us to focus on the health and wellbeing of individuals with intellectual and developmental disabilities, provide services to persons in our jail who have mental illness and/or substance use disorders, and provide post-overdose wellness checks to encourage people to engage in treatment.

Grants usually include significant reporting requirements and administrative support to implement. The benefits of serving the greater community with best practice is worth the effort. We will continue to explore grant opportunities in the future and assist our community partners in applying for grants aimed at expanding mental health services and supports in Ottawa County.

Thank you,

Lynne Doyle
Executive Director



MILLAGE DOLLARS SUPPORT ADULTS WITH COMPLEX NEEDS

Since 2004, Harbor House Ministries has provided residential care for adults with multiple impairments in Ottawa County. "The men and women we serve require assistance in all activities of daily life, and we come alongside them in all their care needs and to support them in the community. They generally have some complex needs that require 24-hour care, even through the night. We provide that support 24 hours a day, 7 days a week, 365 days a year," explains Executive Director, Peggy Driesenga.

The daily support that Harbor House provides includes personal care and hygiene, medical treatments and therapies, exercise, meal preparation, and transportation to activities in the community, along with other tasks the day might require. Home Manager Samantha Warners highlights the importance of residential aides in making the work of Harbor House possible. She says, "Our residential aides walk alongside our residents to help them live their life, keep their strength, and maintain as much independence as possible."

The work of Harbor House is rooted in the idea of living life to the fullest. This means not only providing quality care and helping residents to maintain their physical health but also helping them to develop friendships and relationships with each other, the staff, and members of the community. "Harbor House is a huge asset to our community," says Warners, emphasizing how important it is for people to realize that adults with impairments should not be thought of as any different. "They may seem and appear different on the outside. But really and truly, they are regular human beings like you and me. They just need love," she says.

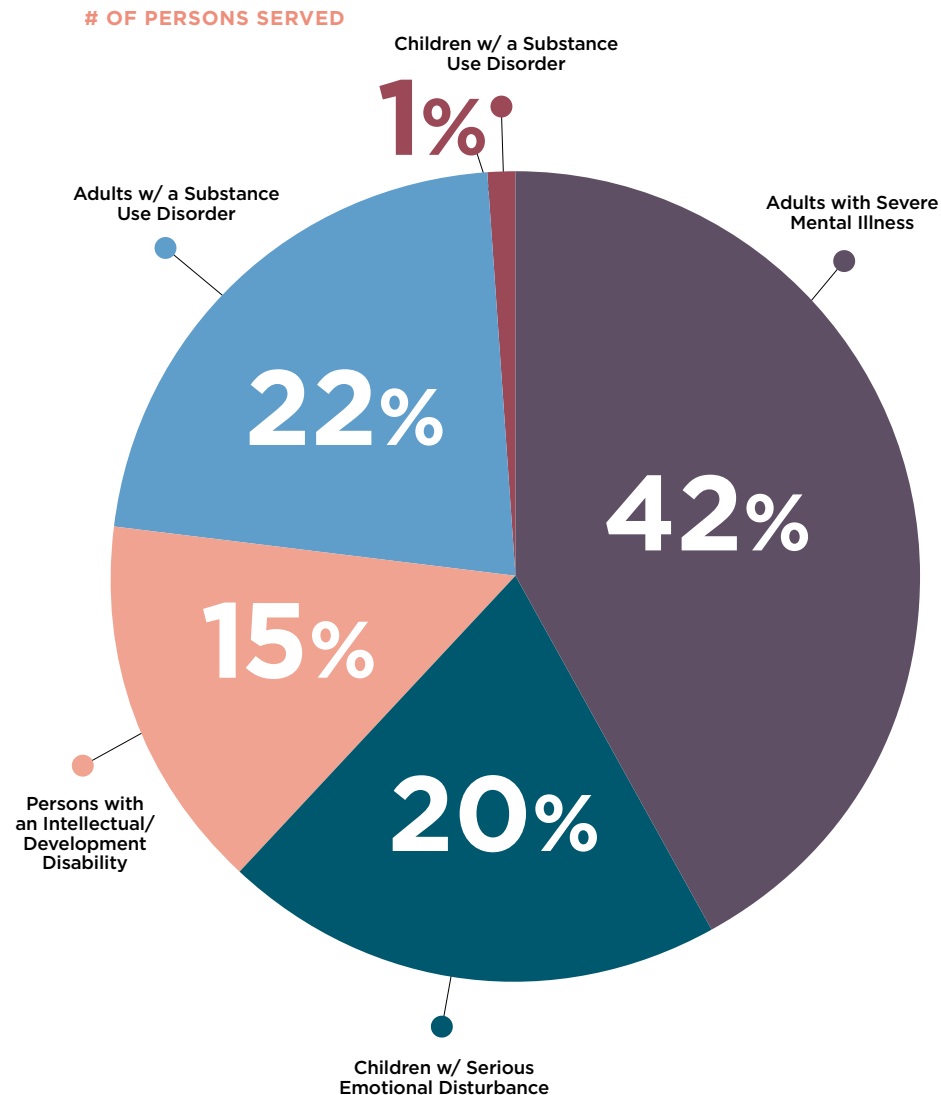
Millage funding in 2022 has allowed Harbor House to continue to provide the loving support and care that residents and their families have come to count on over the last two decades. Like many organizations, they have felt the lingering effects of the COVID-19 pandemic, experiencing rising costs associated with the care they provide. Because of millage funding, Harbor House has been able to continue to pay its staff and provide the activities and support that make life full and abundant for the men and women they serve.

Driesenga says it most plainly, "Harbor House is so grateful for millage funds."

[Click here to watch and learn more.](#)



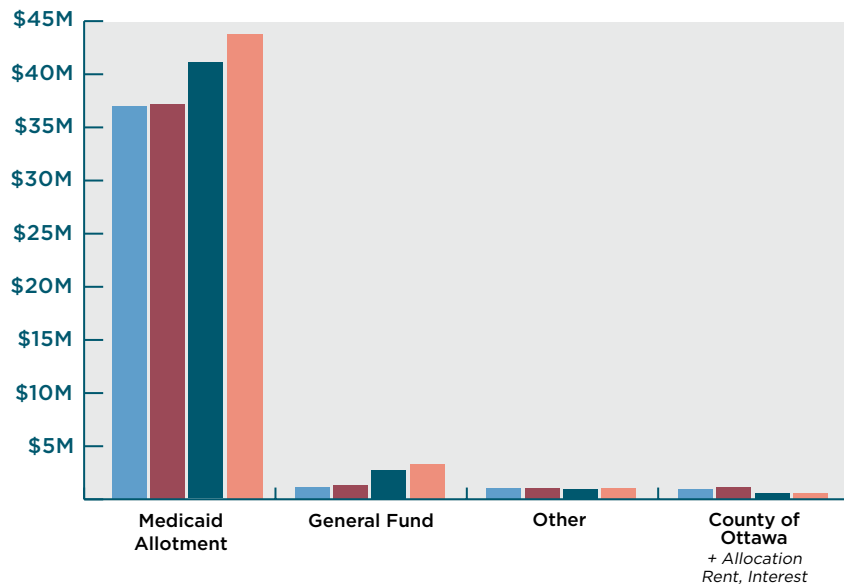
PERSONS SERVED



In fiscal year 2022 CMHOC provided services funded through Medicaid, General Fund, Millage and Grants to **7,768** individuals.

REVENUE REPORT

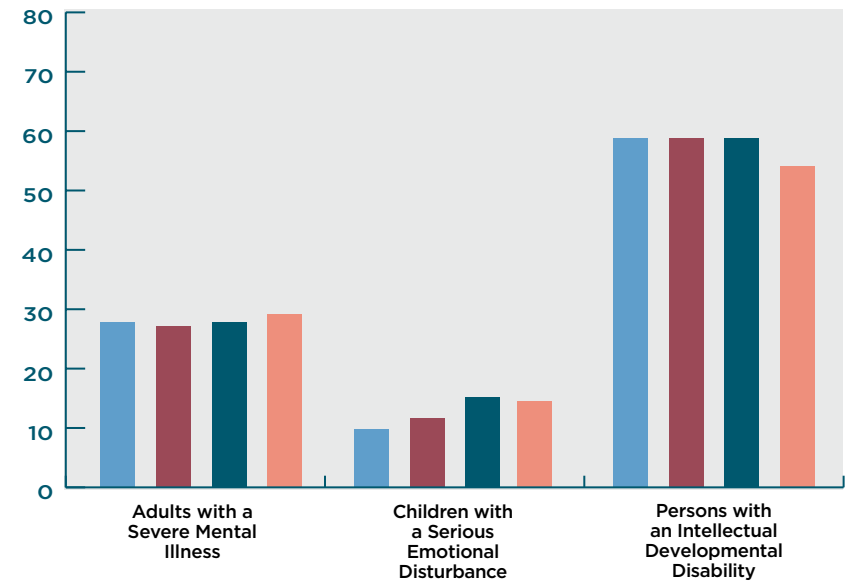
ANNUAL REVENUE FOR BEHAVIORAL HEALTH SERVICES



ANNUAL REVENUE		FISCAL YEAR	TOTAL
ANNUAL REVENUE		FY 2019	\$38,758,135
		FY 2020	\$40,858,000
		FY 2021	\$45,825,355
		FY 2022	\$49,381,094

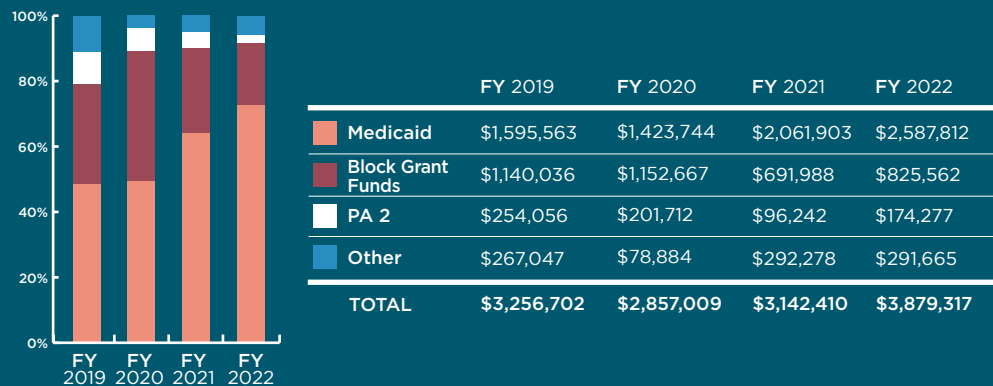
EXPENDITURE REPORT

% OF ANNUAL EXPENDITURE FOR BEHAVIORAL HEALTH SERVICES

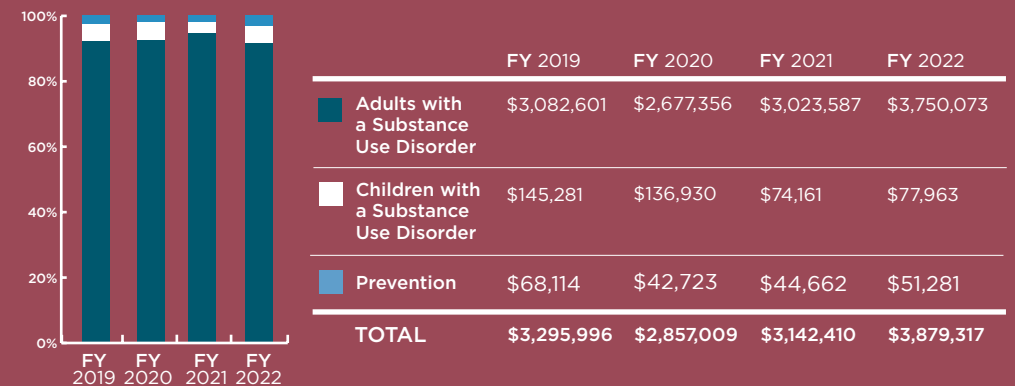


ANNUAL EXPENDITURES		FISCAL YEAR	TOTAL
ANNUAL EXPENDITURES		FY 2019	\$38,758,135
		FY 2020	\$40,858,000
		FY 2021	\$45,825,355
		FY 2022	\$49,381,094

ANNUAL REVENUE FOR SUBSTANCE USE DISORDER SERVICES



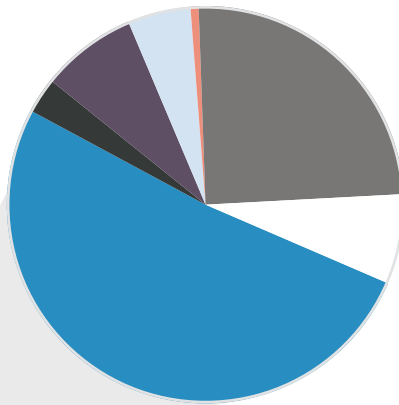
ANNUAL EXPENDITURE FOR SUBSTANCE USE DISORDER SERVICES



MENTAL HEALTH MILLAGE AND GRANTS





MILLAGE AND GRANTS REVENUE FY 2022

Property Taxes	\$3,884,064
Grants	\$2,786,458
Mental Health Transfer	\$227,667
Interest on Investments	\$25,867
TOTAL	\$6,924,056



MILLAGE & GRANT EXPENDITURES

FY 2022

	I/DD Support Programs	\$2,484,601
	MI Adult Support Programs	\$137,495
	SED Child Support Programs	\$347,443
	Pathways to Better Health	\$250,000
	Mental Health Treatment	\$88,209
	Grants	\$2,847,718
	Administration	\$313,256
TOTAL		\$6,468,722

102

Our evidence-based practice provide mental health services to seniors, allowing them to remain independent and in their homes.



1,093

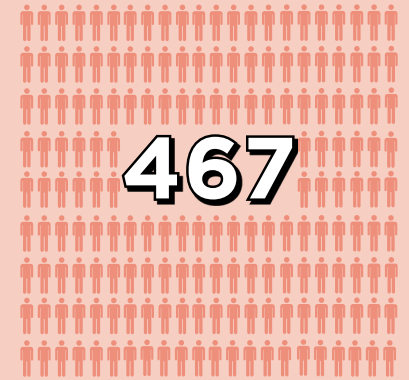
Number of people CMHOC has served who were uninsured, underinsured or had Medicaid Spenddowns.

199

Ottawa County Jail inmates receive psychiatric care from medical providers to improve mental health and prevent recidivism upon release.



MRS cash match agreement to pay for job developer and short-term follow along for consumers. This agreement will bring three times the dollar amount into Ottawa County.



Individuals enrolled as members in our social and recreational programs for people with disabilities in Ottawa County. Each program has a separate calendar of free and low-cost activities.

291



Number of people who have received or are receiving services through working with Pathways to Better Health to provide vital treatment and services to those with two or more chronic health conditions.

345



\$142,000 of Millage funding helped seed and now supports the OCSN in partnership with the Intermediate School District and multiple local school districts.



Scholarships awarded to those with mental illness attending our Clubhouse Program.

426

The Drop-In Center operated by adults with mental illness serving adults with mental illness.

158

This program supports our local residential providers by providing financial assistance to cover gaps in funding related to the staffing crisis and shortfalls in room and board expenses.

THE OTTAWA COUNTY COLLABORATIVE TO STRENGTHEN YOUTH AND FAMILIES

CMHOC was awarded a SAMHSA System of Care grant in August 2020. This four-year grant is designed to improve the overall system of care, including services and supports provided to youth and families. We are in year three and believe children, families, and our community are benefitting from this grant opportunity. Some highlights of our work include:

We have provided over 600 individuals with trainings related to youth mental health, trauma, resilience, suicide prevention, etc.

We are encouraging youth voice by supporting them in identifying their strengths and goals and facilitating youth to share their thoughts. In collaboration with Ottawa County Juvenile Court, we hosted the Juvenile Justice Showcase. This event provided a venue for three youth to create visual artwork and share their experiences about their involvement in the juvenile court system. There were approximately 60 community members in attendance. Juvenile Justice Showcase lets juvenile offenders share art pieces and stories from their recovery. Find out more by visiting wzzm13.com.

In collaboration with multiple Ottawa County youth serving agencies, we implemented an anti-stigma campaign. This campaign focused on increasing awareness of youth mental health and normalizing using resources and community supports to address one's mental health. The campaign used a three-pronged approach: Be Honest, Be Heard, Be Informed. **Stigma Free Ottawa.**

To support therapists working with traumatized youth throughout Ottawa County, we have provided free evidenced-based training. Phase I included two cohorts of Trauma Focused Cognitive Behavioral Therapy with approximately 25 therapists being trained. Phase II included a train the trainer for Neurosequential Model of Therapy. Phase III will include the trainers of the Neurosequential Model of Therapy to train other Ottawa County therapists.

We are partnering with Bethany Christian Services to provide outreach and free mental health screenings for Latino youth and their families. Over the last year they have provided free, short-term case management to connect 40 youth and their families to appropriate community supports.

At CMH, we recognize the importance of using a Family Systems approach to our treatment of mental health concerns. We value including the voice of parents and youth in the treatment process. To further support parents, we hired a Community Health Worker through the Pathways to Better Health Program at the Health Department. This partnership has allowed us to have a Community Health Worker provide case management support to the parents of our youth consumers.



We are thankful for this funding opportunity through SAMHSA and appreciative of the ability to engage with other youth serving organizations in Ottawa County to continue to strengthen the existing system of care.

ANNUAL GOALS

OUR STRATEGIC PLANNING GOALS FOR 2022

 <h3>GOAL #1</h3> <p>Preserve Core Services/ Public System</p>	<p>Continue to provide information and education regarding concerns for senate and house bills and privatization</p> <p>Maintain adequate staffing to address increased service requests and additional administrative responsibilities due to grants</p> <p>Focus on housing, transportation and employment needs</p>
 <h3>GOAL #2</h3> <p>Continue Integrated Health/Care Coordination</p>	<p>Prepare for Certified Community Behavioral Health Clinic (CCBHC) Demonstration participation</p> <p>Increase health and wellness opportunities for all populations</p> <p>Continue to develop strategies to collaborate with pharmacy and other health care providers</p>
 <h3>GOAL #3</h3> <p>Maintain Efficiency and Accountability</p>	<p>CARF Accreditation</p> <p>Michigan Department of Health and Human Services and Lakeshore Regional Entity site reviews</p> <p>Continue to work on streamlining paperwork/administration burden</p> <p>Electronic Health Record upgrades</p> <p>Focused training in specialty areas including: Self-Direction, Co-Occurring</p>
 <h3>GOAL #4</h3> <p>Support Staff and the Provider Network</p>	<p>Address staff burnout/ stress</p> <p>Increase training opportunities</p> <p>Continue to advocate for Direct Support Professionals livable wage</p> <p>Grand Rapids Community College Direct Support Professional Certificate</p> <p>Millage programming</p>

“Our board members play a vital role in guiding our organization. They are an important link to our consumers and community, and their many years of experience bring value to our decision making. Thank you for your time and commitment to CMHOC.

MEET OUR BOARD MEMBERS

Robert Brown

Al Dannenberg

Matt Fenske, Chair

Terry Goldberg

James Holtvluwer

Julie Kenyon

Beth Larsen

Dave Parnin

Alberto Serrano

Vonnie Vanderzwaag, Vice Chair

Doug Zylstra, Secretary



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12265 James Street, Holland, MI 49424

Phone: (616) 494-5545

cmhcustomerservices@miottawa.org

www.miottawa.org/cmh